

for the sake  
of OTHERS



# *As we humbly and intentionally seek to serve those around us, God's Spirit is at work in us.*

What is your mission in life? What are you living for? This world continuously invites you to make your life all about... YOU! But Jesus invites you to make your life about something far greater than yourself. In fact, you are called to live the way Jesus died! Think about it. How did Jesus die? He died pouring it out for the sake of others. That is what we mean when we say that we are invited to walk the journey outward. It is for the sake of others. But how?

Though we're prone to get excited about the big adventures, we notice that often in God's Kingdom the key to serving is small things done with great love. Small things like encouraging the person in the cube next to you at work, emptying the dishwasher before your roommate gets to it, or simply taking the time to listen to someone in pain. We want to be the hands and feet of Jesus in our world, instead of just being his mouth.

The awesome thing is that as we humbly and intentionally seek to serve those around us, God's Spirit is at work in us and we become more alive in God.



Consider these ways to walk the journey outward... *for the sake of others*. Most of these contacts are Open Door attenders inviting others into an opportunity.

## food/hunger

### **Meals on Wheels** ([www.Meals-on-Wheels.com](http://www.Meals-on-Wheels.com))

Deliver hot nutritious meals to people who are homebound, elderly, or disabled and are unable to prepare their own meals. There are many locations throughout the Twin Cities, contact Elizabeth to get in touch with the one closest to you.

Contact: Elizabeth Johnson ([elizabeth@crossservices.org](mailto:elizabeth@crossservices.org))

### **Feed My Starving Children**

Volunteers (children 5+ and adults) hand-pack meals formulated for malnourished children around the world. The packing is done at multiple Twin Cities locations in two-hour shifts throughout the day. Contact: Rose Larson ([rlarson@thedor.org](mailto:rlarson@thedor.org))

### **MATTER**

Help sort and pack corporate overstock to assist local and international people in need. Pack items ranging from lunches to business supplies to medical inventory.

Contact: Laurel Best ([finer2best@comcast.net](mailto:finer2best@comcast.net))

## local food shelves

Help people who are struggling financially to come in and shop for or receive their groceries with dignity through a process that allows them to choose the items they need and want.

### **CROSS Services** <http://crossservices.org/> - Rogers

Contact: Elizabeth Johnson ([Elizabeth@CROSServices.org](mailto:Elizabeth@CROSServices.org))

### **CEAP** <http://www.ceap.org/> - Brooklyn Park

Contact: Jane Shade ([volunteer@ceap.com](mailto:volunteer@ceap.com))

## family

### **Parenting With Purpose** ([www.ParentingWithPurpose.org](http://www.ParentingWithPurpose.org))

Based in Brooklyn Park, help provide healing, restoration, and dignity to families affected by incarceration. Volunteer opportunities include mentoring children whose parent(s) are in prison, mentoring a parent who is in prison or recently released, providing transportation, teaching educational classes, and more. Contact: Tom or Lori Wick ([tlwick@comcast.net](mailto:tlwick@comcast.net))

### **Mobile Hope** ([www.MobileHopeMN.org](http://www.MobileHopeMN.org))

Serve as a volunteer at Dayton Mobile Home Park or Maple Hill Estates in Corcoran. Opportunities include after school tutoring, Hope Center guest services, visiting those who are homebound, and more. Contact: Amanda Svensk ([asvensk@thedoor.org](mailto:asvensk@thedoor.org))

## youth

### **Open Door Next Gen - Youth**

Join the Next Gen Team and make a big difference in the next generation of Open Door. Opportunities abound to use your time, talents, passions and gifts.

Contact: Amanda Svensk ([asvensk@thedoor.org](mailto:asvensk@thedoor.org))

### **TreeHouse** ([www.treehouseyouth.org](http://www.treehouseyouth.org))

Loving at-risk teens is the foundation of TreeHouse's balanced program to meet teens' social, emotional, physical, intellectual, and spiritual needs. Throughout the Twin Cities, adult volunteers are needed for one-on-one mentorship and support group leadership.

Contact: Scott Volltrauer ([svolltrauer@treehouseyouth.org](mailto:svolltrauer@treehouseyouth.org))

### **Timber Bay** ([www.TimberBay.org](http://www.TimberBay.org))

Build relationships with at-risk youth through weekly after-school programs in Brooklyn Center such as school open gym time, bible study, and support group. Volunteers are also needed up north at the outdoor camp in Onamia, MN. Meals are needed for the 50-60 youth at each weekly gathering.

Contact: Wayne Thyren ([wthyren@gmail.com](mailto:wthyren@gmail.com))

### **Crossfire Youth Sports** ([www.gocrossfire.org](http://www.gocrossfire.org))

Using a faith-based approach to teach and train young athletes 4th through 12th grade, Crossfire provides training and team experiences in the areas of volleyball and basketball. Volunteers are needed for coaching assistance, administrative support, and small construction projects. Crossfire Training Center is located in Champlin. Contact: Tom Fuglestad ([info@gocrossfire.org](mailto:info@gocrossfire.org))

### **MELA**

Make a big difference in the lives of some really amazing kids! We are always looking for ways to love and serve the staff, children, and families of Minnesota Excellence in Learning Academy (MELA). They are more than a tenant who leases the lower level of our building: They are FAMILY! Contact: Rose Larson ([rlarson@thedor.org](mailto:rlarson@thedor.org))

## **women & children**

### **Open Door Next Gen - Kids**

Join the Next Gen Team and help create significant faith experiences for the kids of Open Door. Serving on a Sunday morning during our service is a wonderful way to serve our community and get involved at Open Door.

Contact: Amanda Svensk ([asvensk@thedor.org](mailto:asvensk@thedor.org))

### **Emerge Mothers Academy** ([EmergeTwinCities.org](http://EmergeTwinCities.org))

Emerge equips young pregnant women and single mothers to emerge as confident women and caring moms. Volunteer opportunities in their South Minneapolis and St. Paul locations range from mentoring a young mother, housing a young pregnant woman, teaching a skills course, making a meal for inner-city moms, providing child care, and more.

Contact: Becca Erickson ([becca@emergetwincities.org](mailto:becca@emergetwincities.org))

### **Days for Girls** ([www.DaysForGirls.org](http://www.DaysForGirls.org))

Serve women in third world countries by sewing and assembling sustainable much needed and critically important feminine hygiene kits. Contact: Colleen Rusch ([ruschck@gmail.com](mailto:ruschck@gmail.com))

## men

### **Hearts in Action**

This men's group serves single mothers, widows, and orphans in our church and the local community by helping with various home projects, such as basic repairs, electrical, plumbing, and yard work. Begin the day by meeting for breakfast to get your assigned job, then head out in groups to various work sites. Sons and grandsons welcome.

Contact: Del Sipma (dsipma@comcast.net)

### **DadsFirst (www.DadsFirst.org)**

This non-profit resource teaches men how to be Godly fathers and husbands. With a goal of encouraging them to stay at home to father their children, classes, events, and mission trips help equip these fathers to do so. Volunteers are trained and equipped to facilitate small groups at places such as Adult and Teen Challenge, Midwest Challenge, Medtronic, and Lino Lakes prison.

Contact: Chuck Aycock (chuckaycock@msn.com)

## overseas

### **GoodSports International (www.go4sk.org)**

GoodSports is dedicated to sharing the love of Christ with young people through sports and recreational/educational activities in Slovakia and Hungary. Varied short term trips, extended internships, and prayer support are ongoing.

Contact: Lee Redman (lredman@vitell.com)

### **Beyond Our Door Global (beyonddoor.org)**

Beyond Our Door Global has a heart for the people of Haiti and specifically the disabled children who live at the M-House. Service opportunities include participating in a mission trip to Africa or Haiti, supporting orphans and children with special needs through sponsorship programs, and providing much needed supplies.

Contact: Al Schuck (al@beyonddoor.org)

### **Food for the Hungry**

Open Door is joining Food for the Hungry to serve in the rural community of Caserio Lopez by participating in various development projects within the community. Sponsor a child through Food for the Hungry or join Open Door on a trip to this community to partner with God in empowering, loving, and supporting their dreams.

Contact: Rose Larson (rlarson@thedoor.org)

### **Disability Motivational Network**

This local ministry's passion is to motivate, inspire and educate people with disabilities in Minnesota and Liberia. Partner with Mission of Hope for the Disabled in Liberia, Africa by helping feed the residents and spread Jesus' love to this marginalized group of people. Support this ministry through prayer and donating finances and supplies.

Contact: Prince Cole (princecole365@gmail.com)

## **local/overseas hospitality**

### **Share Your Home**

Host a Japanese exchange student for three weeks in August through the St. Paul Intercultural Institute (SPII). Students are college-age and spend their days at Bethel University taking ESL classes and touring the city. Students spend evenings and weekends with their host families. Hosting is a great way for kids (and adults!) to see another culture up close, and a chance to share your life and faith with others. All types of families welcome! Transportation help and stipend provided.

Contact: Katie Craig (651-336-3458)

<https://sites.google.com/site/stpaulinterculturalinstitute/faq-for-hosts>

## elderly

### **Rose Arbor**

Connect with our neighbors at Rose Arbor senior living home, just down the road from Open Door. Serve in a variety of ways: listening to stories, leading bingo, dances, playing games or walking dogs. Contact: Rose Larson (rlarson@thedor.org)

### **The Villa Nursing Home**

Volunteer once or twice a month by leading Bible studies, prayer, and relationship building with the wonderful elderly residents. Contact: Jenn Tjepkes (jtjepkes@embarqmail.com)

## prison

### **Prison Fellowship** (<http://www.prisonfellowship.org>)

Volunteer once a week with this prison reentry program where inmates learn life skills based on biblical principles that they will need when released. Volunteer opportunities range from leading a small group to one-on-one mentoring.

Contact: Charlie Bench (rev\_charlie\_bench@yahoo.com)

### **Freedom Works** ([www.myfreedomworks.com](http://www.myfreedomworks.com))

Volunteer with this Minneapolis based post-prison aftercare ministry by becoming a biblical mentor, sober friend, worship leader, event helper or career development instruction.

Contact: Kevin Rahman (kevin.rahman@yahoo.com)

### **Life Rebuilders**

Help one man recently released from prison learn how to choose a life of keeping the rules and building positive relationships. Be Jesus with skin on to a man who may or may not know Jesus or the Bible. These mentoring opportunities are one-on-one and last from six months to a year.

Contact: Calvin Saylor (calvin@saylorconsulting.com)

## special needs

### **Minnesota Camp** ([www.mncamp.com](http://www.mncamp.com))

Each summer, Minnesota Camp provides a retreat/camp experience for adults with disabilities. Volunteers spend five days intentionally developing relationships with the campers, while allowing their family members to take a break. It is a time for campers to engage in activities, worship God, and experience recreation, relaxation, and spiritual renewal. Summer 2019 dates: 8/19-23 at Lake Geneva Christian Center. Contact: Rene McCullough (763-898-0409)

### **Hammer House**

Play games, dance and have fun with our visitors with special needs from group homes as our youth host them at Open Door once a month. Contact: Rose Larson ([rlarson@thedoor.org](mailto:rlarson@thedoor.org))

### **ACR Homes**

Spend time visiting, playing games and doing crafts with our special needs friends at their group home. Visit them once or set a regular time to come. Your presence is all they desire as you get the joy of spending time with this fun community. Contact: Rose Larson ([rlarson@thedoor.org](mailto:rlarson@thedoor.org))

## arts

### **Inverted Arts** ([www.invertedarts.org](http://www.invertedarts.org))

Are you a film maker, song-writer, visual artist, photographer, fashion designer, writer, actor or dancer who would like to use your creative gifts to mentor disadvantaged youth and help them discover and unleash their creative voices? We'd love to meet you! Contact: Mark Collier ([mark.collier@invertedarts.org](mailto:mark.collier@invertedarts.org))

### **Bunce Backyard Productions** ([www.BunceBackYard.com](http://www.BunceBackYard.com))

This Maple Grove based, faith-filled theater is passionate about using musical theater to tell stories of struggle, and transformation, showing us that hope and love still make a difference in our world. Volunteer opportunities include: acting, set building, sewing, ushering, concessions, and more. Contact: Lori Bunce ([info@buncebackyard.com](mailto:info@buncebackyard.com))

## various

### **Reach and Restore** ([www.ReachandRestore.org](http://www.ReachandRestore.org))

This Minnetonka based ministry provides families in need with resources including clothing, furniture, household items, etc. By doing so, they give them a sense of hope to encourage them to get back on their feet. There are a variety of projects and volunteer opportunities. Contact: Kay Olson ([Olson\\_Kathleen@hotmail.com](mailto:Olson_Kathleen@hotmail.com))

### **Prayer Shawl**

Join us for a time of fellowship, sharing stories, and prayerfully knitting or crocheting symbols of comfort and blessing. The shawls are then given to those in need of a tangible expression of God's love and care during seasons of loss, transition or celebration. Patterns are provided. Contact: Eileen Toombs ([frommn2u@gmail.com](mailto:frommn2u@gmail.com))

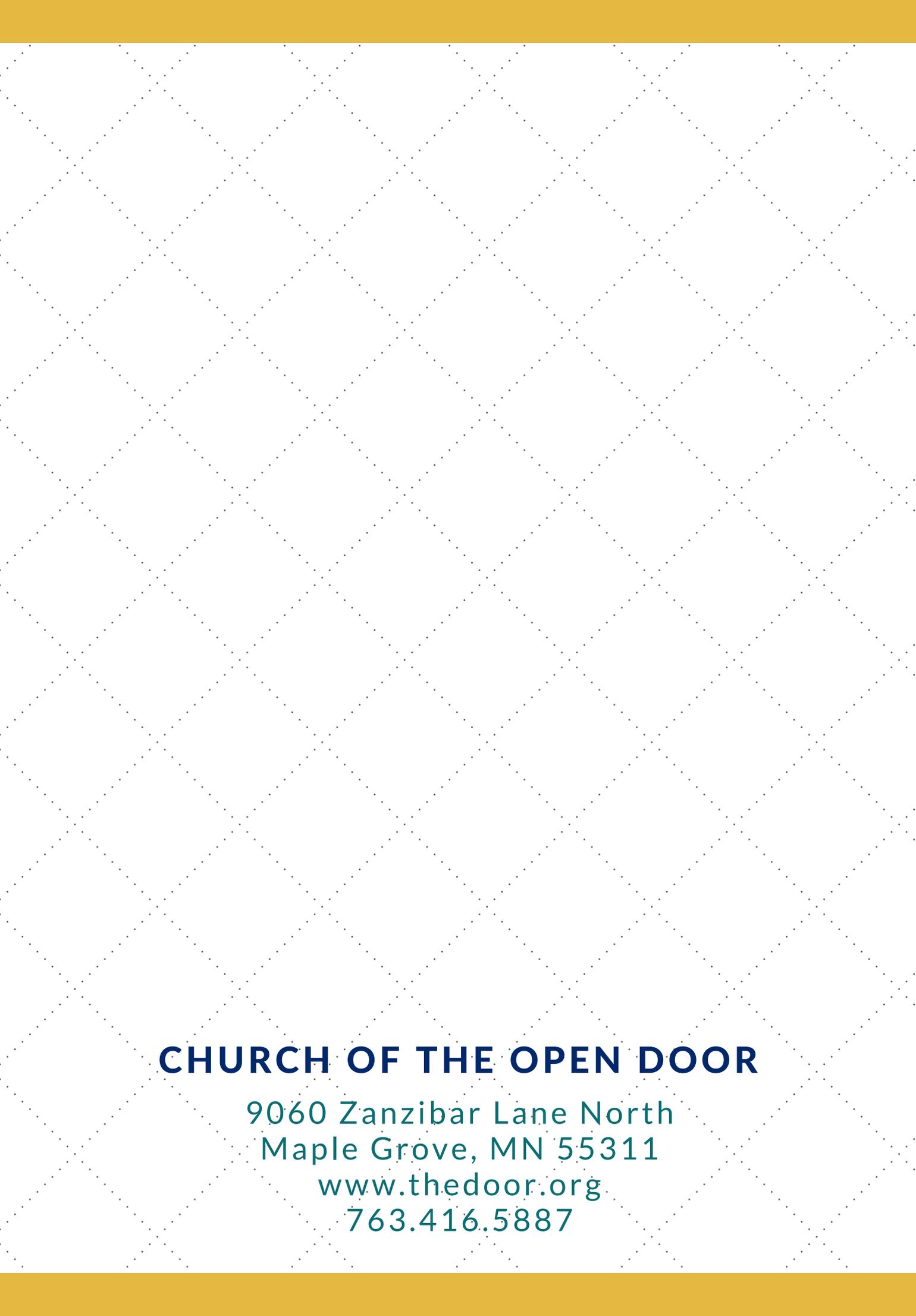
### **Open Door Prayer Team**

If you desire to come along side others who are a part of Open Door by praying for them, come join the prayer team to lift individuals and families up. Flexible time commitments.  
Contact: Peggy Lang ([plang@thedor.org](mailto:plang@thedor.org))

May the words of my mouth  
And the meditation of my heart  
Be pleasing in your sight,  
O Lord, my Rock and my Redeemer.

Psalm 19:14





# **CHURCH OF THE OPEN DOOR**

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