

**The Pain of the Heart**  
**Proverbs 25:18-20**  
(Part 4 – Matters of the Heart)  
November 19, 2023

*"Above all else, guard your heart, for  
it is the wellspring of life." Prov. 4:23 (NIV)*

**1. What is the Pain?**

▪ **It is \_\_\_\_\_,** \_\_\_\_\_

• **It most often comes from \_\_\_\_\_**

**we \_\_\_\_\_ the \_\_\_\_\_**

➤ **This is why those \_\_\_\_\_ to us**

**can \_\_\_\_\_ us the \_\_\_\_\_**

**2. What does this Pain Cause?**

▪ **This pain causes \_\_\_\_\_ in**

**our \_\_\_\_\_**

• **This is what leads to \_\_\_\_\_,**

\_\_\_\_\_, \_\_\_\_\_, **even \_\_\_\_\_**

➤ **This is when the pain gets \_\_\_\_\_ in**

**our heart \_\_\_\_\_ it in our \_\_\_\_\_**

**and \_\_\_\_\_ and \_\_\_\_\_**

**3. What does this Pain Need?**

▪ **It needs to be \_\_\_\_\_**

• **This is when many try**

**to \_\_\_\_\_ their heart**

➤ **\_\_\_\_\_ is the \_\_\_\_\_**

**who \_\_\_\_\_**

*"The LORD is close to the brokenhearted;  
He rescues those whose spirits are crushed."  
Psalm 34:18 (NLT)*

*"God heals the brokenhearted  
and binds up their wounds."  
Psalm 147:3 (NIV)*

*"The Spirit of the Lord GOD is on Me, because the LORD  
has anointed Me to bring good news to the poor.  
He has sent Me to heal the brokenhearted,  
to proclaim liberty to the captives  
and freedom to the prisoners."  
Isaiah 61:1 (HCSB)*