

Group Guide – Participant

Series: Stand Firm

Galatians 5:16–26 - The War Within

Main Idea: The Christian life is a real war between the flesh and the Spirit, but believers are not left to fight in their own strength. We belong to Christ, and we walk by the Spirit.

Read Galatians 5:16–26

Opening Question

- What stood out to you from the sermon or from reading Galatians 5:16–26?

Walk Through the Passage

1. The Christian life is a fight - Galatians 5:16–18

- Where do you feel the tension between the flesh and the Spirit most clearly right now?
- What does it look like to actually fight sin instead of just feeling bad about it?

2. The flesh is deadly - Galatians 5:19–21

- Which works of the flesh are easiest for people to excuse, rename, or tolerate today?
- How have you seen sin promise freedom but actually produce slavery?

3. The Spirit produces real life - Galatians 5:22–23

- Which part of the fruit of the Spirit do you most need the Spirit to grow in you right now?
- Where have you seen evidence of the Spirit's work in your life recently, even if it feels small?

4. We belong to Christ - Galatians 5:24–26

- What is one area where you need to stop making peace with the flesh?
- What is one practical step this week that would help you keep in step with the Spirit?

One Another/Application

- How can this group help one another fight sin without becoming fake, harsh, or proud?
- Is there one specific way you need prayer, encouragement, or accountability this week?

Closing Prayer

Pray for:



- Honesty about the war within
- Real repentance where the flesh has been tolerated
- Dependence on the Holy Spirit
- Growth in the fruit of the Spirit
- A group culture where people help one another follow Jesus faithfully

