



Saddleback Children's Center



October Newsletter 2023



Message from SCC

Dear SCC Families,

We are off to a great start this year and already in our second month of school! It was so nice to see many of you at Back to School Night and we look forward to our year together. Our teachers were so thrilled to share with you what they have done so far and will be doing in each of their classes this year.



Do not be surprised if you hear your child tell someone that they are following Jesus, showing God's love, or making good choices. We are giving examples in our classrooms of these three important concepts. Ask your child's teacher about it.

- Meagan Kraszewski, Director & Kristin Thomas, Assistant Director

IMPORTANT DATES



Fall Harvest Festival

October 30th and 31st



We are busy planning our annual Fall Harvest Festival with a western theme. Each class will participate by having a small booth or activity for the children. Parents, we are going to need volunteers to help run the booths. Please look for the "Parent Helper" sign-up sheets by your child's sign-in clipboard.

IMPORTANT DATES

School Picture Days October 16th and 17th



All children will have a picture taken and be included in the class composite photo on Monday, October 16th and Tuesday, October 17th.

There is no obligation to buy photos. Simply dress your children accordingly on their picture day. Portraits will be available for parents to view online the same day the photos are taken. You will be able to purchase photos from a variety of styles and sizes that fit your needs and budget.

Our full-time students (5 days) may have their picture taken on either day. They will, however, be in both class composite pictures (T-Th & M-W-F). The Green Room will have their picture taken on Monday. *You will receive a flyer in your file designating your child's picture day on Tuesday, October 10th.*

Parent-Teacher Conferences

October 19th and 20th

Parent-Teacher conferences are a great time for the parents and teachers to connect and share information about each child. The teachers have been assessing their students in various areas of development. You will receive a written report at conference time.

Please sign up to schedule a conference time. The sign-up sheets will be on the clipboards at your child's classroom or via Sign-up Genius depending on your classroom.

*There is NO PRESCHOOL scheduled on parent conference dates. We offer childcare for students in the Full Day & 8 Hour programs only. For our JR Kindergarten program (Green Room) there is no school for Core only children. THIS CONFERENCE IS FOR PARENTS ONLY.

IMPORTANT REMINDERS:

Protecting Against Illness at School

Please note that our staff will inspect each child that comes to school for signs of illness. If a staff member feels your child is not well enough to participate in our regular school day activities, we will ask to have the child stay home for the day or until the child is well enough to fully participate in our program.

SCC will continue to do all we can to keep our school healthy and free of infection. We sanitize all our classroom equipment weekly and have hand washing policies for staff and children that help stop the spread of illness.

As a parent, you can help by following the policies outlined above that are also in your Parent Handbook. It is also important that you teach your child how to cough and sneeze into their arm or a tissue and to wash their hands after using a tissue. Hand washing is the number one way to stop the spread of infection to others.

If your child has contracted a serious illness like COVID, Chicken Pox, Staph Infection, Strep Throat, Pink Eye, HFMD, or any other highly contagious infection, please call the school as soon as possible so that we may notify other parents and our staff.

The Center for Disease Control and Prevention (CDC) has a lot of information on how to keep your family healthy during the flu season. You can go to www.cdc.gov or www.cdc.gov/flu/school for information on flu prevention.

LOST AND FOUND

The lost & found is located in a basket in the foyer. Please look through the basket if you think you may have an item in the Lost and Found. **Unclaimed items will be donated at the end of each month.** Thank you!

IMPORTANT NOTE

We have children with severe allergies. Please show compassion and follow our “no nut policy.”



SCC
Preschool is

NUT FREE

**THIS IS A
PEANUT AND
TREE NUT
FREE ZONE**

SCHOOL DROP-OFF/PICK-UP TIMES:

Sign-In: When dropping off or picking up your child you must sign them in/out each day. No one under the age of 18 may pick up a child from school. Parents/guardians are required by the State of California to sign their child in and out of school each day. Please be sure to use your legal signature. If another person other than yourself that is authorized to sign out your child will be doing so, please notate this on the “comments” page when you sign your child in.

- **Morning Drop-Off**

Our campus is not open until 7:00am. Families that arrive early in the morning may not enter the campus until this time. Please respect the time the teachers need to set up for your children to have a fun and safe learning environment.

- **Preschool Drop-off:** If your child is enrolled in the preschool morning program please wait until 8:30AM to sign your child into their classroom. Our teachers need plenty of time to prepare for a day full of fun and learning.

We Have a Facebook Page and You Can Follow Us on Instagram!

Just a reminder that Saddleback Children’s Center has a Facebook page and an Instagram Account. Many parents find this a helpful way to get reminders and updates about our school electronically. It is also a good way see what is going on at the school throughout the day through posted pictures (for those who have given consent to post). Just “like us” on Facebook or “follow us” on Instagram and you will start seeing updates on your homepage!

Reviews and Referrals

Reviews and referrals are the sincerest compliments that you can offer us. If you are happy with your experience as a parent as well as your child’s experience at our school and are comfortable sharing that with others, please review us by visiting Google, Yelp or liking us on Facebook and Instagram.

Chapel Invitation for Parents

As mentioned in our previous newsletter, we would like to invite parents to join us for your child’s weekly scheduled Chapel time. For the month of October: Red, Purple, and Green Room’s chapel time will be at 9:00am and Orange, Brown, Blue, and Yellow Room’s at 9:20am. Please see attached calendar for dates.



Ongoing Ways to Support SCC

Volunteer!

There are many opportunities throughout the year to volunteer on our campus and in the classroom. If you are interested, please check with your child's teacher or with Miss Kristin in the office. We are still in need of the following volunteers: IT/Technical Assistant, Marketing/Ads, Marketing/Social Media, and Fundraising promoters. Thank you to those of you who have already signed-up!

Fundraising Needs

1. Outdoor Benches - Link to community playthings: [Outlast Project Table Set](http://OutlastProjectTableSet.com) (communityplaythings.com) – preschool size
2. Patio Umbrella
3. Heavy-duty Shelving
4. Bluetooth Speakers for each classroom
5. Outdoor Classroom Amazon Wishlist – link: <https://www.amazon.com/hz/wishlist/ls/38798YDG55GQY?leftNavSection=SharedWithYou&ref=abls Inv us>

THANK YOU!



Family Night Out at Chick-fil-A in Mission Viejo

Wednesday, October 25th

Bring the flyer (coming soon) for your dine-in or drive-thru order and 20% of your total check will go to our school!

Fall Fundraisers

The proceeds from our Fall Fundraisers this year will all go towards purchasing furniture for our classrooms and materials for our Outdoor Classroom.

- Poppin Popcorn
- Family Night Out
- Spirit shirts

Poppin Popcorn Fundraising

We will be starting our first fundraiser of the year selling different varieties of popcorn starting September 25th through October 13th. You should have received the fundraising packet on Friday, September 22nd. Thank you for supporting SCC!



SCC T-Shirts

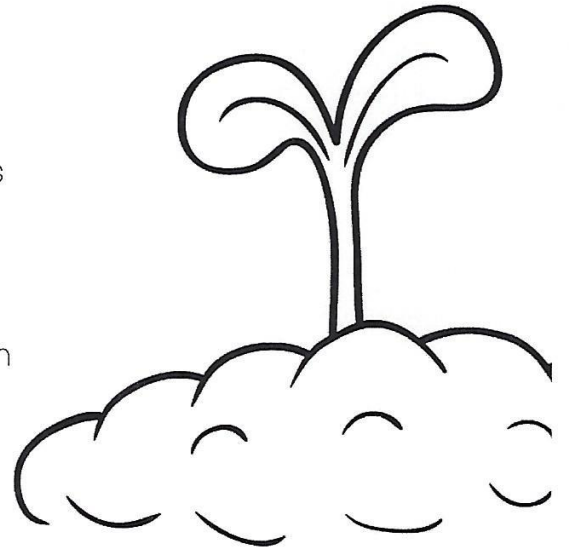
Children will be able to show their school spirit by purchasing their very own SCC school t-shirt! We will have spirit days again on Thursdays and Fridays! T-Shirts will be available for purchase soon.



growth mindset

what is it?

We used to think that our intelligence was fixed – meaning we were either smart or we weren't. Scientists have proven again and again that simply is not true. Our brain acts like a muscle – the more we use it, the stronger (and smarter) our brain becomes.



IS YOUR MINDSET FIXED?

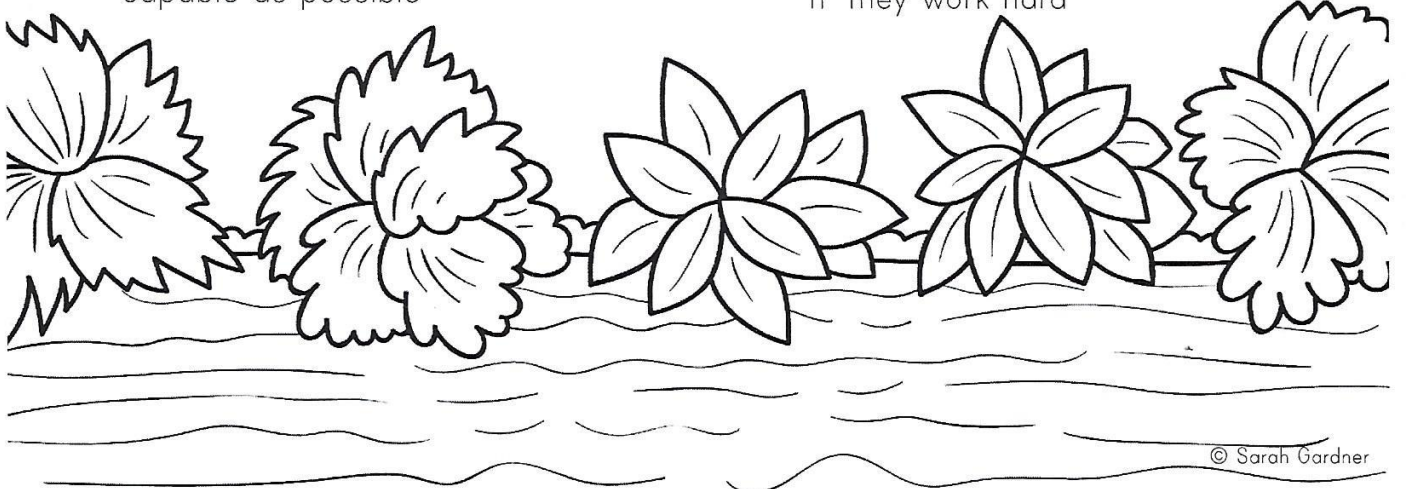
A person with a fixed mindset may do these things:

- avoid challenges
- give up easily
- ignore feedback
- become threatened by other people's success
- try hard to appear as smart or capable as possible

WHAT DOES A GROWTH MINDSET LOOK LIKE?

A person with a growth mindset may do these things:

- embrace challenges
- give their best effort
- learn from feedback
- become inspired by other people's successes
- believe their intelligence can change if they work hard



growth mindset

ways to help your child

TALK ABOUT IT

Talk with your child about his or her day, but guide the discussion by asking questions like:

- Did you make a mistake today? What did you learn?
- What did you do that was difficult today?

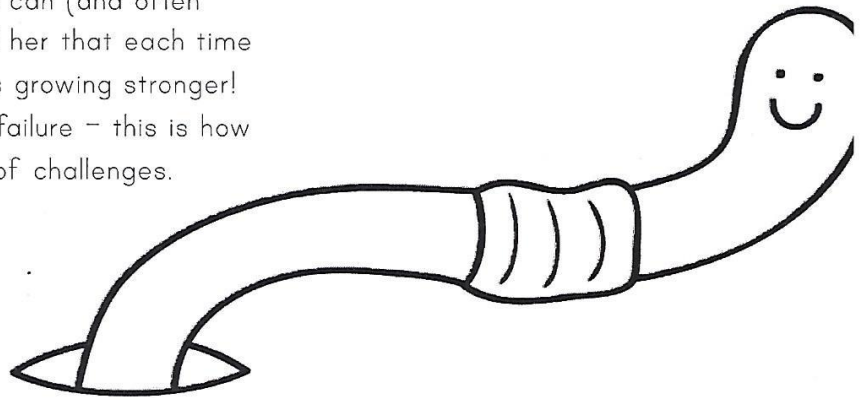
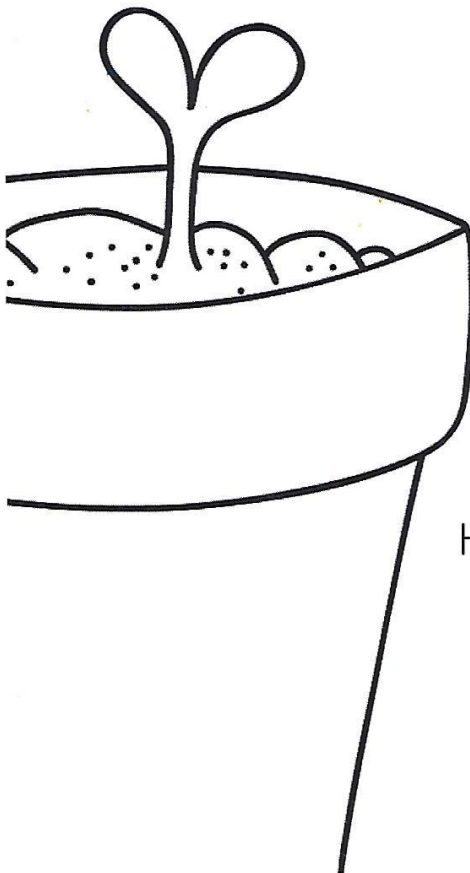
ENCOURAGE FAILURE (say what?!)

Your child needs to know that failure can (and often does) happen and it is *okay!* Remind her that each time she fails and tries again, her brain is growing stronger! Don't step in to prevent your child's failure – this is how she learns to persevere in the face of challenges.

PRAISE THE PROCESS

Instead of saying, "You're so smart!" praise effort, goal setting, persisting through challenges, or being creative. You can say something like:

- "Wow! You must have worked really hard on this!"



THE BRAIN CAN GROW!

Remind your child that his or her intelligence is not fixed. Remind her that when things are difficult, her brain grows if she persists through the challenge. Each time she learns something new, her brain is making new connections. Your child needs to know this is possible!

HELP THEM CHANGE THEIR DIALOGUE

The way your child talks to himself makes a huge impact on his mindset. If he says, "This is too hard!" help him change that to "I can't do this yet, but I will keep trying." Give him the words to say when he is feeling defeated by modeling it yourself!

October 2023




October Concepts

Color: Orange

Number: 2

Shape: Square



M	T	W	TH	F
2	3	4 Chapel	5	6
9 Staff In-Service School Closed	10 Chapel	11	12	13 Poppin Popcorn Fundraiser Ends
16 School Picture Days 	17	18 Chapel	19 Parent/Teacher Conferences Child Care for Full Day & 8 Hour Students Only	20
23	24 Chapel	25 Family Night Out @ Chic-fil-A in MV	26	27
30 Harvest Festival "Go Western"	31	Another Important Date: <ul style="list-style-type: none"> October 29th 12pm CLC Trunk or Treat 		

October Bible Verse:
 "Trust in the Lord with all your heart." Proverbs 3:5

