

## **Do I have to pray? (Part 1)- Going Deeper Questions**

Sunday, January 25, 2026

**Question #1:** When you hear the question “Do I have to pray?”, what is your honest emotional response — guilt, fear, indifference, curiosity, or desire? Why do you think that is? How does knowing your access is based on Jesus’ blood and not your performance change the way you think about prayer?

**Question #2:** Hebrews 10:19 says we can boldly enter God’s presence. What usually keeps you from praying boldly — distraction, doubt, shame, busyness, or fear? What does it practically look like for you to “step boldly” into God’s presence this week?

**Question #3:** How would your relationship with God change if prayer became less about obligation and more about access? What are some false beliefs about prayer you may have unknowingly adopted over the years?

**Question #4:** Have you ever stopped praying because you felt unqualified, unworthy, or inconsistent? What truth from this message confronts that lie?

**Question #5:** In what ways has secondhand spirituality shown up in your life? What would it look like for your faith to become more personal and less borrowed?

**Question #6:** Have you ever experienced silence in prayer? How did you interpret that silence — as absence, or as invitation? Which is harder for you in prayer: talking to God or listening to God? Why? How might God be using silence not to withhold, but to deepen your relationship with Him?

**Question #7:** If prayer truly became a daily rhythm in your life, what do you think would change first—your thinking, your peace, your relationships, or your decisions? What is one honest sentence you would say to God right now if you weren’t worried about saying it “right”?

### **Challenge:**

1. Choose one specific, realistic time each day (5–10 minutes) to intentionally meet with God.
2. Spend at least one minute in silence during your prayer time. Don’t rush to speak. Ask God one simple question: “Lord, what do You want me to hear today?”
3. Remember: if you are the temple of the Holy Spirit, then your life is meant to be a house of prayer. Carry the conversation with God into your ordinary, everyday moments.