

SUMMER PSALMS

SCRIPTURE: Psalm 78:10-39

SERIES: Summer Psalms

TITLE: Remember The Rock

BIG IDEA: The Lord is our Rock

³⁵ They remembered that God was their rock,
the Most High God their redeemer.

³⁶ But they flattered him with their mouths;
they lied to him with their tongues.

³⁷ Their heart was not steadfast toward him;
they were not faithful to his covenant.

³⁸ Yet he, being compassionate,
atoned for their iniquity
and did not destroy them;
he restrained his anger often
and did not stir up all his wrath.

³⁹ He remembered that they were but flesh,
a wind that passes and comes not again. – Psalm 78:10-39

“When reading the psalm in Christ, it is important not to default to legalism or moralism. The psalm does not just tell us that previous generations failed and thus that we must try harder. It is meant to lead us to faith in Christ, the true David, the true bread from heaven, the true rock from which living water flows, and to call us to listen to Christ, the true teacher of wisdom.”¹

SWARTZ FBC LEADER DISCUSSION GUIDE



¹ Christopher Ash, [Psalms 51–100](#), vol. 3, The Psalms: A Christ-Centered Commentary (Wheaton, IL: Crossway, 2024), 352.

1. THE ROCK IS PROVIDENCE

Application Question: Do you believe God can work through even seemingly impossible situations?

- What are some life situations that seem impossible or almost impossible?
- Why can it be hard to trust that the Lord can work certain things out?
- What was the significance of water coming from the rock in verse 16?
- How does lack of trust in the Lord affect our decision making?

2. THE ROCK IS WARNING

Application Question: Are we looking to the Creator or the creation for what we need?

- How should we view the Lord's discipline?
- Why is it easy to grow accustomed to the Lord's grace and providence?
- What are some things we tend to take for granted that the Lord provides?
- Are there things we take for granted that we complain about when they are taken away?
- What does complaining reveal about our hearts?

3. THE REDEEMER IS THE ROCK

Application Question: Do you remember the redeemer is your Rock?

- What does it mean for God to be our Rock?
- How does a person practically learn to lean on God as their Rock?
- What do you think it looked like for the people to remember that God was their Rock in verse 35?
- What is the connection between God being our Rock and our Redeemer?
- The people remembered God was their Rock, the Lord remembered that they were but flesh.
 - o What does this mean?
 - o How does this reveal how God sees us?