
SUMMER PSALMS

SCRIPTURE: Psalm 43

SERIES: Summer Psalms

TITLE: Post Tenebras Lux (After Darkness, Light)

BIG IDEA: Wherever we are, we place our hope in the Lord as we wait for light after darkness.

TEXT

43 Vindicate me, O God, and defend my cause
against an ungodly people,
from the deceitful and unjust man
deliver me!

² For you are the God in whom I take refuge;
why have you rejected me?
Why do I go about mourning
because of the oppression of the enemy?

³ Send out your light and your truth;
let them lead me;

let them bring me to your holy hill
and to your dwelling!

⁴ Then I will go to the altar of God,
to God my exceeding joy,
and I will praise you with the lyre,
O God, my God.

⁵ Why are you cast down, O my soul,
and why are you in turmoil within me?
Hope in God; for I shall again praise him,
my salvation and my God.

SWARTZ FBC LEADER DISCUSSION GUIDE



1. WE ENDURE THE DARKNESS BECAUSE WE KNOW THE LIGHT IS COMING

Application Question: Are you trusting that the Lord is at work in your life right now?

- When the writer asks for vindication and defense, what does it tell us about how he views himself and injustice?
- What are examples of darkness we experience in life?
- The writer experiences two things: God as his refuge, and yet he feels forgotten. How do we live in this tension?
 - o Do you ever feel this in your life?
- What would it look like to fully trust that the Lord is living and active even in the dark of your life?

2. THE LORD USES HIS LIGHT AND HIS TRUTH TO BRING US HIS JOY IN HIS PRESENCE

Application Question: Is the grace of God leading you to the altar of joy?

- What is meant by light and truth?
- Why are both light and truth attractive?
- What does the altar signify?
- What does the writer seek at the altar?
 - o How do we seek joy at the altar?

3. HOPE IN GOD IS TRUSTING THAT THERE IS LIGHT AFTER DARKNESS

Application Question: Are you trusting that God will bring light after darkness?

- How do we preach this truth to ourselves? - (Hope in God.)
- How do we continue to stir affection for God in our spiritual walk?
- What does the Gospel say about light after darkness?
- Psalm 42-43 is about grief mixed with hope. Where do you see both in your life?