
How To Study the Bible

Head / Heart / Hands - Personal Devotion Template

1. PRAYER

**Spend some time praying that the Lord will help you to focus and connect with Him.*

- Pray for yourself, your family, the things on your mind, the circumstances in your life, for His will to be done in your life, and the things that come up as you pray.

2. WORSHIP

**Spend some time listening to music, singing, thinking, or mediating on the text.*

- This is also a good time to read a devotion book. There are many good devotion books that help bring us from the text to its main point and attach it to modern day application. These can be very helpful.

3. BIBLE

**Study a text. Try to find a text that is short enough to dig into given your time allotment.*

- The point is to take a text and ask it 3 questions: How does this engage my head, my heart, and my hands. In other words: 1. What does God want me to know? 2. What does God want me to feel? 3. What does God want me to do? (Head, Heart, Hands).

Head	Heart	Hands
<i>*Write down what God is teaching you in this text.</i>	<i>*Write down how God is connecting this truth to your heart.</i>	<i>*Write down what God is teaching you to do in this text.</i>