
HOW TO STUDY THE BIBLE

Guided Devotion

****Use the Head / Heart / Hands devotion template as a guide***

1. PRAYER

- Pray for God to supernaturally teach you and minister to you as you worship Him in this time.
- Pray for the things that are immediately on your mind.
- Pray for the things that have been in the background weighing on you.
- Pray for your family and those close to you.
- Pray that God will be glorified through you.

****Read This Prayer from The Valley of Vision***

Blessed Lord Jesus,

Before thy cross I kneel and see
the heinousness of my sin,
my iniquity that caused thee to be
‘made a curse’,
the evil that excites the severity
of divine wrath.

Show me the enormity of my guilt by
the crown of thorns,
the pierced hands and feet,
the bruised body,
the dying cries.

Thy blood is the blood of incarnate God,
its worth infinite, its value beyond all thought.
Infinite must be the evil and guilt
that demands such a price.

Sin is my malady, my monster, my foe, my viper,
born in my birth,
alive in my life,
strong in my character,
dominating my faculties,

following me as a shadow,
intermingling with my every thought,
my chain that holds me captive in the
empire of my soul.

Sinner that I am, why should the sun give me
light,

the air supply breath,
the earth bear my tread,
its fruits nourish me,
its creatures subserve my ends?

Yet thy compassions yearn over me,
thy heart hastens to my rescue,
thy love endured my curse,
thy mercy bore my deserved stripes.

Let me walk humbly in the lowest depths
of humiliation,

bathed in thy blood,
tender of conscience,
triumphing gloriously as an heir of salvation.

2. WORSHIP

- As the song plays, try to focus. Think of who God is and what He has done for you in the person and work of Christ. Worship as you listen.
- Spend some time reflecting. Silence and stillness.

****Read this devotion from Alistair Begg***

Living Water

When Jesus met the Samaritan woman at the well and asked her for a drink, she assumed that she would be providing what He needed: a literal drink of water. Instead, she discovered that actually she needed what only this stranger was able to provide: a spiritual drink of living water.

Jesus helped her to see this need with one simple command: “Go, call your husband, and come here” (John 4:16). He asked her to do what she couldn’t do, because although she had been married five times she was now living with a man who was not her husband. He helped her see how her ongoing search for satisfaction had left her wanting. Famed mathematician and philosopher Blaise Pascal wrote that we have within each of us a God-shaped void.¹ She was no exception.

Every one of us digs figurative wells all over the place that will never truly satisfy (Jeremiah 2:13)—our careers, our marriages, our friendships, our families, our wealth, our next vacation, or whatever experiences give us a high. But they all leave us thirsty for more. We will keep digging and drinking until we are confronted by our *real* need: that our sin needs to be cleansed and forgiven, our desires need to be transformed, and our hearts need to be filled with Jesus. He is the only one able to hold the weight of all our hopes and longings.

This woman arrived at the well empty, searching, and desperate. In Christ she met God—the same God who created our inmost being, who knows the words we’ve yet to speak, who can tell us everything we’ve ever done (John 4:19; see also Psalm 139: 4, 13). She brought her empty life to this wonderful source of living water: Christ Himself. She brought her sinful past to the cleansing supply that only Jesus provides. She brought her hopes for the future to the one who knew everything about her and loved her still, enough to quench her thirst forever.

On what are you tempted to hang your hopes, other than God? Where do you look for satisfaction, other than to Jesus? He has offered you the drink that will quench your thirst forever and become a spring that can never run dry. He has taken what He doesn’t deserve—the punishment for your sin—so that He can give you what you don’t deserve: salvation, forgiveness, freedom, hope. Draw from this saving well moment by moment, today and every day, and thirst no more.¹

¹ <https://www.truthforlife.org/devotionals/alistair-begg/4/21/2025/>

3. BIBLE

**Read the text in your Bible. If you don't have your Bible with you, it is printed below.*

- This is the time to use the tools we have talked about in previous sessions. Use the tools you like and the things you have learned to dive into the text!

John 4:7-42

⁷ A woman from Samaria came to draw water. Jesus said to her, "Give me a drink." ⁸ (For his disciples had gone away into the city to buy food.) ⁹ The Samaritan woman said to him, "How is it that you, a Jew, ask for a drink from me, a woman of Samaria?" (For Jews have no dealings with Samaritans.) ¹⁰ Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹ The woman said to him, "Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water?" ¹² Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock." ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but whoever drinks of the water that I will give him will never be thirsty again.^[a] The water that I will give him will become in him a spring of water welling up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I will not be thirsty or have to come here to draw water."

¹⁶ Jesus said to her, "Go, call your husband, and come here." ¹⁷ The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; ¹⁸ for you have had five husbands, and the one you now have is not your husband. What you have said is true." ¹⁹ The woman said to him, "Sir, I perceive that you are a prophet." ²⁰ Our fathers worshiped on this mountain, but you say that in Jerusalem is the place where people ought to worship." ²¹ Jesus said to her, "Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth." ²⁵ The woman said to him, "I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things." ²⁶ Jesus said to her, "I who speak to you am he."

²⁷ Just then his disciples came back. They marveled that he was talking with a woman, but no one said, "What do you seek?" or, "Why are you talking with her?" ²⁸ So the woman left her water jar and went away into town and said to the people, ²⁹ "Come, see a man who told me all that I ever did. Can this be the Christ?" ³⁰ They went out of the town and were coming to him.

³¹ Meanwhile the disciples were urging him, saying, "Rabbi, eat." ³² But he said to them, "I have food to eat that you do not know about." ³³ So the disciples said to one another, "Has anyone brought him something to eat?" ³⁴ Jesus said to them, "My food is to do the will of him who sent me and to accomplish his work. ³⁵ Do you not say, 'There are yet four months, then comes the harvest'? Look, I tell you, lift up your eyes, and see that the fields are white for harvest. ³⁶ Already the one who reaps is receiving wages and gathering fruit for eternal life, so that sower and reaper may rejoice

together. ³⁷ For here the saying holds true, 'One sows and another reaps.' ³⁸ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

³⁹ Many Samaritans from that town believed in him because of the woman's testimony, "He told me all that I ever did." ⁴⁰ So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world."

Head

**Write down what God is teaching you in this text.*

Heart

**Write down how God is connecting this truth to your heart.*

Hands

**Write down what God is teaching you to do in this text.*