

# The R.E.A.P Method of Studying the Bible

## *Step 1*

At the top of a sheet of paper (or in a journal), write the days date and leave a space to write the title of your entry later. Pick a scripture to study either by using a Bible reading plan or by coming up with one on your own.

## *Step 2*

Read the passages. Read with an open heart and Jesus will give you words of encouragement, direction and correction. (2 Tim 3:16)

## *Step 3*

Spend some time reflecting and writing about what you've read in the journal pages:

- Write down the key Scripture (or two) that stuck out to you.
- Write down thoughts on what you've read. (Examine)
- Write out how you will be different today because of what you have just read. (Application)
- Write out a prayer based on your time in God's Word. (Prayer) • Give what you wrote a title.

# An Example of R.E.A.P.

**Read:** 1 Kings 8-9; Acts 26

**Key Texts:** 1 Kings 8:27; Acts 26:18

(Pick these yourself. You can choose one from the OT and one from the NT reading, or just pick one key text from all of your reading for the day.)

**(OT)** *"But will God indeed dwell on the earth? Behold, heaven and the highest heaven cannot contain you; how much less this house that I have built!"*

**(NT)** *"to open their eyes, so that they may turn from darkness to light and from the power of Satan to God, that they may receive forgiveness of sins and a place among those who are sanctified by faith in me."*

**Examine:**

**(OT)** Solomon builds the temple and brings the ark of the covenant into the holy of holies, but realizes that God cannot be contained by a house made with human hands.

**(NT)** Paul defends himself and gives his testimony to Agrippa. Jesus has chosen him to open the eyes of the Jews and Gentiles.

**Application:**

**(OT)** I will not treat God as if He's only present in a church building on Sundays but acknowledge Him to be everywhere.

**(NT)** Give my testimony to someone this week and share Christ.

**Prayer:**

God, help me to know you're everywhere, and help me to share Jesus with someone this week. Amen.

