

TRINITY UNITED METHODIST CHURCH

NOVEMBER TRINITY VIEW



Always Thankful, Forever Grateful, Abundantly Blessed

Happy Thanksgiving

WEEKLY EVENTS

Sunday

Choir Rehearsal: 9:15 am
Worship Service: 10:00 am
Social Hour: 11:15 am
Sandlot Bridge: 11:30 am

Monday

Knitting etc. Group: 2:00 pm
Literacy for Life: 7:00 pm

Tuesday

Tuesday Work Crew: 9:00 am
Food Box Distribution: 10-noon
AA Meeting: 12:00 pm

Wednesday

Prayer & Care Group: 11:30 am
AA Meeting: 12:00 pm
Trinity Ringers: 6:30 pm
AA Meeting: 7:00 pm
Chancel Choir: 7:30 pm

Thursday

AA Meeting: 12:00 pm
Literacy for Life: 7:00 pm

Friday

Food Box Distribution: 10-noon

MEETINGS

Thurs. Nov. 5, 2:00 pm
UWF Board Meeting

Thurs. Nov. 13, 2:00 pm
UWF Unit Meeting

Church Council Meeting
November Meeting to be determined

Wed. Nov. 19 10:30 am
TLC Meeting

SPECIAL EVENTS

Sunday, November 2
Consecration Sunday and Luncheon after worship

Sunday, November 2
3:00 PM
San Luis Chamber Fall Concert

Tuesday, November 4
California Statewide Election
Please vote!

Saturday, November 15
UWF Fall Bazaar 9-1:00

Wednesday, November 19
6:30 pm Charge Conference via Zoom

Friday, November 21
Distribution of Thanksgiving Boxes
10-Noon



TUMC Office will be closed:
Tuesday, **November 11 to observe Veterans Day.**
Thursday & Friday, **November 27 & 28 for Thanksgiving Holiday.**



Somebody Else Will Take You

In all truth, I tell you, when you were young, you put on your belt and walked where you liked; but when you grow seasoned, you will stretch out your hand, and someone else will put a belt around you and take you where you would rather not go.” John 21:18

This verse has been speaking to me for quite some time. I have my own mother, friends whose parents are aging, and through my work in the ministry, I have watched families make difficult decisions that deeply affect them.

Family members who, at one time or another, put on their own belt, are now helping those who helped us with outstretched hands. Church, you have stepped out in purpose to help our maturing population.

I can't fully express how much joy it brings to me, to see the people of Trinity extend their hands and show genuine care to those who need our help. With an outstretched hand, you restarted TLC, where you call on shut-ins; if they need a meal during healing, you provide it for them and their families. You also organize senior luncheons once a quarter, giving them a chance to gather for food, fellowship, and spiritual uplifting.

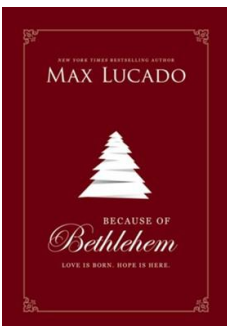
On the 5th Wednesday, you reach out and provide a meal for Los Osos Cares, Most of the clients who come to the community dinners are less fortunate and aging.

Lastly, Alta had legal assistance from SLO County come in and talk, so we are all prepared for where we know in our hearts we are going, even though we would rather not go there.

This short verse offers us, again and again, new ways to let Jesus lead us to places we would rather not go. Jesus has an interesting view on maturity: it is the ability and willingness to be led where you would rather not go. It's definitely hard as we mature. It's hard to let go and to let others lead us. We have been waiting all our lives to be the ones in control of our life plans, but with maturity, we begin to realize there will come a time when we must let go. We don't want to, but it happens.

I'm thankful this Thanksgiving for the people in my life who support me even when I'd rather avoid certain situations. Trinity, along with all members, friends, and family, has genuinely been kind and helpful to me during times. Church, you have reached out to so many, and as we grow in wisdom and maturity, we need to be there for each other.

Have a Loving and Peaceful Thanksgiving,
Les



Please join Pastor Les for a four-week Advent Study, beginning Monday December 1 at 5:30 pm and ending December 22. The Advent Study book will be: "Because of Bethlehem: Love is Born, Hope is Here" by Max Lucado. We have two extra books, if you would like to sign up.



Be sure to mark your calendars for our Consecration Sunday celebratory luncheon on November 2 after the worship service. The Stewardship/Finance Team is providing a catered Mexican food luncheon. The menu will be al pastor tacos, chicken tacos, rice, and beans. Salad and cake will be served as well. All are invited, but please RSVP if you haven't already.



CHARGE CONFERENCE / CHURCH CONFERENCE

Every year we come together and do the church's business. We elect new board members to the church's committees. This year, we will meet via Zoom with District Superintendent, Rev. Garth Gilliam, Wednesday, November 19th at 6:30pm. All are welcome to Zoom in. Contact the office for the link.



As the evenings **grow darker**, the **temperatures cool**, and **leaves change color**, these familiar signs mean it's almost time to "**fall back**". The end of **Daylight-Saving Time (DST) 2025** is near, marking another year of shifting the clocks by one hour.

Set your clocks back one hour Saturday evening for the time change on Sunday, November 2nd.



The UWF is accepting donations for the Fall Bazaar. If you have handmade, or special or interesting items you would like to donate, please contact Alta or Kathy L.



TUMC will once again be a polling place for the Tuesday, November 4th Special Election. The polls will be open from 7:00 am until 8:00 pm.

Vote-by-mail ballots can also be dropped off at polling place locations the day of the election, or inside the library here in Los Osos, if you choose to not mail them.



The Missions Committee will be providing an extra day to feed the hungry in our community, during these difficult times. Millions of families have lost their food stamp and Snap benefits. The TUMC Food Pantry will be adding a third day to its schedule. The Food Pantry will be open on Tuesdays, Fridays, and Saturdays from 10:00am until noon, beginning November 8th.

We are requesting more volunteers. If you can spare just a few hours a month, to work one of these days, please contact Mike L. or Cheryl D.

Support the TUMC Thanksgiving Dinner Baskets:

- *Sponsor a basket of all the fixing needed for a Thanksgiving Dinner by donating \$\$ toward a basket.
- *Help assemble the baskets on **Thursday, November 21, 9:00 - 11:00 am** the week before Thanksgiving or
- *Help with the distribution of the baskets on **Friday November 22, 10 - 12:00 pm**, the week before Thanksgiving. Each year TUMC distributes over 40 baskets including a turkey, turkey breast, or ham. In the past Golden State Water has donated turkeys.

Please Welcome Tom and Paula Medeiros to Trinity!

Tom and Paula moved to Los Osos about a year and a half ago. They are very happy to have found Trinity Church. They spent 30 years living in Santa Cruz...enjoyed 2 years on The Big Island of Hawaii...and are now enjoying their new house in Los Osos. They enjoy hiking, cooking, and gardening. Tom is a retired middle school science teacher and Paula is a retired Speech Therapist.



UNITED WOMEN IN FAITH NEWS – NOVEMBER 2025

Fall is finally here—cooler days and, thanks to the time change, longer nights. It is a month of two important holidays—Veterans Day and Thanksgiving, both days when we give thanks: thanks to the military veterans to whom we owe so much and thanksgiving for the many blessings of the year.

At the October unit meeting, Wendy Porter and Rebecca Ellis Overcashier presented an excellent program centered on Hope, the theme for this year's Mission U which they both attended. Following the program, we filled small flowerpots with succulents. Thank you, Wendy and Rebecca.

As usual for this time of year, we are concentrating on preparations for the Fall Bazaar, scheduled for November 15th. The bazaar is our major fundraiser and the monies received go to fulfill our pledges to missions and our donations to local charities plus the church's scholarship fund and other needs as they arise.

As usual, we will have a variety of items to sell—plants, knit and crocheted items, crafts, jewelry, holiday themed items and so on—plus the Wonderful Bake Sale. We appreciate donations of items to add to those we have been working on. If you have something to donate, please contact either Kathy Lindsay or Alta Hall. Charlotte Dietzel will be calling for baked and other food items for the Bake Sale.

The next UWF Board meeting will be on Wednesday, November 5th at 2:00 (note change of day) instead of Thursday. The next UWF unit meeting will be on November 13th at 2:00 in the social hall. The program will include the observation of the Thank Offering so please remember to bring the coins you have collected in thanks to God this past year.

UWF meetings are always open to all interested women, and you do not need to be a member of the church to participate. All are welcome.

Happy Autumn
Alta Hall

THIRD ANNUAL TALENT SHOW AND SOUP COOK-OFF RECAP



Act 1: Theme from *Halloween*,
Sarah Jane Scott, Piano



Act 2: "Twisted" Rebecca Ellis &
David Ellis Overcashier



Act 3: "(Sittin' On) The Dock of the
Bay" Cheryl Dove & Jora Landis.



Act 4: "Scene 4, Act 1 from *Sylvia*"
Kelley Weir, Kasey Lindsay, Scott
Danielson



Act 5: "Ghostbusters" The Chancel Choir,
directed by Sarah Jane Scott



Act 6: "Yellow Bird" The Trinity
Ringers, directed by Rich Bolin



Act 7: "Three Minutes: Three
Poems", David Ellis Overcashier



Act 8: "All Are Welcome" Jora Landis



Act 9: "Triple Dip", Marian Kaser, Elizabeth Clover, Sarah Jane Scott



Act 10: "A Ghost Story: Aaron Kelly's Bones" Rich Bolin, storyteller.



Thank you, Mike for operating the AV Equipment



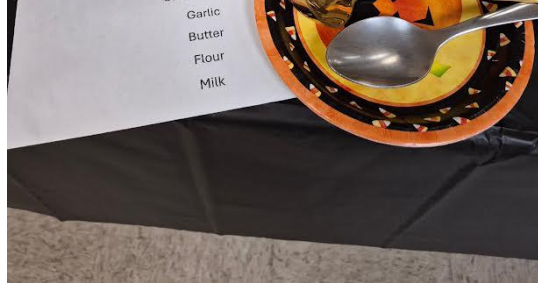
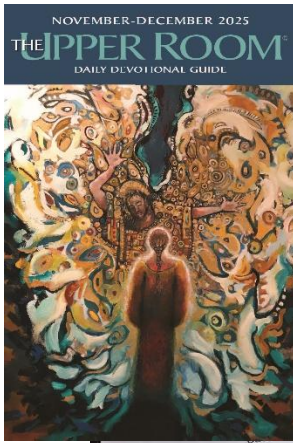
Thank you to our Talent Show Kitchen Crew, Beth, Kathy & Wendy.



Fabulous & fun decorations at the Talent Show!



The dessert with the highest bid, during the auction...\$110!!



Emily Rodenhi's winning soup recipe from the Soup Cook-Off, Congratulations Emily!

4 potatoes diced

1/3 C diced onions precooked in bacon grease

1/3 C diced carrots precooked in bacon grease

1/3 C diced celery precooked in bacon grease

2 cans chicken stock

Add

1 C diced ham

Salt and pepper to taste

1 garlic clove

5 T butter

1/2 C flour

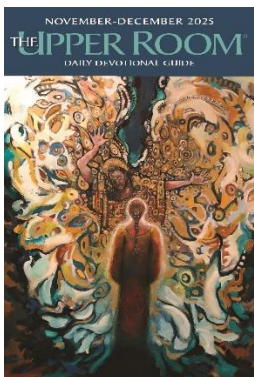
1 C milk

Combine first five ingredients, bring to a boil, cook on medium until potatoes are soft.

Melt butter over medium heat, stir in flour, stirring until thick. Slowly add milk and stir until thick. Add milk mixture to stock mixture. Serve with shredded cheese.



Our entertaining Master of Ceremonies for the evening, Janet Oliver and her trusted assistant Ted (Vanna White) Oliver.



Copies of the November & December Upper Room are available in the Narthex, for a suggested donation of \$3.00.



The TUMC Food Pantry needs your help! They are asking for donations of:

Canned soup, refried beans, bags of beans, peanut butter, bags of rice, oatmeal packets, pasta sauce, pasta, cereal, canned vegetables, mac & cheese, canned tuna, chicken or any type of protein.



Bill and Carole Fairbanks News, from October 2025

I made baby back pork ribs for Social Hour on September 28, and it caused me to sweat bullets. I had one which was good but thought I wouldn't need to make them again anytime soon. But as I was leaving the sanctuary after church on the fifth, a man stopped me and said how much he liked them and hoped I would make them again. So, when the time is right, I will make them again.

Carole and I attended the Fall Senior Lunch on October 6th. It seemed that we, along with everyone else, enjoyed the event. Former members attend such as Jan Carpenter, Bob and Beth Mott, as well as others who did a great deal for Trinity. They have taken on the role of Trinity reunions.

This month my role, which many at Trinity are familiar with, as a primary care giver has ramped up. Fortunately, there are extended family members and friends nearby to help. We have been able to keep Carole socially active. On the 18th seven of us went to By-The-Sea's (BTS) production of "Self Help." As is characteristic of BTS plays the actors do a first-rate job. Carole enjoyed getting out and going, but later didn't remember it. Maybe I should alert the congregation concerning their next production, our son in law Rick Irons gets us a block of tickets.

Being a primary care giver impacts what I can do, getting away to attend meetings and conferences which I enjoy. Also, there is less time to relax and consider issues from an anthropological / Methodist perspective.

Sandlot bridge is relaxing. I enjoyed the 19th when Shirley Hulin and I faced Jim Stanfill and Glen Graham. Every one of the four hands we played, one of the partners had a hand they could bid, and the other partner had very little. Jim and Glen played every hand, Shirley and I tried our hardest to prevent them from making their bids. They made all of their bids, but never got an overtrick. Still, I found it relaxing playing with friends, apparently, I have become less competitive.

Before October expired, I had plans to carve a jack-ó-lantern.

Bill and Carole Fairbanks

November Birthdays

11/3 Shirley Hulin
11/3 Jora Landis
11/3 Charlotte Wood
11/5 Carole Fairbanks
11/8 Hailey Pascua
11/10 Ray Bracken
11/10 Ted Oliver
11/11 Monica Rochte
11/11 Tate Wittman
11/12 Alta Hall
11/21 Linda Bomstad
11/25 Owen Rochte
11/27 Karen Johnson



Happy Anniversary
Vaughn and Marian Kaser
November 29



Prayer List

Asking for your continued support in prayer for those in need.

If you or someone you know needs to be included on the prayer list, please fill out a prayer request located in the pew. Names will remain on the prayer list for four weeks unless otherwise requested. To be removed from the list, please contact the church office, 805-528-1649.

John Bonnett	Sharon Kraff
Ben Eggleston	Joan Landis
Carole Fairbanks	Marge
Clytis Pitzer	Scott Mace
Rachel Stones	Dianna McFarland
Linda Wagner	Kim Brown-Montenegro
	Ian Paige
Arden Beavers	Dana Roske
John Brandt	Elias Schiele
George Case	Nancy Schneider
Dani Cobb	The Scott Family
Evelyn Ellis	Clayton, Justin & Megan
Victor Feliciano	Shong
Gail	Randy Spears
Robert Gale	Cara Stewart
June Grillo	Steinnar Svennugsen
Sharalyn Hamilton	Meg Syfan
Gary & Pam Held	Carrie Trujillo
Brian Jensen	

Please pray for the following North District Churches during the month of November
11/2/2025 Bishop First UMC
First German UMC
11/9/2025 Atascadero UMC
Bethel Korean Mission Church UMC
11/16/2025 First UMC of North Hollywood
First UMC of Canoga Park
11/23/2025 First UMC of Pasadena
11/30/2025 Lancaster UMC



SAN LUIS CHAMBER ORCHESTRA

FALL CONCERT

SUNDAY NOVEMBER 2, 2025
3:00 PM

*Trinity United Methodist Church
490 Los Osos Valley Rd., Los Osos*

*Donation requested at the door
\$15.00 for 18 years and older, \$5.00 all others*

Intermission with refreshments

Music Director and Conductor Mark Kovacs

Program Includes:

An all-Beethoven concert:

Fidelio Overture

Symphony No. 5

Piano Concerto No. 4
W. Terrence Spiller, soloist



W. Terrence Spiller

www.sanluischamberorchestra.org/

slchamberorchestra@gmail.com

CONTACT US

Church email: church@trinitylososos.org Phone: 805-528-1649 Pastor's email: pastor@trinitylososos.org
Website: www.trinitylososos.org or follow us on Facebook: Trinity United Methodist Church, Los Osos, CA
Bishop: The Rev. Dottie Escobedo-Frank District Superintendent: The Rev. Garth Gilliam
Pastor: The Rev. Les Lungren Director of Church Administration: Mary Anne Meyer
Director of Music Ministries: Sarah Jane Scott Bell Choir Director & Pastor Emeritus: Rich Bolin
Pastor Emeritus of Visitation: Michael Eggleston Director of Media Ministries: Kasey P. Lindsay
Lay Leader: Beth Crizer V.C.C. Director: Bonnie Luther
Please email or call the TUMC Office if you wish to be removed from our mailing list.



LAND ACKNOWLEDGEMENT

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today.

May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Trinity United Methodist Church
P.O. Box 6775
Los Osos, CA 93412-6775

