

TRINITY UNITED METHODIST CHURCH

OCTOBER TRINITY VIEW



WEEKLY EVENTS

Sunday

Choir Rehearsal 9:15 am
Worship Service: 10:00 am
Social Hour: 11:15 am
Sandlot Bridge: 11:30 am

Monday

Knitting etc. Group: 2:00 pm
Literacy for Life: 7:00 pm

Tuesday

Tuesday Work Crew: 9:00 am
Food Box Distribution: 10-noon
AA Meeting: 12:00 pm

Wednesday

Prayer & Care Group: 11:30 am
AA Meeting: 12:00 pm
Trinity Ringers 6:30 pm
AA Meeting: 7:00 pm
Chancel Choir 7:30 pm

Thursday

AA Meeting: 12:00 pm
Literacy for Life: 7:00 pm

Friday

Food Box Distribution: 10-noon

MEETINGS

Thurs. Oct. 2, 2:00 pm
UWF Board Meeting

Thurs. Oct. 9, 2:00 pm
UWF Unit Meeting

Sunday, Oct. 12, 11:30 am
Trustee's Meeting

Wed., Oct. 22 10:30 am
TLC Meeting

SPECIAL EVENTS

Monday, October 6 at Noon
Senior Luncheon in the Social Hall

Friday, October 11
Girl Scout Leader Training

Friday, October 11
TCEG Soft Opening 9:30-11:30

Friday, October 24
TUMC 3rd Annual Talent Show
5:30 pm

Sunday, October 26
All Saints Day

Sunday, November 2
Consecration Sunday and
Luncheon after worship.



Thou Shalt

Moses is standing on top of Mount Sinai. He was there to receive the Ten Commandments from the Creator of Heaven and Earth. I was thinking about the Ten Commandments, and when I attended seminary, we came up with some of our own 'Thou Shalts.' To have some fun, I wanted to share these with you for this month's Trinity View.

Thou shalt not study in isolation; that is especially true today, as we always understand more profoundly and clearly when we are with a group on their spiritual journey.

Thou shalt remember that formation and transformation are central to your experiences; yes, you've been in Sunday School as a child, attended Home Church with Mike, and taken part in special studies with me. We hope that when you leave, you take what you have learned and heard and share those experiences with others who have questions or are curious about certain aspects of following Jesus.

Thou shalt respect the religious and spiritual beliefs and practices of others; that's what we stand for at Trinity. We recognize that people come from many different religious and spiritual backgrounds. Coming from diverse spiritual backgrounds helps us grow and thrive. We need to embrace the idea that there are many spiritual practices in our vast universe, and we should respect them all.

The last Thou shalt that I aim for in all the churches I have been called to is that Thou Shalt cultivate each person's unique gifts and ignite their passions. Everyone sitting in the pews at Trinity has unique gifts—some play the piano, some sing, some reach out beyond the walls, some teach, some plant, and all of you love.

I hope you found these Thou shalts interesting, and perhaps this month you will sit down and write out your own Thou shalts.

Les



Young at Heart Moment
September 14, 2025

Welcome to Pastor Les' first grandbaby!

Budget in the Making



*"A new command I give you: Love one another.
As I have loved you, so you must love one another."
John 13:34*

So, what do love, and the budget have to do with each other? We are coming up on October, stewardship month, which is a time to reflect on how we show our love for one another through our time, talents, and, yes, financial gifts. Throughout the month, you will have opportunities to reflect and pray, grounded in your love for God and one another.

As one piece of a larger reflection, you will receive a pledge card. What is a pledge card and why do we do it? Pledges are your way of committing to the church financially. We ask that you prayerfully look at your finances and see how you can help. I am the one who tracks pledges and giving so that we can give you financial statements, and that information is completely confidential. Knowing the pledges allows us to plan and adjust our budget so the church is financially sound.

We hope the pledge cards will be turned in on or before Consecration Sunday, November 2, 2025. On that Sunday, our finance team will be serving you a scrumptious lunch (provided by us... no budgeted funds will be used, just like every Sunday). While you are enjoying food and fellowship, we will document and tabulate the pledges and then announce the results in celebration. The following week we will then plug the numbers into our tentative budget and make adjustments as necessary, so the budget is ready to be approved by the Board of Trustees.



Home Church is taking a much-needed vacation. We'll keep you updated as to what will be happening next.



June 1, 2025, through August 2025, 24 households were signed up for the Ralphs Rewards program and the total donations were \$167.52. If you haven't linked your Ralphs card to the rewards program, please drop by the office or inquire at Ralphs.



The Missions Committee has started taking reservations for their Thanksgiving Basket Project. If you are new to TUMC, each year TUMC provides a Thanksgiving Box for community members to take home and prepare their own Thanksgiving Dinner. Each box contains a turkey, ham or turkey breast, and all the trimmings included, to make a special Thanksgiving dinner for their families. We will be collecting funds to help provide these boxes in the upcoming Sundays.

The Food Pantry can always use donations of canned fruit, oatmeal singles, and canned beans.

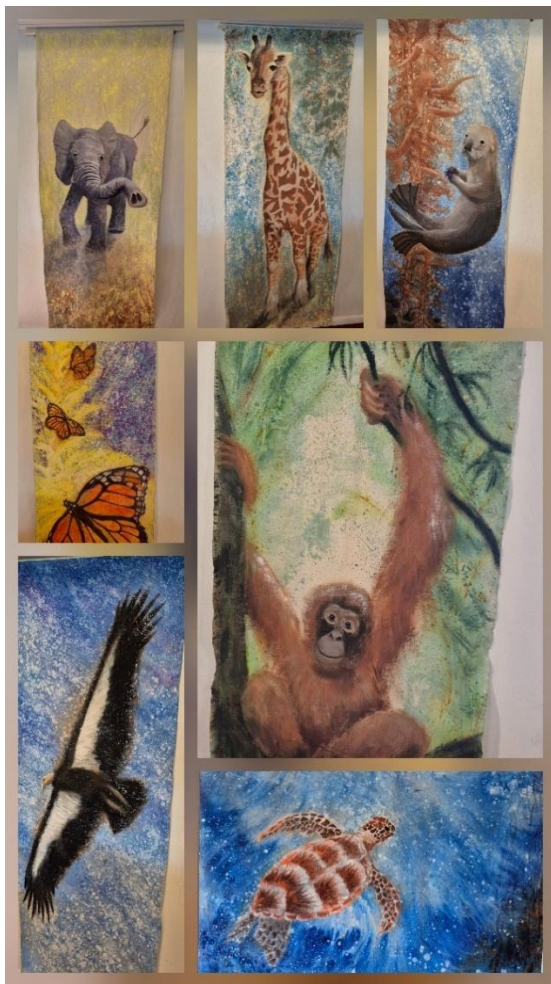
Did You Know?



Did you know that Ron Rose is a stamp collector? I believe he's also called a philatelist in the stamp collectors world. His array of stamps are often seen on the mailings from TUMC. If you have received one of his envelopes covered with beautiful stamps, be sure and thank him. He donates his stamps and time so we can mail out the Trinity View each month and other items to be mailed.



Village Children's Center (VCC) is asking for donations of baby wipes, they are running low. Thank you to everyone who has donated already! You can drop them off in the office or give them directly to Bonnie, VCC Director.



Thank you, Rebecca Overcashier Ellis! Rebecca displayed her beautiful artwork on the sanctuary walls during the Season of Creation. This series was her endangered animal paintings.

And don't forget to check out two of the windows in the sanctuary. (On the LOVR side of the church) She made two of the windows look like stained glass. All of that done with fabric, who would have guessed!

Thank you, Rebecca, we are happy that you have shared your artwork and talents with us.



United
Women
in Faith

UNITED WOMEN IN FAITH NEWS – OCTOBER 2025

Fall is really here. In addition to the leaves changing colors, for us in Los Osos, our weather is changing with less fog and more sunshine. Nice. It has become a busier time for UWF. We enjoyed hosting six UWF women from Arroyo Grande and two from Morro Bay at the September meeting with the two North District officers. It was good to get acquainted with the district officers and also with other UWF sisters.

At the October 9th unit meeting the program will be presented by Wendy Porter and Rebecca Ellis Overcashier. They both attended Mission U this summer where the program theme was "Hope," which seems like a good theme for all of us.

The annual bazaar is scheduled for Saturday, November 15. We encourage people to think about what they would like to donate, such as craft and knitted/crocheted items, plants, baked goods etc. It is our only fundraiser for the year and, as always, almost all the proceeds go to missions, both local and abroad.

Dates to remember:

Unit meetings: October 9, November 13 and December 11, at 2:00 PM in Social Hall.

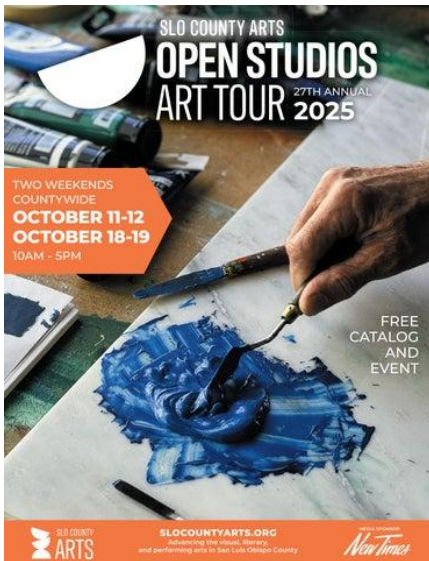
Fall Bazaar: Saturday, November 15

Blessings,

Alta Hall



We're all looking forward to the Senior Luncheon on October 6 at noon in the Social Hall. Please RSVP to Sandy Green or the TUMC Office by October 3 to let her know you would love to attend.



Open Studios Art Tour
October 11-12 and October 18-19, 2025

The San Luis Obispo County Open Studios Art Tour, a program of SLO County Arts Council, takes place each year over two weekends in October, National Arts and Humanities Month. Free to the public, fine artists and crafters open their studios to showcase their art and share their processes. Visitors create their own self-guided tours using the catalog of participating artists.

Join us for the Preview Show featuring a selection of participating artists' work!

Friday, October 3rd | 5 to 8pm
Region Event Center | 858 Monterey Street, **SLO**

Catalogs are available in the narthex.



Just a few of the hard-working Tuesday Crew guys, taking a well-deserved break!



Bill and Carole Fairbanks News, SEPTEMBER 2025

I should have mentioned this last month when I got a new pacemaker at French Hospital, Debbie Wacker was volunteering at the hospital, and it was great to see her!

This month it was nice to see the "peace art" that Holly Holtz created for the sanctuary. She is now on the Worship Committee, which will be good for both Holly and Trinity.

On the 22nd after Cheryl Dove played a hand with Jim Stanfill and Glen Graham. Glen's partner had to leave, so I became his partner. He had great cards, but I had very little support. One hand he bid a heart and since I had four of them, but little else, I supported his suite, and he easily made his bid. The next hand he opened with a no trump, indicating a strong hand, Unfortunately I only had two jacks in my hand, still Glen made his bid.

On the 21st Rev Lungren sent the congregation an email on forgiveness. On the 23rd I sent him a copy from *the Christian Science Monitor Daily* that provided support for Les' message and commented it seemed he was "on the cutting edge." He replied he tries to "be on the edge as much as possible." I take that to he means the "cutting" rather than the "trailing" edge.

Carole fell as we were preparing to go to bed Saturday night the 27th. It was not the way we had hoped to end the month. Our son, Bill, helped get her up, she seemed OK, and we got her into bed. Sunday, she said she would go to church, but when she attempted to get up the stairs from the parking lot, pain kicked in. From start to finish the music during the service was excellent, which for me put a positive spin on a challenging day. Immediately after the service Carole had enough, so we headed home.

Bill and Carole Fairbanks



A few members of our congregation are part of this **Central Coast Readers' Theatre**. Please plan to come out and support them on Sunday, October 19 at 3:00 pm at St. Benedict's Episcopal Church here in Los Osos.

\$10.00 donation requested at the door.

October Birthdays

10-04 Cole Upton
 10-08 Ursula Holz
 10-13 Ray Purcell
 10-14 Tom Tatton
 10-20 Jan Lloyd
 10-20 Danielle Lungren
 10-22 Gabriel Sidener
 10-25 Bonnie Luther (VCC)
 10-26 Eric Hulin
 10-29 Donna McSpadden
 10-30 Gerard Wells

October Anniversaries

Jim & Julia Stanfill October 5
 Bob & Beth Crizer October 12



Please contact the office if you would like to have Ray Brackens new address or phone number.

Prayer Requests

Prayer List

Asking for your continued support in prayer for those in need.

If you or someone you know needs to be included on the prayer list, please fill out a prayer request located in the pew. Names will remain on the prayer list for four weeks unless otherwise requested. To be removed from the list, please contact the church office, 805-528-1649.

Ray Bracken – Moving

Ben Eggleston

Carole Fairbanks

Phyllis Harwell

Mary Jefferson

Clytis Pitzer

Rachel Stones

Linda Wagner

Arden Beavers

Johnnie Buell

Dani Cobb

Nicolas Devine

Evelyn Ellis

Victor Feliciano

Gail

Robert Gale

June Grillo

Sharalyn Hamilton

Cleo Holz

Brian Jensen

Sharon Kraff

Kyle

Family of Jessica Lane

Joan Landis

Marge

Dianna McFarland

Kim Brown-Montenegro

Ian Paige

Family of Linda Ponche

Dana Roske

Elias Schiele

Nancy Schneider

The Scott Family

Clayton, Justin & Megan

Shong

Randy Spears

Cara Stewart

Steinnar Svennugsen

Meg Syfan

Carrie Trujillo

Please pray for the following North District Churches during the month of September

10/5/2025 North Ridge UMC

Moorpark UMC

10/12/2025 Knollwood UMC

Grace Korean UMC

10/18/2025 Glendale First UMC

10/26/2025 Estero Bay UMC

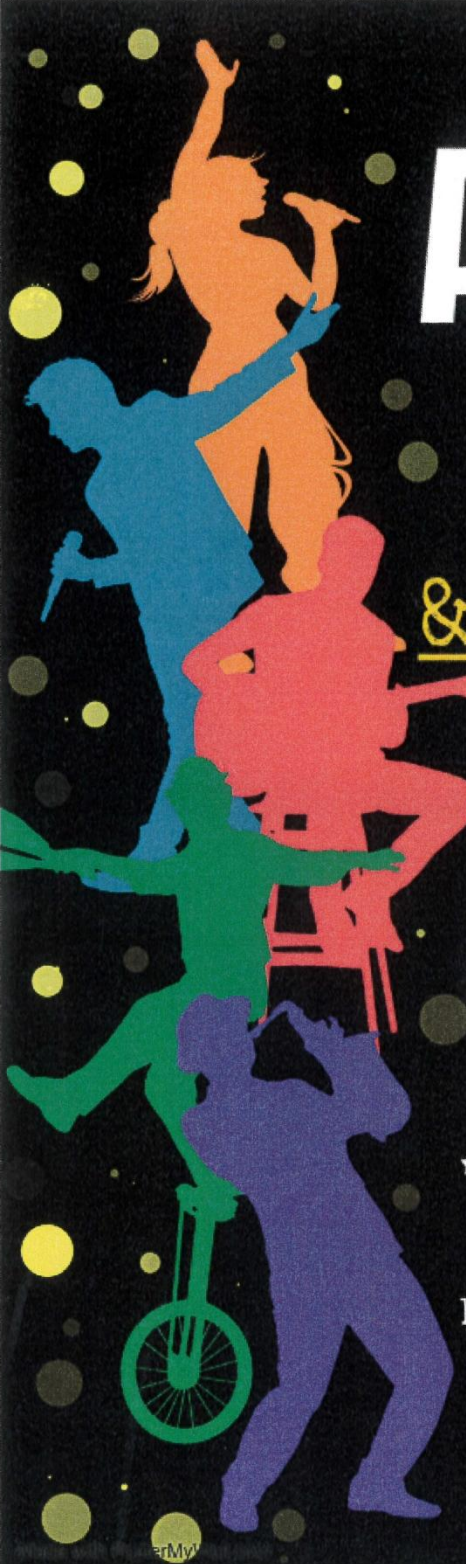
First UMC of Paso Robles

Prayer is where
the action is.

JOHN WESLEY

TALENT SHOW 2025

Watch your emails for details of how you can participate.



Trinity UMC Los Osos presents...

A TALENT SHOW

& SOUP COOK-OFF

FUNDRAISER

*A deSSert auction will take place at the event!

Join us!

FRIDAY, OCTOBER 24th,

@ 5:30pm

***ALL PROCEEDS GO TOWARDS THE
MUSIC MINISTRY PROGRAM AT
TRINITY UMC AND THE BARBARA
HOFF MEMORIAL SCHOLARSHIP FUND.

*Deadline to sign-up
is Sunday, October 19th.

Contact the church office for more information:
CHURCH@TRINITYLOSOSOS.ORG

CONTACT US

Church email: church@trinitylososos.org Phone: 805-528-1649 Pastor's email: pastor@trinitylososos.org
Website: www.trinitylososos.org or follow us on Facebook: Trinity United Methodist Church, Los Osos, CA
Bishop: The Rev. Dottie Escobedo-Frank District Superintendent: The Rev. Garth Gilliam
Pastor: The Rev. Les Lungren Director of Church Administration: Mary Anne Meyer
Director of Music Ministries: Sarah Jane Scott Bell Choir Director & Pastor Emeritus: Rich Bolin
Pastor Emeritus of Visitation: Michael Eggleston Director of Media Ministries: Kasey P. Lindsay
Lay Leader: Beth Crizer V.C.C. Director: Bonnie Luther

Please email or call the TUMC Office if you wish to be removed from our mailing list.



LAND ACKNOWLEDGEMENT

We acknowledge with gratitude the yak tityu tityu yak tilhini (ytt) / the Northern Chumash People, and the Salinan Tribe / the T'epot'aha'l, "People of the Oaks," on whose ancestral homelands we gather, and whose vibrant culture continues today.

May we always remember that the Earth does not belong to us, that we belong to the Earth, and that we are all relatives in life. Help us to be instruments of justice and peace for all people in today's world.

Trinity United Methodist Church
P.O. Box 6775
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