

BIBLE READING - MAY 2019

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May 1	Matthew 15
May 2	Matthew 16
May 3	Matthew 17
May 4	
May 5	
May 6	Matthew 18
May 7	Matthew 19
May 8	Matthew 20
May 9	Matthew 21
May 10	Matthew 22
May 11	
May 12	
May 13	Matthew 23
May 14	Matthew 24
May 15	Matthew 25
May 16	Matthew 26
May 17	Matthew 27
May 18	
May 19	
May 20	Matthew 28
May 21	Romans 1
May 22	Romans 2
May 23	Romans 3
May 24	Romans 4
May 25	
May 26	
May 27	Romans 5
May 28	Romans 6
May 29	Romans 7
May 30	Romans 8
May 31	Romans 9

5x5x5 Bible Reading Plan

navigators.org

Read through the New Testament in 5 days a week, 5 minutes a day.

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

- Underline or highlight key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.
- 2. **Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
- 3. Ask and answer some questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.
- 4. Capture the big idea. God's Word communicates big ideas. Periodically ask, What's the big idea in this sentence, paragraph, or chapter?
- 5. Personalize the meaning. When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: How could my life be different today as I respond to what I'm reading?