



BIBLE READING - JANUARY 2019

January 7	Mark 1
January 8	Mark 2
January 9	Mark 3
January 10	Mark 4
January 11	Mark 5
January 12	
January 13	
January 14	Mark 6
January 15	Mark 7
January 16	Mark 8
January 17	Mark 9
January 18	Mark 10
January 19	
January 20	
January 21	Mark 11
January 22	Mark 12
January 23	Mark 13
January 24	Mark 14
January 25	Mark 15
January 26	
January 27	
January 28	Mark 16
January 29	Acts 1
January 30	Acts 2
January 31	Acts 3

5x5x5 Bible Reading Plan

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Read through the New Testament in 5 days a week, 5 minutes a day.

5 minutes a day | If you're not currently reading the Bible, start with 5 minutes a day. This reading plan will take you through all 260 chapters of the New Testament, one chapter per day. The gospels are read throughout the year to keep the story of Jesus fresh all year.

5 days a week | Determine a time and location to spend 5 minutes a day for 5 days a week. It is best to have a consistent time and a quiet place where you can regularly meet with the Lord.

5 ways to dig deeper | We must pause in our reading to dig into the Bible. Below are 5 different ways to dig deeper each day. These exercises will encourage meditation. We recommend trying a single idea for a week to find what works best for you. Remember to keep a pen and paper ready to capture God's insights.

1. **Underline or highlight** key words or phrases in the Bible passage. Use a pen or highlighter to mark new discoveries from the text. Periodically review your markings to see what God is teaching you.
2. **Put it into your own words.** Read the passage or verse slowly, then rewrite each phrase or sentence using your own words.
3. Ask and answer some questions. Questions unlock new discoveries and meanings. Ask questions about the passage using these words: who, what, why, when, where, or how. Jot down some thoughts on how you would answer these questions.
4. Capture the big idea. God's Word communicates big ideas. Periodically ask, What's the big idea in this sentence, paragraph, or chapter?
5. Personalize the meaning. When God speaks to us through the Scriptures, we must respond. A helpful habit is personalizing the Bible through application. Ask: How could my life be different today as I respond to what I'm reading?