

MAIN POINT:

Am I healthy vertically and horizontally?

ICEBREAKER: If you could be any kind of cereal, what kind would you be and why?

EXPLORATION:

1. Read Genesis 2:18-25. How is your relationship with God benefiting the relationships that you have in your life (i.e. marriage, friendships, co-workers)? How do you plan on improving these relationships?
2. Read John 2:1-12. Do you think that it is ironic that Jesus' first miracle was at a wedding? Why or why not... Discuss with your group. What is a miracle that you could use in your life right now?
3. Read John 1:29-34. What is one thing that you remember from your baptism? Why do you think that one thing stuck out to you? How has baptism effected your horizontal relationships (remembering baptism is a symbol that you follow Jesus)?

APPLICATION:

1. Do you think that it is a coincidence that there was a wedding in Genesis 2 and in John 2? Discuss your ideas with your group.
2. What are ways that your vertical relationship (relationship with God) is influencing the horizontal relationships (relationships with others)? How have you seen your horizontal relationships change due to the vertical relationship?
3. As you end this, spend time in prayer. Ask the Lord to improve your vertical relationship so that you can pour into the horizontal relationships. Spend this next week reflecting over this message and find ways that you are able to pour into people's lives the way that God can pour into yours, if you allow Him.