

MAIN POINT:

**God Will Look Out For Those
Who Are Willing To Lose Themselves**

ICEBREAKER: Who is the most humble person you have ever met? Why?

INSTIGATION:

1. What is the difference between selfish, selfless, self absorbed and self centered?
2. Do you think you can be self centered without being selfish?

EXPLORATION:

1. Read Philippians 2:1-4. How does this passage state that we are supposed to relate to each other? What does it mean to have one mind and be unified in the spirit? Give an example.
2. Read Philippians 2:4. What are the implications of looking out for others interests in your marriage, school, parenting, and work relationships?
3. Read Philippians 2:5-8. **Make a list of all of the ways that Christ demonstrated selflessness in this passage.** *(Context Clues- this passage was known as the "kenosis passage" in biblical times. It comes from the Greek word kenosis that means "to empty oneself". This passage was written in prose or poetic form so that it would be easy to memorize the great lengths that Christ went to to empty Himself.*

APPLICATION:

1. Read Philippians 2:9-11. What benefits did Christ gain by emptying Himself?
2. According to this passage would you describe yourself as selfish, selfless, self centered or self absorbed? Why? What could you do to become more selfless?
3. In light of this passage discuss the Main Point of this study:

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4. Have a time of prayer. In this prayer time make sure to pray for members who feel like they struggle with selfishness. Pray that the Lord will adjust our MOODS!!