

Sermons from the Greats II: In the Spirit of MLKJR

“Loving Those We’d Rather Avoid”

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Sermon Summary & 5-Day Devotional Jan. 18th, 2026

Sermon Summary

This morning, I invited us into Matthew 5:43–48 and into the spirit of Dr. Martin Luther King Jr. to face a command that pushes against every instinct: love your enemies and pray for those who persecute you. Jesus’ words are not soft sentiment but a call to costly, active love — a love that chooses the good of another even when that other has wronged us. Loving enemies begins with honest inner work: look first at the plank in your own eye, ask God to reveal the parts of you that provoke harm, and take responsibility where you have caused pain. That self-examination is not a way to avoid justice but a necessary clearing of the heart so love can flow without hypocrisy.

Once inner work has begun, we must refuse to reduce people to their worst actions. Every person, even those who hurt us, bears the image of God; that worth does not erase the harm done, but it prevents us from justifying cruelty. Seeing the image of God in the other opens the door to a love that is deliberate and sacrificial. I named the Greek word *agape* as the form of love Jesus calls us to — not erotic attraction, not merely liking or friendship, but a willful, redemptive goodwill that seeks the other’s ultimate good even when reciprocity is absent.

This love does not excuse injustice. It opposes wrongdoing and upholds dignity simultaneously. Hate multiplies; retaliation only extends cycles of violence and hardens the heart of the hater. Love, by contrast, can break cycles. Sacrificial love disarms power rooted in domination and creates space for repentance, transformation, and reconciliation over time. I pointed to Lincoln and Stanton and, most of all, to Jesus on the cross as examples: love that refuses to permit evil to have the final word.

The call is public as well as personal. Loving enemies must shape our streets, schools, workplaces, and policies. It is not easy. It demands courage, forgoing revenge, blessing those who curse, and praying for those who oppose. But when we walk this way, we not only obey Christ — we reveal him to a hurting world and join in the work that transforms enemies into neighbors, wounds into wisdom, and suffering into testimony.

Key Takeaways

- Start with honest self-examination

Examine the motives, blind spots, and defenses that make you quick to hate. Confession and humility clear the way for genuine repentance and change, and they prevent “love” from becoming self-righteousness. This inner work is practical: it identifies real ways you’ve wounded others and prepares you to repair what you can.

- See the image of God

Refusing to reduce people means holding two truths at once: their dignity and their culpability. This posture restrains cruelty without dismissing justice. When you see the image of God, decisions about discipline, boundaries, or reconciliation are shaped by mercy informed by truth.

- Choose agape over mere liking

Agape is a willful commitment to another’s ultimate good rather than an emotional response. It asks you to act — bless, pray, protect — even when affection is absent. Choosing *agape* trains the will and reshapes relationships from transaction to transformation.

- Love breaks cycles of hatred

Hatred escalates and narrows vision; love enlarges it and creates openings for change. Sacrificial love is costly but prevents the hater from being consumed and provides a possibility for the harmed to lead with wisdom. Practically, stepping out of retaliatory logic invites a different future for both parties.

5 Day Devotional Based on the Sermon

Day 1: Embracing Jesus' Radical Command to Love

Jesus' command to love our enemies is perhaps the hardest instruction ever given, challenging our deepest human instincts for self-preservation and retaliation. It goes against our natural impulse to defend ourselves, seek vengeance, or cut off those who have wronged us. This is not a call to tolerate or ignore, but to actively love, even those we'd rather avoid. It is a forceful invitation into a new reality, demanding a courageous and sacrificial response from our hearts.

Matthew 5:43-44

You have heard the old saying, 'Love your neighbor and hate your enemy.' But I tell you something new: love those who are against you, and pray for those who cause you trouble.

Reflection: Where in your life do you feel the most resistance to Jesus' command to love someone you consider an "enemy" or someone difficult? What specific emotions arise when you consider extending love to them?

Day 2: The Inner Work of Self-Examination

Before we can truly extend love to those who have wronged us, we are invited to look within ourselves. The first step in loving our enemies is often self-examination, humbly considering if our own actions or inactions might have contributed to the brokenness in a relationship. This courageous introspection asks us to search our hearts, revealing anything that might hinder healing and prevent love from flowing freely. It's about acknowledging our own part, however small, in the dynamics of conflict.

Matthew 7:3-5

Why do you focus on the tiny speck in your friend's eye, yet fail to notice the large plank in your own? How can you say to your friend, 'Let me take the speck out of your eye,' when you have a plank in your own? You hypocrite! First, remove the plank from your own eye, and then you will see clearly enough to help your friend with their speck.

Reflection: What past action or inaction on your part might have contributed to a strained relationship, and what humility is God inviting you to embrace regarding it?

Day 3: Recognizing Divine Worth in Every Person

To love those we'd rather avoid, we must refuse to reduce them to their worst moments or behaviors. Every individual, regardless of their actions, carries the indelible mark of God's image within them. This inherent worth, though it may be marred or obscured, cannot be erased. Remembering this dignity in even our adversaries opens a difficult but essential door to love, preventing us from justifying cruelty and allowing bitterness to take root in our hearts.

Genesis 1:27

So God created humanity in his own image, in the very image of God he created them; male and female he created them.

Reflection: When you think of someone who has caused you pain, how might you intentionally shift your perspective to acknowledge the inherent dignity and image of God within them, even if their actions are unacceptable?

5 Day Devotional Based on the Sermon

Day 4: Choosing Agape: Unconditional, Redemptive Goodwill

The love Jesus commands is not a sentimental feeling, but a profound choice—a conscious decision to seek the ultimate good for another, even when they have not done so in return. This "agape" love is understanding, creative, and redemptive goodwill for all people, seeking nothing in return. It means bending your will to bless rather than curse, to pray instead of seeking revenge, and to resist injustice without becoming cruel yourself. This divine love empowers you to oppose a person's harmful actions while still embracing their inherent dignity.

Matthew 5:45

This way, you will show yourselves to be true children of your Father in heaven. For he makes his sun rise on both the evil and the good, and sends rain on both the righteous and the unrighteous.

Reflection: In what specific relationship are you being called to practice "agape" love, choosing their ultimate good even when it feels undeserved or unreciprocated?

Day 5: Love's Transformative Power Breaks Cycles of Hate

Hate only perpetuates cycles of pain and destruction, multiplying what it touches and ultimately destroying the hater by distorting their perception and consuming their heart. Love, however, possesses a profound redemptive power. It opens doors that force can never open, creating space for repentance, growth, and reconciliation. While it may take time, sacrificial love sets the one who loves free and endures where power rooted in domination eventually collapses. It is the courageous act that breaks the endless cycle of retaliation.

Romans 12:21

Do not let evil conquer you, but instead, conquer evil with good.

Reflection: Considering a situation where you've felt caught in a cycle of negativity or retaliation, what small, courageous act of love could you initiate to begin breaking that cycle this week?