

Vaccine Quick Sheet:

Routine Vaccines and when they are typically administered (Usually received during childhood):

Hepatitis B: 1st dose given at birth, 2nd dose given at 1-2months of age, 3rd dose given at 6-15months of age

Rotavirus: 1st dose given at 2 months of age, 2nd dose given at 4 months of age, sometimes a 3rd dose is administered at 6 months of age depending on the manufacturer

DTaP/TDaP: tetanus, diphtheria, and pertussis: 1st dose given at 2 months of age, 2nd dose given at 4 months of age, 3rd dose given at 6 months of age, 4th dose given at 15 months of age, 4th dose given between 4-6 years of age then booster every 10 years after that. Since 2011 most OB's have been administering either the DTaP or the TDaP during the second half of pregnancy to prevent neonatal pertussis.

IPV or polio: 1st dose given at age 2 months, 2nd dose given at age 4 months, 3rd dose given between 6-15 months, 4th dose given between 4-6 years of age: this should provide lifetime immunity

Flu vaccine: recommended annually: usually offered from August – December

MMR (measles/mumps/rubella): 1st dose given between 12-15 months of age, 2nd dose given between 4-6 years of age. Many women are given the

Varicella (chicken pox): If you are over the age of 25 you may have had chicken pox as a child and do not require a vaccine. If you are younger than 25 the schedule is as follows: 1st dose between 12-15months of age, 2nd dose between 4-6yrs of age.

Dominican Republic Specific Vaccines/Preventative Medications:

Hepatitis A: Recommended for most travelers, including those with "standard" itineraries and accommodations. 1 dose prior to leaving, may receive booster in 1 year and should provide lifetime immunity

Hepatitis B (if you have not been previously vaccinated): Consider for most travelers; recommended for those who might be exposed to blood or other body fluids or be exposed through medical treatment (e.g., for an accident) Series of three injections: 1st dose at any time, 2nd dose 1 month after the first, 3rd dose 6 months after initial vaccine and should provide life time immunity

Typhoid: Recommended for most travelers, especially those who are staying with friends or relatives; visiting smaller cities, villages, or rural areas where exposure might occur through food or water; or prone to "adventurous eating." You may receive an injection that gives you immunity for 3 years OR take a live vaccine tablet that provides immunity for 5 years

Malaria Prophylaxis: Antimalarials are recommended for travelers to malaria risk areas in the Dominican Republic. Your doctor may prescribe you: Atovaquone-proguanil, chloroquine, doxycycline, or mefloquine.

When you make an appointment with a physician you should also ask for a prescription in case you get **Traveler's diarrhea:** the recommended treatment is either Ciprofloxacin 500mg twice daily for 3 days OR Azithromycin 500mg daily for 3 days

This link to the CDC website will provide you with additional information:

https://wwwnc.cdc.gov/travel/destinations/traveler/mission_disaster/dominican-republic

Travel Clinic Information:

Midstate Medical Infectious Disease & Travel Clinic:

61 Pomeroy Avenue
Meriden, CT 06450

203-694-5444

Prospective travelers should call the Travel Clinic six weeks prior to their departure date. The Travel Clinic is open Monday through Friday from 8:00 am to 4:30 pm Appointments are scheduled Tuesday, Wednesday, and Thursday from 9 am to 12 pm.

<https://www.passporthealthusa.com/locations/ct/>

Passport health has multiple locations throughout Connecticut and specializes in traveler's health.

You may also make an appointment with your regular family physician who can order the recommended vaccines/medications for you OR refer you to an in-network provider.