



## How Can I Pray for You?

### *We Prayed for you in June:*

Kathy Adams, Hugh Adams, Linda Alcorn, Kenneth Allen, Bobby Allred, Ronnie Anderson, Rubye Anderson, Rosemary Andrews, Herman Bean, Becky Bean, John Birdwell, Dean Boles, Kaye Bowman, Maggie Brown, Frances Buckner, David Buckner, Clarcie Bush, Rene Canfield, Joy Carter, Karma Carter, Peggy Cooper, Tammy Crabtree, Matilda Craighead, Margaret Cunningham, Amanda Cunningham, Gigi Drumm, Maggie Drumm, Mary Dyer, Louise Flatt, Jeremy Fortner, Vickie Fredebeil, Geneva Glasgow, Linda Griffin, Anthony Hammock, Wilma Hayes, Blake Houston, Tim Jennings, Ann Judd, Lisa LaFever, Zachary Larnard Family, Dave Leaf, Angela Leffew, James Parker Long, Jan Lowe, Shawna Martin, Rhett Massey, Renee Mayher, Sterling McCanless, Pat McCanless, Cheri McCormick, Marian McDoniel, Buddy Morgan, Opal Nichols, Jack Pangle, Paula Palk, Chloe Savage, Lyman Schroeder, Jan Shepherd, Jan Shuster, Gladys Simmons, Claudine Smith, Marty Smith, Evelyn Solt, Cornelia Steakley, Scotlynn Stroud, Lyda Taylor, Jordan Terry, Aletha Tino, Alfred Weaver, Kaige Whitaker, Claudine White, Charles Williamson, Phillip Worsham, Joni Worsham, Gary Wyatt, Dorisse Yokley, Short Mountain Bible Camp

#### **This Week's Lesson**

**Sunday Morning** - Four Essential Ingredients for Maintaining Unity  
Ephesians 4.1-3

**Sunday Night Sermon** - Great Is Your Faithfulness  
Lamentations 3.21-26

## RULES FOR HAPPY LIVING

A. T. Pate, minister of the Central Church of Christ in Nashville, shared these "Rules for Happy Living" with me a couple of months ago. I have read it many times and profited from it. So I want to share it with you. Enjoy!

1. Count your blessings, not your troubles. Other people don't need your troubles; they have enough of their own (Malachi 3.10).
2. Live one day at a time. You can control and conquer any sin if you will learn to live one day at a time (James 4.13-15).
3. Learn to say, "I love you." Break the "alabaster box" of kindness to as many people as possible each day (Mark 14.3-6).
4. Learn to be a giver (not a getter). If you are failing to get out of life what you want it is because you are expecting to get instead of give (Luke 6.38).
5. Seek for good in everyone and in everything. Be a "good" seeker and not a "fault" finder (Matthew 7.1-5).
6. Pray every day. Reserve a time in your day to thank God for His many blessings and ask for His guidance (Luke 18.1).
7. Do at least one good deed each day. Plant the seed of goodness and it will produce after its kind (Acts 10.38).
8. Learn to count. All things have a place in life. Some people cannot keep the important things in first place (Matthew 6.33).
9. Let nothing bother you. We let too many little things destroy our life. We even allow imaginary things to bother us (Philippians 4.7).
10. Practice the "Do it now" habit. The road to hell is paved with good intentions (2 Corinthians 6.1-2).
11. Fill your life with good. Clean out the trash and fill your life with good thoughts and good deeds (Philippians 4.8).
12. Learn to laugh and learn to cry. Over 70% of all physical ills could be overcome if we could learn these (Romans 12.15).
13. Learn to practice the happiness habit. Learn to smile, and the world will smile with you (Philippians 4.4).
14. Learn to fear nothing or no one. Think on your powers and not on your weaknesses. Crowd out fears with faith (Hebrews 11.1-6).
15. Let go and let God take over. The only way to find peace and happiness is to let God take the controls of our life (Psalm 23).

**Buddy Johnson**

## From John's Desk

**Galatians 2:1-5** *Then after fourteen years I went up again to Jerusalem with Barnabas, taking Titus along with me. I went up because of a revelation and set before them (though privately before those who seemed influential) the gospel that I proclaim among the Gentiles, in order to make sure I was not running or had not run in vain. But even Titus, who was with me, was not forced to be circumcised, though he was a Greek. Yet because of false brothers secretly brought in—who slipped in to spy out our freedom that we have in Christ Jesus, so that they might bring us into slavery—to them we did not yield in submission even for a moment, so that the truth of the gospel might be preserved for you.*

Fourteen years after Paul had been to Jerusalem the first time, he returned. Unfortunately, while much time had passed similar problems continued to persist within the church. Fourteen years after Paul left, the church was still struggling about the relationship between the Gospel and freedom. It seems as though the question that Paul was faced with is a similar question that we are faced with today. The question that we are faced with is this: What freedoms can be enjoyed without putting a stumbling block before the “weaker brother?” For Paul, circumcision was a line that could not be crossed (at least for Titus).

*Why is Galatians 2:1-5 important?*

*What do we do with a text like this?*

1. We should consider the conscience of those around us when making decisions about what could be done within the church. There are things that we could do, but we must consider the consequences of those choices. For Paul, there were times when allowing the “weaker” brother’s conscience to have the final say was appropriate. There were other times when Paul stood his ground and defended doing things for the sake of Christ regardless of how it made believers feel. What principle does that lay out for us? Countless books and articles have been written on this topic. All I know to say is this: We must have love in our hearts, both for our brothers and non-believers, and use good judgment with wisdom when making decisions.
2. The truth will set us free. If there are new ministry opportunities that we are convicted could help transform Cookeville, all we must do to see if they are appropriate is view the results. The truth will never make us liars. Paul knew he would be vindicated for standing for the truth in the situation in Jerusalem. When the truth is on your side, vindication will come.

God Bless, **John**

## Collins' Corner

**Matthew 5:14-16** *"You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven."*

**Light exposes.** Light makes us vulnerable. There are things that you can hide when you're in the dark. People can't fully see you—they can't see your faults. The things you struggle with. Your secrets. The things that you want nobody else to know—you can hide those in the dark. The light doesn't work that way. Light opens you up. It exposes things that are hidden by the dark. Here's the deal—when Jesus tells his followers that they are the light of the world, he knows what that means. He knows that followers would be vulnerable. That their lives would be open for people to see. Even the things that we don't want others to see—that's part of it. The raw and real parts of our lives help shape not only who we are but those that can see us. When you follow Christ, you cannot hide. If you think you can, then you are not actually following him. You're watching.

**Where does my light point people to?** Everyone's light shows people something. What does it show them? Does it show them anything about the Lord? Often times, my light points people back to me. They see me, what I do, how I act, the life I live. It's really easy for my life to reflect all the good things that I do—it's much harder for my life to reflect on the Lord. How he uses me, us, to carry out his will.

**Purpose drives action.** When I have a purpose, I do things based off that purpose. If my purpose is to make all A's on my exams coming up, then what am I going to do because of that purpose? Study hard. When my purpose in all that I do is to point people to Jesus, my actions change. You see how that works? Even if I've done good things before, served others before, my actions will still change. When my purpose changes from just helping you out to showing you Jesus, then the way I serve you is going to change. My actions won't point anyone to Jesus, not the real Jesus, until my purpose is to do so.

**Matt**

# News, Prayers & Announcements

## THANK YOU!

Dear Church Family, thank you for all the prayers, visits, cards and donations made in honor of my mother's passing. Your thoughtfulness is greatly appreciated.

In Christian Love, **Mack & Carolyn Fisher and Family**

Thank you all for the cards, calls and prayers sent on my behalf. It is so wonderful to have a caring church family.

In Christian Love, **Clarcie Bush**

## Our Sick

**Karma Carter** began her four-month chemo treatment Tuesday.

**Jackie Tidwell** is now home recuperating from heart surgery.

**Louise Flatt** is going to therapy twice a week. She is recovering very slowly from the fall.

**Lyman Schroeder** remains in Bethesda, room #204-B for therapy.

Sympathy to **Teresa Hampton** in the passing of her sister, **Susan Leonard**. There will be a celebration and memorial of her life at the Pegram Church of Christ on Thursday, July 14, from 6-8 PM.

Sympathy to the family of **Pauline Ballard**. She was the sister-in-law of **Ruby Anderson**, aunt of **Donald Anderson** & cousin to **Rosella Smith**. Her funeral was held Sunday.

Sympathy to **Sarah White** in the passing of her cousin, **Bruce McCormick**. His funeral was held last week.

*Please see or contact Jim Dale if you could provide a meal to assist a couple of our members. 979-2895*

## Our Shut-Ins

Bethesda: Lyman Schroeder, Jan Shuster & Lyda Taylor

Heritage Pointe: Peggy Cooper, Wilma Hayes & Marian McDoniel

Morningside: Ann Judd

NHC Healthcare: Evelyn Solt, Aletha Tino

At Home: Hugh & Kathy Adams, Herman & Becky Bean, Maggie Brown, Matilda Craighead, Margaret Cunningham, Mary Dyer, Geneva Glasgow, Ralph Medley, Sterling & Pat McCanless, Gladys Simmons, Claudine Smith, Marty Smith, Cornelia Steakley, Jordan Terry and Charles Williamson

Bridal Tea: There will be a bridal tea for **Bobby Allred & Allison Hamilton** Sunday, **July 17**, in the Fellowship Hall, from 1:30 to 3:00. They are registered at Walmart, Kohl's, Belk and Sears.



MOVIE DAY Thursday, July 14 Monsters vs. Aliens. \$4 (admission, popcorn, drink). Starts at 10:00am. Meet at theater at 9:45. Meet at church playground afterwards and bring your lunch (weather permitting)

FUN IN THE FOUNTAIN Monday July, 18. Meet at Dogwood Park's fountain at 10am for a splashing good time. Bring towels and snacks. Wear suits and sunscreen. (weather permitting)



Everyone is invited to a come-n-go 90th Birthday Party for **Paul Wright** on **Saturday, July 23, from 1-3pm**, at the Upper Cumberland Christian Home Community Center. *Your presence is your gift to Paul!*

**Laura Holley, Daughter**

Leighton Sissom's Class will have a **picnic** on the patio of their house at 10am **this Saturday, July 16**. In the event of rain, it will be held inside. Two vans will leave the church parking lot at 9:45 am for those who would like a ride. Joel Cowan and Adriel Stout will be driving. See one of them if you want to reserve a space on a van, or car-pool with fellow members, to avoid parking problems.

Young at Heart: **Everyone is invited!**  
**Nashville Sounds Game July 23**

- △ Sign up sheet is on the YAH board
- △ Tickets are \$20 each
- △ We will leave the parking lot at 5:00pm
- △ Game starts at 7:05pm

See **Curtis Shinsky**



Gospel Meeting: The church van will be going to McCoinsville Church of Christ on **Monday, July 25**, to hear Bro. Brant Stubblefield. We will leave at 6:00pm.



MAGI Work Night: Our next **work night** is **July 25th** from 4:30-7:30pm. Please let Paula Kelly or Lisa Rhodes know if you plan to attend.

Magi Items for July: flashlights, jump ropes, stuffed animals and yo-yo's.

# BIRTHDAYS

**July 17-23**

- |                              |                         |
|------------------------------|-------------------------|
| 17 - Beverly Bynum           | 21 - Paul Wright (90)   |
| 17 - Pam Carver              | 22 - Cathy Dyer         |
| 17 - Erik Cumby              | 22 - Earline Elkins     |
| 17 - Melissa Cumby           | 22 - Mary Anne Lankford |
| 17 - Katie Patterson         | 22 - David Vaughn       |
| 18 - Sterling McCanless (92) | 23 - Nicole Anderson    |
| 18 - Shelby Myers            | 23 - Chandler Gaw       |
| 19 - Sarah Randolph          | 23 - Chad Gilbert       |
| 19 - Owen Webb               | 23 - Paula Kelly        |
| 21 - De'Andre Jaquess        | 23 - Charles Williamson |



**Church of Christ**  
521 S. Jefferson Ave.  
Cookeville, TN 38501

Web Site: <http://www.jacoc.org>

Facebook: <https://www.facebook.com/JeffersonAvenueCOC>

<u>Sunday, July 10, 2016</u>	
Bible Class.....265	
Sunday Morning.....558	
Sunday Evening.....199	
Wednesday Night.....219	
Contribution.....\$16,263	
Church Office.....931-526-4605	
Information Line.....931-528-1006	
Fax Line.....931-520-8708	
Mother's Day Out.....931-260-7861	
<b>Email</b>	
Church Office (Mary).....info@jacoc.org	
Church Office (Carol).....carol.hart@jacoc.org	
Buddy Johnson.....buddy@jacoc.org	
John Nichols.....john@jacoc.org	
Matt Collins.....mattc@jacoc.org	
John Mayher.....john.mayher@jacoc.org	
Bo Perez.....bo@jacoc.org	
Mother's Day Out.....laura.fox@jacoc.org	
<b>Service Schedule</b>	
Sunday Bible Study.....9:00 AM	
Sunday Morning.....10:00 AM	
Sunday Evening.....6:00 PM	
Wednesday Bible Study.....6:30 PM	

  

<u>DEACONS (cont.)</u>	<u>SHEPHERDS</u>
Brian Carver	Glenn Binkley
Randy Chaffin	Doug Fowler
Ken Clark	Don Foy
Jim Dale	Bobby Lane
Jason Fowler	*John Rhodes
Chad Gilbert	Leighton Sissom
Seth Gilbert	*Chairman of Month
Jim Hicks	
Sean Kelly	<b>MINISTERS</b>
Chuck Lankford	Buddy Johnson
Bryan Limer	Pulpit Minister
Bob Mackie	John Nichols
Ken Mayes	Associate Minister
Brian McDaniel	Matt Collins
Andy Millon	Youth Minister
Dean Olson	Bo Perez
Jimmy Patterson	Hispanic Ministry
Dave Piggott	John Mayher
Gaylon Presley	Visitation Minister
Bud Simpson	<b>DEACONS</b>
Pete Story	Jason Bennett
Don Viar	William Birdwell
Donnie Westbrook	Sam Brown
	Phillip Burr

# A News and Notes

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- ▶ JULY
- 14 Guys/Girls Night
- 23 Farewell Banquet
- 27 W.A.S.
- 28-30 Senior Trip

[www.jayouth.org](http://www.jayouth.org)