

Hi Friends,

As you probably know, for years now I've been studying the connections between creativity and spiritual formation and tracing the journeys of folks involved in both. I've discovered many things along the way, one of which is that **people who are creative and spiritual often don't find a lot of encouragement in connecting the two pursuits**. As a result, I'm starting a new Substack community that I think you'll be interested in!

We'll be exploring the intersections of creativity and spiritual formation through a weekly rhythm of engagement on Substack that includes:

- **Monday - "Learn Something"**
 - A thought piece by me (a 5-7 minute read) that will consider a specific aspect of the creative/spiritual formation process. (For example, we'll start with the idea of "Struggle".)
- **Wednesday - "Try Something"**
 - A short 2-3 minute video with a specific creative/spiritual formation experiment you can try related to Monday's musings.
- **Friday - "Reflect Together"**
 - An invitation to conversation about how your experiment (or simply how your week) went. Friday will also include a guided prayer you can use as you ponder the week's ideas and experiences.

You can engage at your own pace - just reading, trying an experiment, engaging in the comments sections — I believe that any or all of the above will encourage you as you pursue creativity and spiritual growth.

I'd love to have you join us. [All you have to do is click here to follow me on Substack \(it's free\) and you'll receive Monday's first essay in your inbox.](#)

I'm looking forward to connecting with many friends - old and new - through this new virtual community. Whether you consider yourself an artist or simply someone who wants to live with more imagination, curiosity, and attentiveness, this community is for you.

I hope you'll join in to find encouragement and new ways forward for your own imagination and spiritual growth.

See you online soon!
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