



GROUPS

@ DAYBREAK

GROUPS.DB.CHURCH

WINTER/
SPRING
2024



Daybreak
CHURCH

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LIFE GROUPS

For more info, contact Pastor Ned:
ned.keene@daybreakweb.com



Life Groups exist to help people experience the transformed life Jesus intends by creating communities where people connect relationally to God, each other, and the world.

- We have groups for everyone - married couples & singles, men & women, from young to senior adults.
- Groups meet mostly in homes as they build friendships and explore God's Word together.
- Groups study a blend of church-wide message series along with individual topics that best match their specific needs during the year.

Want to start a new group?

Grab a few friends!

- Pray and ask God for names to invite.
- Arrange a time to meet and talk through plans & ideas.
- Use our starter materials or follow a church-wide series.

View CURRENT Groups: Visit groups.db.church and select **Life Groups**. Search group options to contact for a visit and/or to join.

NEW Groups: complete the interest form at LGinterest.db.church

FOR YOUNG ADULTS

Discover how Jesus speaks into this season of your life. Meet others pursuing Jesus and seeking his transforming presence in their life also. We're building a grace-filled community to reach a broken generation.

Register: Visit groups.db.church & select **Young Adults**

Young Adults
(under 30)



**Young
Marrieds**



Instagram: Daybreakyoungadults

LIFE GROUPS

For more info, contact Pastor Ned:
ned.keene@daybreakweb.com

FOR WOMEN

Come join a women's group to love and be loved, to listen and be heard, and to explore all that God has for you in the goodness of His Word.

- **Every other Monday**, 6:30-8:00pm @ OBR - led by Katybeth Clarke & Marlene Brady
- **Tuesday Mornings**, 9-11am @ GP - led by Lauren Babyak & Teresa Jones
- **Every other Wednesday**, 6-8pm @ OBR - led by Deb Smart

Register: Visit groups.db.church & select **Women**

FOR SENIOR ADULTS

We're a warm and friendly group eager to pursue the truths of God's Word together. Join other **Primetime** adults (60+) as we enjoy one another in loving friendships and embrace the power of God in our lives.

Every other Thursday, 10:30am @ GP starting January 11th

Register: Visit groups.db.church & select **Seniors**

FOR MEN

Men's groups point each other towards the powerful truths of God and encourage them to invest in Christ-centered relationships. Our aim is to provide a place for men to care for and challenge each other to pursue God's best.

- **Mondays**, 6:30pm @ GP - led by Jamie Cronin
- **Mondays**, 7pm @ GP - led by Mark Halbruner
- **Saturdays** (2nd/4th), 8am @ GP - led by Jamie Cronin

Register: Visit groups.db.church & select **Men**

SUPPORT GROUPS

For more information on these groups, contact Robin Kaplin:

robin.kaplin@daybreakweb.com

Register at registrations.db.church

GRIEFSHARE

A support group that meets weekly to help deal with the hurt from the death of a loved one. All are welcome to begin attending at any point as each session is self-contained.

Mondays, 2/5-4/29, 6:30-8:30pm @ GP

Wednesdays, 2/7-5/1, 6:30-8:30pm @ OBR

DIVORCECARE

A support group that meets weekly to help deal with the hurt that can accompany separation or divorce. All are welcome to begin attending at any point as each session is self-contained.

Mondays, 2/5-4/29, 6:30-8:30pm @ GP

THRIVING AS A BLENDED FAMILY

This group will discuss the difficulties of this family system and learn practical, realistic solutions to help your family navigate the obstacles and grow together.

Wednesdays, 2/21-4/10, 6:30-8:30pm @ GP

LIVING GRACE (ADULT MENTAL HEALTH)

A support group that meets weekly to help you discover how to deal with your deep-down concerns, day-to-day struggles, and discuss some amazing parenting strategies and hope-filled insights.

Wednesdays, 2/7-5/1, 6:30-8:30pm @ GP

REDEFINE GRACE (TEEN MENTAL HEALTH)

Redefine Grace follows a Christ-centered, whole-health approach. Each chapter weaves together spiritual truths, compelling facts, and empowering tools that are relevant to adolescents and young adults.

Thursdays,

Looking For More Mental Health Resources?

Join us at our Mental Health Matters Conference in partnership with In Him Christian Wellness on **Saturday, February 17 from 8:30am to 12:30 pm**. The Conference will provide an environment of hope, healing, and acceptance while taking a holistic approach to mental health - digging deeper on how our mental health impacts our mind, heart, soul, and strength. Come participate in practical workshops and connect with local mental health partners.

SUPPORT GROUPS

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robin.kaplin@daybreakweb.com

Register at registrations.db.church

FOST/ADOPT SUPPORT GROUP

Join us once a month on Fridays for a free dinner and a time of connecting with other foster and adoptive families. This group is for the entire family—including biological, foster, and adopted children.

Second Fridays, 1/12, 2/9, 3/8, 4/19, 5/10, 5:30-7:30pm @ GP

FINANCIAL PEACE UNIVERSITY (FPU)

40% of Americans say their financial situation regularly causes them to lose sleep. What you need is a plan and a supportive community. Join us to learn how you can pay off debt, save more money, and build lasting wealth. Stop stressing and start winning with money.

Tuesdays, 2/6-4/9, 6:00-8:00pm @ GP

CAREGIVER SUPPORT GROUP

Whether you are caring for a child with special needs, a loved one with chronic illness, a parent with age-related challenges or a relative with mental illness - learn to love and care for yourself and others in a way that is aligned with God's promises and truth.

Wednesdays, 2/7-5/1, 9:30-11:30am @ GP

BETRAYAL & BEYOND For Women 18 +

Healing from sexual betrayal is a slow process and in many ways, a journey of self-discovery. Taking a partner-sensitive, trauma-informed, and biblically based approach to healing, this group allows women to take ownership of their own healing in a safe, confidential and supportive environment. While an unanticipated journey, you don't have to walk it alone.

Thursdays, 1/4-8/8, 6:30-8:30pm @ GP - Registration Closes on 1/18

For more information regarding Betrayal & Beyond, please contact Gwen Kuntz, (717) 677-7214 or gmkuntz59@gmail.com

All registrations will be held in confidence.

SPIRITUAL FORMATION GROUPS

For more information on these groups, contact Deb Williams:

deb.williams@daybreakweb.com

Register at registrations.db.church

ALPHA

Alpha is a place to connect with others and explore the questions of life and faith. Each week starts with a free meal followed by a short video teaching and small group conversation. Everyone is welcome!

Tuesdays, 1/30-4/9, 6:15-8:00pm @ OBR—Dinner Provided

Wednesdays, 1/31-4/10, 6:15-8:00pm @ GP—Dinner Provided

EMOTIONALLY HEALTHY RELATIONSHIPS

Through the group and a 40-day devotional, learn how to gain communication skills, stop mind reading and clarify expectations, resolve conflict in a healthy and mature way, and discover how family history impacts your current relationships. Cost is \$26/person.

Tuesdays, 1/23 to 3/19, 6:30-8:30pm @ GP

THE WELLNESS REVELATION

As part of your group experience, you will learn how to live well both physically and spiritually so that you are best equipped to love and serve others from a whole heart. The Wellness Revelation will change the way you love God, yourself, and others.

For more information, email Robin at: MoveInGrace3@gmail.com

Wednesdays, 4/10 to 6/5, 6:30-8:30pm @ GP

REVELATION FITNESS CLASSES

Adults and teens are invited to our \$2 Revelation Fitness Classes that will not only train your body, but will also your heart and mind as we focus on Jesus. Bring along a mat and hand weights if you have them (or borrow ours). Classes are designed for all fitness levels.

Tuesdays, 7:00-8:00pm @ GP. No need to register—just show up!

DISCOVERING GOD'S WORD

This group looks at the story of Scripture, unpacking how and where the Bible originated and exploring the themes within each book. You'll come away with a greater understanding and appreciation for God's Word.

Thursdays, 1/25 to 3/28, 6:30-8:30pm @ GP



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