



FINDING YOUR WAY BACK TO JOY JANUARY 18, 2026

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Access this outline and take notes electronically in the YouVersion Bible App by searching "Daybreak Church" in the App's Events tab. Don't have the App? Get it in the App Store or Google Play. Or, to get the PDF version of this outline, head to: outline.db.church

When the world drains our _____, we find our way back through our _____.

Our gospel identity is the _____ of our JOY and SHALOM.

¹I will exalt you, Lord, for you rescued me. You refused to let my enemies triumph over me. ²O Lord my God, I cried to you for help, and you restored my health. ³You brought me up from the grave, O Lord. You kept me from falling into the pit of death. ⁴Sing to the Lord, all you godly ones! Praise his holy name. ⁵For his anger lasts only a moment, but his favor lasts a lifetime! Weeping may last through the night, but joy comes with the morning.
- Psalm 30:1-5 (NLT)

²Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. ³For you know that when your faith is tested, your endurance has a chance to grow. ⁴So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.
- James 1:2-4 (NLT)

The first way for us to find our way back to joy is through _____ of our gospel identity.

Regulation takes place when we quiet ourselves by being present with God in prayer so we can process our emotions and respond to people in loving ways.

Rejoice with those who rejoice; mourn with those who mourn.

- Romans 12:15 (NIV)

The second way to find our way back to joy is being _____ with _____ who remind us of our gospel identity!

The Six Undesirable Emotions

- Fear
- Anger
- Shame
- Despair
- Disgust
- Sadness

And let the peace that comes from Christ rule in your hearts. For as members of one body you are called to live in peace. And always be thankful.

- Colossians 3:15 (NLT)

_____ and _____ mark the lives of followers of Jesus.

THE WEEKLY SCOOP CONTINUED

SUNDAY MORNING LIVE STREAM

Can't be with us in person? Catch Live Stream Sundays from North & South campuses at 9:00am & 10:45am & from East Campus at 9:00am at live.db.church. Replays are on YouTube and the Church Center App Tuesdays.

SPOTIFY: SUNDAY'S SONGS ALL WEEK

Wondering how to find the songs we sang today? Each week we add our Sunday songs to our #WorshipSet playlist on Spotify. Just visit WorshipSet.db.church and log in or create a free Spotify account to follow and listen anytime!

RECYCLE YOUR PROGRAM GUIDE

Help us be good stewards of our resources and go green by placing unmarked pieces of your Program Guide in the designated recycling baskets on your way out today! Each week, a volunteer sorts out the leftover items to reuse for the upcoming week.

SERMON SERIES: JOY STARTS HERE 1/4 - 1/25

Joy! From the moment we're born we search for we discover how God designed us to crave joy. it but constantly seem to come away empty. Where there is an abundance of joy, there is What is it? How can we get it? Is it even transformation! possible? When we have joy, we grow more 01/04 - Joy Starts Here resilient, and when we share joy, we grow loving 01/11 - Shalom - The Companion of Joy 01/18 - Finding Your Way Back to Joy relationships. When joy is absent, it leaves us 01/25 - Becoming a High Joy Community disconnected, dry, even depressed. Join us as

GIVING @ DAYBREAK

In fall of 2024, we kicked off Immeasurably More, a discipleship and generosity initiative that will resource our mission and vision through December of 2026. For more info on this initiative, visit ImmeasurablyMore.db.church.

HOW TO GIVE

1) CHURCH CENTER APP/
ONLINE at give.db.church

2) OFFERING BOX OR MAIL:
321 Gettysburg Pike
Mechanicsburg, PA 17055

3) BILL PAY feature through
your personal bank

RIGHTNOW MEDIA

Take advantage of our free subscription to RightNow Media where you'll get access to a huge library of Christian videos for the whole family. Use it for personal or group study, or even biblical entertainment for kids. Get started at rightnowmedia.db.church.

DAYBREAK SOCIALS

Stay connected with our church family! Follow us on social media: uplifting stories, event updates, worship moments, and ways to grow in faith together—don't miss what God is doing in and through our community each week across every platform!

FREE "ALLIANCE LIFE" SUBSCRIPTION

Daybreak is part of a family of churches known as The Alliance. Stay connected with what's happening with our greater family by getting a free subscription to "Alliance Life" magazine. Just visit cmalliance.org/connect and click on "Request Subscription."

THE WEEKLY SCOOP

CAMPUS KEY
GP: Gettysburg Pike
OBR: Orrs Bridge Road

HELPFUL LINKS

1. registrations.db.church
2. connect.db.church
3. serve.db.church
4. give.db.church

JANUARY 18, 2026 | *Thanks for joining us! Have questions?
Stop out in The Commons or email:*

SAVE THE DATE

1/18: Worship Night
1/25: Short-term trip Info Meeting @ North
1/27: Short-term trip Info Meeting @ East
2/7: Hope Made Safe Conference

2/15: Meet & Greet

We invite you to prayerfully consider how God is inviting you to engage in His Family on Mission at Daybreak in this season.

WINTER/SPRING GROUP SIGN UPS

Whether you need healing, connection, or personal growth in this season, we have groups designed for you. Check out the insert to see some of our winter/spring offerings and head to groups.db.church to get all the details and sign up!

HOPE MADE SAFE CONFERENCE

Hope Made Safe is a one-day, Christ-centered mental health conference on Saturday, February 7, 2026, starting at 8am. Through practical workshops and experiential sessions, attendees gain tools, connection, and hope. Register at registrations.db.church.

TRIP GATHERING INFO MEETING

Looking for catalytic, high-impact experiences to encounter Jesus in fresh ways? Join a 2026 short-term mission team—transformative trips serving Jesus' mission with His family; learn about our vision & trips: North 1/25, 12:30pm OR East 1/27, 6:30pm; no registration needed.

MENTAL HEALTH MEET-UP

Mental Health Meet-Up is a grace-filled, coffeehouse-style space to care for your emotional, spiritual, and mental health. Each week offers connection, practical tools, and Christ-centered encouragement. Thursdays, 6:00-7:30 pm, South Campus. No registration.

CLEAN YOUR CUPBOARD FOOD DRIVE

Many food pantries experience a post-holiday donation slump and we need your help to lessen that slump in our area! Clear your cupboard of any non-expired, non-perishable items and bring them to any campus TODAY or take to New Hope!

HIGH SCHOOL ALPHA

High schoolers, searching for something more or curious about faith? Join High School Alpha on Sunday nights, 5-7pm, at our South Campus starting January 25. Enjoy a free meal, conversations about life and purpose, and time to hang out in a safe, student-led space.

WORSHIP NIGHT

Join us as One Church for a powerful night of worship, prayer, and unity TONIGHT, beginning at 6:30pm at our South Campus, as we lift our voices together, seek God's presence, and celebrate what He is doing among us as one family.

PAID CHILDCARE OPPORTUNITIES

We're looking for childcare helpers this winter and spring at our campuses for groups, one time events, etc. Current clearances are required before starting. To express interest, fill out our interest form at Childcare.db.church.