



## **BETRAYAL & BEYOND**

**Healing The Trauma of Sexual Betrayal  
(Women Only – Must Be 18 or Older To Attend)**

**January 4, 2024 – August 22, 2024 – 6:30-8:30 PM**

**PLEASE NOTE:** limited seating and vetting is required to ensure the Betrayal & Beyond group is appropriate. Register by calling or emailing Gwen Kuntz, (717) 677-7214 or [gmkuntz59@gmail.com](mailto:gmkuntz59@gmail.com). All registrations will be held in confidence.

Betrayal & Beyond is a women's small group resource that addresses the devastating pain and trauma experienced from sexual betrayal. Healing from sexual betrayal is a slow process and in many ways is a journey of self-discovery. The Betrayal & Beyond curriculum takes a partner sensitive, trauma informed and biblically based approach to that healing process.

With the workbook and journal you will address:

- \* What just happened to me
- \* Why do I feel and behave the way I do
- \* What does my healing journey look like
- \* How do I keep myself safe and sane while he works his recovery
- \* Why does he do this – understanding the nature of sexual compulsive behavior
- \* What is the role of full disclosure, intensives and counseling
- \* What if he doesn't choose recovery or I can't move forward
- \* What is forgiveness and reconciliation – when will I be able to trust again
- \* God's promise of redemption is for me – even if I can't see it now

While this is a journey no woman ever anticipates, being able to process her experience in a safe, confidential Betrayal & Beyond group will equip her to take ownership of her healing. The journey is not an easy one and requires leaving behind the status quo, facing the challenge and striving toward the beauty that lies ahead. You don't have to walk this healing journey alone!