

COMMUNITY

What's Coming Up
at Daybreak Church
for the Community

SCOOP

DIVORCE *Care*

GRIEF *SHARE*

DivorceCare

DivorceCare is a support group that meets weekly to help deal with the hurt that can accompany separation or divorce. For more info, visit divorcecare.org.

When: Mondays, 6:30 to 8:30 PM, 5/13-8/5

Where: Gettysburg Pike Campus

Cost: \$20 (Includes workbook)

Register: DivorceCare.db.church

GriefShare

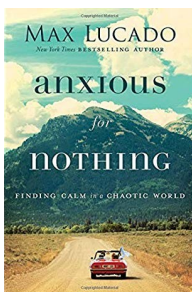
GriefShare is a support group that offers help and encouragement after the death of a spouse, child, family member or friend. For more info, visit griefshare.org.

When: Tuesdays, 6:30-8:30 PM, 5/14-8/6

Where: Gettysburg Pike Campus

Cost: \$20 (Includes workbook)

Register: GriefShare.db.church



Anxious for Nothing Study Group

Join us for a study on Max Lucado's, "Anxious for Nothing: Finding Calm in a Chaotic World." This video study will help you invite God to reframe your fears and win the war on worry.

When: Mondays, 6:30 to 8:30 PM, 5/13-7/22

Where: Gettysburg Pike Campus

Cost: \$20 (Includes workbook)

Register: AnxiousForNothing.db.church

Vinyasa Yoga

Designed for the mind, body, and soul, this 75-minute class is for all levels, ages 15 and up. Feel free to bring your own mat, or use one of ours. For more info, visit yoga.db.church.

When: Tuesdays, 7:00 to 8:15 PM, 5/14-8/6

Where: Gettysburg Pike Campus

Cost: \$1 Per Class

No Registration Required



Momma Bootcamp

Designed by moms for moms, workouts incorporate full body strength, cardio, and more. For more info, visit bootcamp.db.church.

When: Fridays, 9 to 10 AM, 5/10-8/9

Where: Gettysburg Pike Campus

Cost: \$1 Per Class

No Registration Required—Kids welcome!

**MOMMA
BOOTCAMP**

Gettysburg Pike Campus: 321 Gettysburg Pike, Mechanicsburg, PA 17055
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