



HEY GROWNUPS! YOU GOT THIS!

Use this guide to review what your kids learned, plan **time** together as a family, and capture **moments** throughout the week.

February 8, 2026

This Week

Hannah Prayed

1 Samuel 1

Life Point: People can trust God will hear them.

Big Truth: God is good.



MEMORIZ

MVOTM // MEMORY VERSE OF THE MONTH

Trust in the Lord with all your heart,
and do not rely on your own understanding.

Proverbs 3:5

BIG PICTURE Q&A

Why can we trust God?

We can trust God because He does
what He says He'll do.

TIME

READ

Daily Bible Reading through [The Bible Recap](#)

PRAY

Take turns praying together:

- **Thanksgiving:** God, I thank You for...
- **Adoration:** God, You are... (see attributes)
- **Confession:** God, forgive me for...and help me forgive...
- **Others:** God, I ask for...
- **Self:** God, please help me...

SING

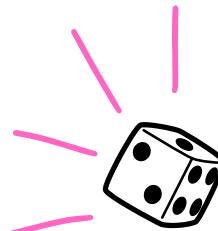
Find songs on our Mayfield Road Kids [Spotify](#).



MOMENTS

SEE THE BIG PICTURE

Write out the word "Prayer" down the left side of a piece of paper, one letter on each line (like an acrostic). Encourage family members to use the letter on each line to spell out a word that relates to prayer, such as how, when, or the results of prayer. Thank God for always hearing our prayers.



Find more activities in
[The Dinner Roll](#)