

**What's Next**  
**Chapter 3: Change Your Life by Changing Your Mind**  
Pastor Jayce O'Neal / May 17, 2020

**BIG IDEA**

How you \_\_\_\_\_ is what you will \_\_\_\_\_.

**WHY I MUST MANAGE MY MIND**

- Because my thoughts \_\_\_\_\_ my life.
- Because the mind is the \_\_\_\_\_ for sin.
- Because it's the key to \_\_\_\_\_ and \_\_\_\_\_.

**3 DAILY CHOICES FOR A HEALTHY MIND**

1. I MUST FEED MY MIND WITH \_\_\_\_\_.

**NEXT STEP:** MAKE TIME TO READ THE BIBLE THE \_\_\_\_\_ IN  
YOUR DAY

2. I MUST FIND \_\_\_\_\_ FROM DESTRUCTIVE THOUGHTS.

**NEXT STEP:** WRITE THOUGHTS AND \_\_\_\_\_ THEM WITH  
WORD OF GOD

3. I MUST \_\_\_\_\_ MY MIND ON THE RIGHT THINGS.

**NEXT STEP:** THIS WEEK THINK ABOUT \_\_\_\_\_ PERSON

## NOTES

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### VERSES FOR THE WEEK

Monday: Romans 12:2

Tuesday: Psalm 16:7

Wednesday: Romans 8:5-6

Thursday: Matthew 4:4

Friday: 2 Corinthians 10:3-5

Saturday: Philippians 2:4

Sunday: Colossians 3:2

### ANNOUNCEMENTS

- **PHASED REOPENING:** We will resume in-person services next Saturday and Sunday, May 23<sup>rd</sup>-24<sup>th</sup>, offering 5 abbreviated services. Check out service times and our phased reopening plan here: [redchurch.cc/coronavirus](https://redchurch.cc/coronavirus)
- **SMALL GROUPS:** Join one of our summer virtual small groups! Some begin meeting in May and some start meeting the week of June 1<sup>st</sup>. Check out the list of groups available here: [redchurch.cc/next-steps/small-groups](https://redchurch.cc/next-steps/small-groups)
- **CHECK-IN:** Don't forget to help make a difference and check-in on Facebook - Snap a picture, TAG RED Church, and check in!