

HOW TO PRAY THE ARMOR OF GOD

DAILY

Sunday - Strap on the Belt of Truth

Monday - Make Fast the Breastplate of Righteousness

Tuesday - Tread in the Shoes of Peace

Wednesday - Wield the Shield of Faith

Thursday - Think Within the Helmet of Salvation

Friday - Fight with the Sword of the Spirit

Saturday - Steadfastly Pray in the Spirit



Sunday - Strap on the Belt of Truth

Prayer: Lord, this world is filled with lies and liars, and I don't want to be one of them! I want to be like Jesus, who is the way, the truth and the life, but every time I try to be like Jesus, I fall short. So Lord, I ask you today to put on me the belt of truth, and clothe me with Jesus Himself. Allow the truth found in Your Word to live in me and guide my decisions, and may the light of Jesus shine through my life! Amen. (John 8:44; John 14:6; Romans 13:14)

Monday - Make Fast the Breastplate of Righteousness

Prayer: Lord, I pray that today you would "make fast upon me the breastplate of righteousness" to protect my heart from the evil one. Keep me pure and holy in a world that is neither. I want to be like Jesus, who is the Holy One, but every time I try to be like Jesus I fall short. So Lord, I ask you today, to fill me with your holiness and purity and allow the righteousness of Jesus to live in and through me today, and may the light of Jesus shine through my life! Amen. (Zephaniah 3:5; Luke 1:35; Romans 13:14)

Tuesday - Tread in the Shoes of Peace

Prayer: Lord, I pray that today you would help me "tread in the shoes of peace." This world is filled with conflict and struggle. I want to be like Jesus, who is the Prince of Peace, but every time I try to be like Jesus, I fall short. So Lord, I ask you today to put on me the shoes of peace. Clothe me with Jesus Himself, and help me become a peacemaker and conflict-resolver as I submit to the truth of Your word. Allow the healing peace of Jesus to live in and through me today, and may the light of Jesus shine through my life! Amen. (Matthew 24:6; Isaiah 9:6; Romans 14:14)

Wednesday - Wield the Shield of Faith

Prayer: Lord, I pray that today you would help me to "wield the shield of faith." The world is filled with doubters and skeptics, and I don't want to be one of them. I want to be like Jesus, who is the Faithful One, but every time I try to be like Jesus, I fall short. So Lord, I ask you today to put on me the shield of faith, and clothe me with Jesus Himself. Help my faith to grow as I grow in relationship with You and other believers. Allow the faith, hope, and trust of Jesus to live in and through me today, and may the light of Jesus shine through my life! Amen. (John 8:44; Revelation 19:11; Romans 13:14)

Thursday - Think Within the Helmet of Salvation

Prayer: Lord, I pray today that you would help me "think with the helmet of salvation." Today there is a strong temptation to be independent and self-assured, thinking we will go to heaven because we are "pretty good" people. But Lord, I thank you for Jesus, whose name is the only name by which I can be saved. I ask that today you would put on me the helmet of salvation and clothe me with Jesus Himself. Allow the saving grace of Jesus to live in and through me, and may the light of Jesus shine through my life! Amen. (Revelation 21:27; Acts 4:12; Romans 13:14)

Friday - Fight with the Sword of the Spirit

Prayer: Lord, today help me "fight with the sword of the Spirit." This world is filled with opinions, theories, and the temptation to go our own way and even redefine words and morals. I don't want to do that! I want your Word to guide my path, fill my mind, comfort my heart, and flow from my lips. I want to be like Jesus, Who is the Word of God, and Who defeated the enemy with Scripture. So Lord, I ask you to arm me with the sword of the Spirit, which is to clothe me with Jesus Himself. Allow the Word of God to live in and through me today, and may the light of Jesus shine through my life! Amen. (John 1:1; Matthew 4:1-11; Romans 13:14)

Saturday - Steadfastly Pray in the Spirit

Prayer: Lord, today I ask you to help me "steadfastly pray in the Spirit." Instead of doubting the power of prayer, I want to be like Jesus, Who took time out of His busy schedule to pray and teach others to pray. He sought His Father in His hour of need. But every time I try to be like Jesus I fall short. So Lord, I ask you today to fill me with the prayerfulness of Jesus, clothe me with Jesus Himself. Allow Jesus to live in and through me today as I pray without ceasing, and may the light of Jesus shine through my life! Amen. (Mark 1:35; Luke 11:1-13; Luke 22:39-46; Romans 13:14)

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