

The Faith of a Foreign Woman

Week 9



Big Idea: When things seem hopeless and meaningless, God might just be getting ready to do some of his best work.

Key Verse: Ruth 4:14-15

¹⁴ The women said to Naomi: “Praise be to the LORD, who this day has not left you without a guardian-redeemer. May he become famous throughout Israel! ¹⁵ He will renew your life and sustain you in your old age. For your daughter-in-law, who loves you and who is better to you than seven sons, has given him birth.”

Table Talk

Boaz and Ruth’s relationship teaches a lot about dating and the characteristics of a future spouse. What first attracted Boaz to Ruth? (She was hard-working. He had heard about the kindness she showed Naomi.)

What attracted Ruth to Boaz? Was it his awesome biceps? (No. He offered her protection by having her glean in his field. He provided for her.)

As parents, tell your children what first attracted you to your spouse. Ask them what characteristics are most important to them in a future mate.

How does Boaz marrying and redeeming Ruth mirror what Jesus did for us?

Living Faith

Have a kindness competition. Depending on the ages of your children, you may have to make teams of two. If every family member is old enough, make it an individual competition. The idea behind this game is to show kindness to each other without expecting anything in return. Ruth showed great love and kindness toward Naomi even though she couldn’t give her anything in return. In a similar way, Boaz showed amazing kindness toward Ruth. God blessed both Ruth and Boaz for their actions. Encourage your family to show kindness to each other in tangible ways. Maybe it’s a kind word or a back rub. Maybe it’s something done in secret. You can tape special notes to the mirror in your children’s bathroom. Your daughter can organize the garage. Your son could offer to baby sit for free or drive a younger sibling somewhere without complaining. A child could clean up the family room or vacuum without being asked. A husband could buy flowers for his wife. The ideas are endless. After a week, reconvene as a family and talk about what meant the most. Discuss what it was like being the giver and what it was like being on the receiving end of the kindness.

Did being kind to each other change any family dynamics?

What was the best part?

How can kindness and unconditional love be shown all the time?

How does intentionally showing kindness improve family relationships?

Read Ephesians 4:32. What does it teach about kindness and how we should treat each other?

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