“You’re out of rinse aid, sweetie. I’ll pick some up at the store.”

“What is rinse aid?” my thirty-year old son asked.

“For your dishwasher.”

“I have a ton of dishwashing soap.”

“Yes, but the rinse aid; the blue stuff that goes in this thing,” as I twisted open the dispenser.

“I have never in my life put anything in the dishwasher besides the soap. What is rinse aid?”

It was a Mom Fail. I was horrified at myself! I know I taught my sons about chores: cleaning the lint filter in the dryer, taking a wet paper towel to wipe up the grunge around the edge of the bathroom floor (you don’t have to mop all the time; just do this and sweep), saving old toothbrushes for scrubbing tile. Clean bathroom mirrors before company comes. Everyone needs two filled ice trays even if you have an icemaker. How to crease pants with the iron. And on and on.

How did I miss rinse aid?

In the scheme of things, it is all okay. His dishes were clean. Today’s dishwashing pods have the rinse aid built in. My son has a good job, has wonderful friends, and is talented and kind. I am guessing the rinse aid lesson was not as important as I thought.

What are the important things we teach our children? When do we stop teaching them?

I spent a week with my son in Fort Collins, Colorado (he had surgery; he is fine). Folks said “you’re a good mom.” How do we gauge that? By how successful our children are? My son in Montana does not have a great job. He is one of those young adults who is working two jobs because there is no such thing as a full-time job with benefits where he lives; and he travels with two bands. But I know for a fact he knows about rinse aid. And he has wonderful friends and is kind and loves nature.

I thought about my mother a lot while I was in Colorado. Would she say “she” was a good mom? Probably not. (She was a wonderful mother but always felt there was more to do!) But, I remember her telling me that I was a good mother. Her affirmation meant the world to me!

Children are heading back to school. Many of us in this congregation do not have school-age children. (Yes, we are an ‘older congregation.’) But we have adult children and grandchildren. Are we teaching them that they are valuable because of who they are? Do we encourage them or berate them? Do we point out their gifts and strengths or where they are lacking? We do not do our children any service when we say “good job” to everything, but it is important for children to hear from parents that they are doing a good job at being who they are with the gifts and talents God has given them. My Colorado son has a long recovery ahead of him. Before I left I told him I admired his ingenuity and his strength and confidence and his positive spirit and his goal-setting. My Montana son inspires me by following his passions and taking responsibility for choices that are outside the norm. I am fifty-nine and miss hearing my parents tell me they are proud of me. And that they love me.

As the school year begins, we all get a bit of angst over how ‘good’ we are or how well we have done. What makes us a good parent or student or teacher or … human being? How about the ability to see the value in every person – especially those who are closest to us. Being kind to our family and accepting them for who they are is one of the greatest gifts we can give … and receive.

I am thankful you are part of my Church Family!

Catherine
Reminders

The main church phone number is 865-982-1273
*Please note that ALL staff emails now end with 1stchurch.org unless otherwise noted.

Pastors
Catherine Nance cnance ext. 111
Sarah Slack sslack ext. 107
Matt Hall mhall ext. 106

Music
Terry Wilson sacmusic ext. 109
Susan Daves sdaves ext. 110
Chris Lee clee ext. 116
Dwain Pesterfield (organist) DwainP602@bellsouth.net
Robert Lawson rlawson

Children's Ministries
Denise Johns djohns ext.113
Carmen Faircloth ceaf26@att.net

Youth Ministries
Nathan Irwin nirwin ext.202

Administrator
Mark Blodgett mblodgett ext. 103

Communications
Clayton Hensley chensley ext.100

Membership Secretary
Jane Sanders jsanders ext. 101

Welcome Table
Amelia Geis-Scott ameliageis@yahoo.com

Technical Director
Samuel Williams swilliams 982-1273

Maintenance & Custodial Staff
Paul Brown, Sherri Justice
Nelda Blodgett 982-1273

Blessing of the Backpacks
August 4th
8:15 and 10:30 am

Study guides cost $12
Contact Bernice Howard at bernicehhoward@gmail.com

Our next Family Promise host week at 1st UMC is coming up on **August 11th**. If you are interested in volunteering, you need to have a one time training. That will be offered on Sunday, August 4th at 11:30 am.

Lunch will be served at the training.
All Church Tailgate: The Basics

Labor Day Weekend will be here before you know it and that means it’s time to start thinking about what you’ll bring to the All-Church Tailgate this year. If you’ve done this before, we’re sure you’ve already been thinking about the event. If not, we have a few things for you to know before the big day, September 1st.

The All-Church Tailgate is a time to get together with your friends, so bring some breakfast foods, your lawn chairs, sit back and have fun. If you are not part of a group setting up a tailgate station, you can be a part of our “Welcome Tent” where Rev. Sarah Slack will be setting up for the event. Just bring your food and your lawn chairs to the tent and join the fun. There will be prizes for Best Tailgating Decorations, Best Hospitality and Best Food.

This year, there will be an 8:15 am worship service in the Sanctuary in addition to the ONE 10:30 worship service under the big tent. Nursery service will be offered during the event. Be sure and share the fun on social media using #1stTailgate.

Got questions? Email Chris Lee at clee@1stchurch.org

A look at what it means to be a United Methodist

What does it mean to be a United Methodist and what are the principles that unite us? Whether you’ve been a part of the denomination all your life or you’re new to United Methodism, join us in August as we explore the reasons “why I am a United Methodist.”

Taking you places

Over the past few months, the first Mondays of the month have been a time for getting together and going places. As we head into the fall, there are still plenty of opportunities to join in the Fun, Fellowship and First Monday outings. Transportation is provided for each trip. All you need is money for lunch, unless otherwise noted.

September 9th (actually a 2nd Monday)

Mayfield Dairy Plant Tour in Athens
Cost is $4.50 (includes 2 samples of ice cream)
*There are 40 steps during the plant tour so please wear comfortable shoes. The van leaves at 10:00 am for this trip.

No First Monday trip in October

November 4th

Green McAdoo Cultural Center & Museum in Clinton
Learn the story of the Clinton 12, the first African-American students to attend a state supported public school in the South.
Lunch afterward at Apple Blossom Café.

December 2nd

Christmas Celebration at the Tennessee Theater’s free Mighty Musical Monday concert. Lunch afterward at Market Square.
An important conversation

Hurricanes, wildfires, flooding, drought and extreme temperatures catch our attention. But what do these weather events tell us about overall trends and how the global climate is changing?

We hear a lot about global warming and climate change, who is responsible and how some of it may be natural. But what are the facts and how do we have a meaningful conversation about climate change?

On August 25th, Dale Kaiser leads an important conversation about climate and why it’s important for us all to pay attention. Kaiser is a retired climate scientist from Oak Ridge National Laboratory.

A study in spiritual formation

*Companions in Christ* is a widely used small group resource published by the *Upper Room*. In September, Dr. Greta Smith will be leading a group in a journey of spiritual formation, studying scripture, practicing prayer and discerning the call to service. The entire curriculum spans the course of 28-weeks divided into 5 or 6 week segments, so there will be breaks over the holidays and the study will wrap up in the Spring.

Participants will need to purchase a study guide which will be about $20. You can sign up for the study at [1stchurch.org/companions](http://1stchurch.org/companions) or call the church office at 982-1273.

There will be an introductory meeting about Companions in Christ on August 25th at 6:00 pm. The study begins on September 8th (room 205).

What do a picnic, cards, mission projects and community resources have in common?
The answer is the United Methodist Women of 1st Maryville.

Pearson Springs Park has been a place for our annual picnic for years. However, this time around the rain and wind interrupted plans. Given the undaunted spirit of UMW members, the picnic was moved to Asbury Hall where everyone enjoyed a box lunch from McAllister’s and completing one of our mission projects. Together, the women made approximately six hundred cards for Knox Area Rescue Ministries (KARM). Each card is scripted with words of faith and hope and will be placed on pillows of those who sleep at the KARM facility.

The United Methodist Women have also assisted with receptions after funeral services for members of the church.

**Upcoming Events:** All the women of the church are members of UMW and are welcome to participate.

**August 10th**
Holston Social Action Event hosted by Gray UMC in Gray, Tennessee.

**September 4th at 10:00 am**
Making Chrismons at Walland UMC

**September 13th - 15th**
Holston 46th Annual Meeting, Officer’s Training, and Spiritual Enrichment Meadowview Conference Center in Kingsport, TN
It’s back to school time and that means it’s time for children’s and youth choirs to start up again. Here is a quick look at the schedule for the fall.

**August 11th**
- Youth Handbells at 4:30 pm
- Youth Choir at 5:10 pm
  (Youth Fellowship has moved back to 6:00 pm so Youth Choir participants can still attend)

**August 12th**
- Children’s Choir Kickoff Party at 3:30 pm

If your child or youth is interested in being a part of the Music Ministries here at 1st UMC, please visit 1stchurch.org. You will find Children’s Choir signups and Youth Choir signups under the “Music at 1st” tab.

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For many of you, summer is over as school is back in session. We will kick off our fall programming on Sunday August 11th with a back to school bash from 6:00 to 7:30 pm. Youth will have the opportunity to play messy games and then clean up with a water fight at the friendship shelter. This is a great event to bring a friend to so please encourage your youth to bring a friend along.

After August 11th we will return to regular weekly Sunday night youth programming each week from 6:00 to 7:30 pm. Please note that the time has shifted from last semester.

This fall we will be working through the book “The Real Jesus” by Jen Bradbury. Each week we will be looking at a different aspect of who Jesus is and what He taught as well as some popular misconceptions about Him. Below is a look at the Fall 2019 Youth Schedule.

### 1st Youth Fall 2019 Schedule

**August 11th, 18th, 25th**
- Youth Fellowship at 6:00 pm beginning with the Back to School Bash on the 11th

**September 1st**
- No Youth (Labor Day)

**September 8th, 15th, 22nd, 29th**
- Youth Fellowship at 6:00 pm

**October 6th & 13th**
- No Youth (Fall Break)

**October 14th & 15th**
- Local mission service day-trips during Fall Break

**October 20th, 27th**
- Youth Fellowship at 6:00 pm

**November 3rd, 10th, 17th, 24th and December 1st**
- Youth Fellowship at 6:00 pm

**December 8th**
- Christmas Party and final meeting for 2019

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*Rev. Nathan Irwin*

Director of 1st Youth

nirwin@1stchurch.org

865-982-1273

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This group of 1st Youth participated in a mission trip to Cincinnati in July.
Opportunity to learn more about 1st UMC

If you are new to the church or Methodism, this three part class can help you learn "the basics." While it is geared toward new members or those exploring church membership, it's also a great refresher course for those that have been here a long time.

No sign up necessary. If you have any questions please contact Rev. Sarah Slack at sslack@1stchurch.org.

Creative opportunity

Rev. Sarah Slack invites you to come make and learn how to use prayer beads. During the class you will make two different types of them. Even if you’ve enjoyed this class before, you’ll learn something different this time! Supplies cost $5. Sign up at 1stchurch.org/beads or call 982-1273.
Memorials & Honorariums

Children’s Ministry

In memory of: Given by:
R.T. and Clara Ousley Karen Smith
(63rd Anniversary) Ted Ousley
Samantha Ousley

Helping Hands Fund

In memory of: Given by:
Betty Sweet Jane Morton

Memorial Fund

In memory of: Given by:
Don Brakebill Anonymous

Music Ministry

In memory of: Given by:
Bob Bostick Smoky Mountain District Office
Bob Bostick Bud & Jean Waters
Bob Bostick Jim & Susie Curtiss
Bob Bostick Mark & Jerilyn Whisler
Bob Bostick Ernest & Anne Hand
Bob Bostick Jo Blalock
Bob Bostick Bob & Lila Eby
Evelyn Campbell Sally Mauney
(on the anniversary of her death)

Orchestra

In memory of: Given by:
Bob Bostick Gene & Frances Lovell

Welcome Table

In memory of: Given by:
Bob Bostick Cathy Watson
Bob Bostick Nancy Martin
Bob Bostick Bert & Becky Emmerson
Bob Bostick Smoky Mountain District Office
Bob Bostick Susan Daves
Bob Bostick Michael & Phyllis Sullivan
Bob Bostick Friends
Bob Bostick Doug & Emily Smith
Bob Bostick Wayne & Donna Doede
Bob Bostick Gerald & Betty Smith
Bob Bostick C. Jane Burchfield
Bob Bostick John & Marion Paulk
Bob Bostick Judy Keller
Bob Bostick Jerry & Frances Hodge
Bob Bostick Gordon & Nancy Ridenour
Bob Bostick Larry & Lynn Ladd
Betty Sweet Bert & Becky Emmerson
Betty Sweet Betsy Halliday

Bob Bostick
Retired Holston Conference Minister
Entered the Church Triumphant
July 1, 2019

Ken Flowers
Joined First Church
July 6, 1997
Entered the Church Triumphant
July 17, 2019

Betty Adams
Joined First Church
November 5, 1967
Entered the Church Triumphant
July 20, 2019

Pat Ross
Joined First Church
May 1, 1960
Entered the Church Triumphant
July 28, 2019

Christian sympathy extended to:
Phyllis Bostick and her family in the death of her husband Bob Bostick on July 1st.
Carolyn Flowers and her family in the death of Carolyn’s husband, Ken on July 17th.
Missy Adams, Gabriel and Axavier Adams in the death of their mother/great grandmother, Betty Adams on July 20th.
The family of Pat Ross who died on July 28th.

Organ Fund

In memory of: Given by:
Bob Bostick Dwain & Jane Pesterfeld
Don Brakebill Dwain & Jane Pesterfield
The next regular edition of The Church Bell will be published on **August 26th**
If you have something to submit, the deadline for submissions is **August 23rd**