



The Herald

October 2023

The deadline for the next issue of the Herald is **Tuesday, October 17th**. Information can be mailed to the church, or emailed to media@waterloofirst.org. Please clearly mark the item for the Herald or the bulletin.

614 Randolph
Waterloo, IA 50702
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www.waterloofirst.org

Rev. Hojin Shin
Pastor
Dawn Lowe
Financial Assistant
Kristy Klinger
Administrative Assistant
Emily Forssberg
Director of Music
Sally Thurman
Media Specialist
Dr. Linda Sharp DMA, MDiv
Organist
Dr. John Roberts, Ed. D.
Pianist
Rumen Hulmequist
Youth Leader

Worship Time:
Sunday - 9:30 a.m.

Office Hours:

Monday - Thursday
9:00 a.m. - 1:00 p.m.
(or by appointment)

*"The Mission of
Waterloo First UMC
is to be a church of
people who live as
disciples of Jesus
Christ by providing a
place for spiritual
growth in a caring,
inviting
community."*

Become

Prayer Walk



**FROM OUR
PASTOR**

Dear Waterloo First!

Grace and peace to you in the name of our Lord and Savior, Jesus Christ!

Watching the leaves change color as the cool breeze blows in the morning and evening after a hot summer, I'm sure you're amazed at God's providence. As we move into the beautiful season of October, I'd like to share with you a special chance to grow spiritually and get in touch with God: the Prayer Walk.

The Prayer Walk will take place each Tuesday throughout October, lasting about one hour each. During this five-week-long, immersive experience, we'll explore prayer on a deeper level.

In this series, we'll look at prayer practices throughout history, drawing on Christian wisdom and traditions. Through various prayer methods, we'll deepen our connection with God. Through this experiential approach, we'll strengthen our relationship with God. Our goal isn't just to learn about these prayer forms but to practice them.

Here is an overview of what to expect during each week of our Prayer Walk:

Week 1 (October 3rd): Orientation & the Labyrinth

We will begin with an Orientation, set up the Labyrinth, and explore its significance and depth of meaning. We will learn how to pray this foundational prayer with renewed understanding and devotion.

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(Continued from page 1)

Week 2 (October 10th): Centering (Contemplative) Prayer

This week, we will delve into Centering Prayer, quieting our minds, and opening our hearts to God's presence. We will learn techniques to deepen our contemplative experience.

Week 3 (October 17th): Jesus Prayer

One of the most powerful types of prayer! During this session, we will explore the art of praying for your needs directly. We will seek God's healing, guidance, and blessings for you, our loved ones, and the world at large.

Week 4 (October 24th): Lectio Divina

Lectio Divina is a method of reading and meditating on Scripture. We will engage with God's Word in an innovative way, allowing it to speak to our hearts and transform our lives.

Week 5 (October 31st): Thanksgiving and Sharing

The final week will focus on giving thanks to God and sharing what we have experienced. We will review what we have learned, share special experiences, and talk about how we will continue growing spiritually. Finally, we will celebrate with a meal and fellowship.

I invite you to join us on this spiritual journey of discovery and growth. Whether you are a seasoned prayer warrior or new to the practice of prayer, the Prayer Walk is an opportunity for all of us to draw closer to our Heavenly Father.

As we prepare for this meaningful experience, please mark your calendars for Tuesdays in October. I encourage you to contact me in the office at 319-235-7088 or pastor@waterloofirst.org. I look forward to embarking on this spiritual journey with you and witnessing the transformation it brings to our lives and our church.

May we come to God as He has come to us.

In His service and with much anticipation,

Hojin

August Attendance & Offering

Week	8/6/23	8/13/23	8/20/23	8/27/23
Attendance*	64	56	73	69
Pledge	\$5,877	\$1,516	\$5,542	\$2,556
Capital	\$1060	\$280	\$510	\$383.85
Misc.	\$168.67	\$208	\$836	\$401.64

** Attendance for these Sundays is taken from Facebook, www.waterloofirst.org, and in-person worship.*



October Ushers

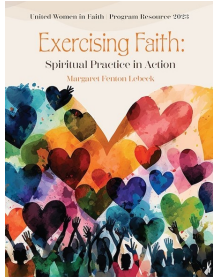
Howard Craven, Roberta Craven, Corinne Jordan, Larry Klinger, Phil Miller

Charge Conference

Sunday, October 15 at 5:30

There will be a Pictured Rocks District Charge Conference at Waterloo First UMC. Everyone in the congregation is invited to attend as we vote on our goals for 2024. You can read the goals, set by the Administrative Council, in the September 21st minutes.

Belong



United Women in Faith

October 2023

Bible Verse: Matthew 5:44

"But I tell you: Love your enemies and pray for those who persecute you." NIV

Thursday, October 5

Executive Board Mtg.: 11:00 am

VonLackum Lounge

Thursday, October 12

Sarah Circle: 6:30 pm

Hostess: Sally Thurman

Co-Hostess: Prudy Klinger

Devotions: Arlene Wright

Program: Sally Thurman

SUNDAY SCHOOL CLASSES

10:45 am



Elementary– Rm 108

Kathy Cooley

Youth– Rm 111

Melissa Warren

Searchers– Fireside Room

Genesis– Dinette

Use the code **BXWDJR** to sign up and start exploring Amplify Media for your personal bible study and or small group study. Contact Sally at media@waterloofirst.org if you need help.



The United Methodist Men
will Meet on
Saturday, October 21st
at 8 am.

Join the men at HyVee on Ansborough Ave.
for food and fellowship.



Fellowship & Coffee Time at Friendship Village with Pastor Hojin



Wednesday, October 25th from 10-11 am

Friendship Village, Lakeview Lodge

312 Southbrooke Drive

Wednesday at 5:30 pm

The Youth Group will meet at Frist Baptist in October.

Haunted Hay Ride tickets are \$15

Bless



Fellowship Servers

Thank you for signing up to serve fellowship!

October 1– Toni Brown

October 8– Larry Baker

October 15– 3rd Sunday Group

October 22– Genesis/Sarah's Circle

October 29– Open (also, Trunk or Treat Sunday)

Howard & Roberta Craven & Donn Harris & Sharon Miller have signed up to be extra help.



October Pew Cleaners

Howard & Roberta Craven

Thank the Craven's for the clean pews this month!



NORTHEAST IOWA
FOOD BANK

Volunteer at the Northeast Iowa Food Bank

Thursday, October 19th at 2 pm

Join others to help out at the Food Bank. Let Donna Brown know if you're interested.



THE FOOD NOOK

Our Food Nook continues to increase the help we give our neighbors, which increases the need for help. Donations of individual portion canned food, such as spam, chef Boyardee, Ramen Noodles, Vienna sausages, soups, tuna, canned or plastic container fruit, and Shampoo /conditioner are always needed. Also, they are in need of grocery bags. Donations may be put in the hampers by the stairs in VonLackum Lounge.

Thank you so much for considering a donation. Food insecurity is definitely a community problem, and one our church can be proud of lending a helping hand.



RaiseRight™

by ShopWithScrip



Raise Right scrip cards continue to raise money for Waterloo First UMC. We've used the money to help pay the cost of the video cameras in the sanctuary among other things. New cards are available at church. Ask Sally or Emily.

To participate in this easy fundraising program, use the QR code to sign up with Waterloo First UMC at Raise Right Fundraising and then use their easy to use app to order your own cards. You may also use the order forms in VonLackum lounge to order cards. The cards are great as gifts but also for your everyday shopping. An easy way to raise money without spending more than you would to shop.



Excerpts from the
ADMINISTRATIVE TEAM MEETING

September 21, 2023

**If you'd like a complete copy of the minutes,
please contact the office*

Leading –

Church Directory – Information has been sent in. Should be finished October 13th. Not sure how long it will take to get the final product.

Charge Conference – October 15th at 5:30 pm. WFUMC is the host church and will provide popcorn, cookies, water, and coffee. Determine who are required to attend the meeting (Pastor, Ad Team Chair person, SPRC member, Secretary) any others?

Documents needed for Charge Conference – The following documents submitted for review were reviewed, discussed, and approved for submission at charge conference:

Resolution on Accountable Reimbursement Plan for 2024

Resolution on Church-Owned Parsonage for 2024

Historian Report for 2023

Church Membership Report for 2023

Form I – Based on a conference formula, this document delineates percentage of compensation of pastoral support for specific line items. A motion to approve the 2024 Pastoral Support Form (Form I) submitted by the SPRC Committee was seconded and passed (Sam Anderson/Sally Thurman).

Goals for 2024 – The Mission and Ministry Plan for 2023 was reviewed with many of the same goals.

Improve the Financial Condition of the Church

Engage More People in the Life of the Church – Simplify church language, on-time volunteer list, invite non-members to help with special events, different look for Rally Day

Care for the Needs of the Congregations – Spiritual growth of the congregation, improve sound system, welcome visitors, recognize gifts on the memorial registry, visitation teams, pastoral visits, responsive to staff needs and good working environment

Serve Our Community – Support collaborative youth ministry program and include neighborhood kids, monetary support of identified programs, apply for food grants,

Continue to expand collaborations with other churches and faith traditions in our community

After discussion, a motion to adopt the five goals for 2024 was seconded and passed (Kathy Breckunitch/ Pam Ulfers). They will be submitted at charge conference.

Ministry Expectations

Improve giving – Monthly financials were e-mailed for review. Current finances are in decent shape. It was noted that the utility bills decreased but insurance cost is rising significantly. The Finance Committee will choose a theme for the Annual pledge drive. Ideas may be found on the Conference website. Monies to help support utility payments are no longer available from the Foundation. Next year's budget may include a one-time designated request to the foundation.

Engage more people in the life of the church – A Volunteer Fair – There was nice participation. Committees will need to make sure to contact the volunteers to help with the projects they signed up to help with.

Develop healing ministries –

(Continued on page 6)

(Continued from page 5)

Pastor Hojin visited recovering in the hospital. One of the goals for 2024 includes visiting families with young kids and college kids. The church also helped a couple of gentlemen with the WHO fund.

Leading - Committee Reports

Education –

Rally Day – There has been a decrease in participation over the last several years. Will look at a different way to kick off the Sunday School year.

Matthew 25 – Very active

The primary focus is completing the birthing and personal kits. A group of women have been diligently sewing blankets and plan to complete 90 kits. Other items have been ordered in bulk to use with monetary donations. Kit assembly will be on October 22 during Sunday School in hopes of classes helping with this process.

Sue Carver has agreed to become Board Chair for the Food Nook. There is another possibility to apply for the Carma Mohler Grant through the Iowa United Methodist Foundation. Demand has been increasing and now requires 4 volunteers to staff.

Promoting the collaborative youth group through discussions with the Congregational Church representative and IHFH Neighborhood coordinator for ideas.

Continue to support growing minds, local missions, Crop Walk, Feed My Starving Children, the Food Bank, and Habitat for Humanity Women's Build.

SPRC –

Youth - Several individuals attended the Youth collaborative Board meeting. The youth leaders are interested in having access to funds for their outings. After discussion, a Venmo account through Veridian which will have money raised by the group will be accessible by the leaders. Use will be monitored by a member of the Youth collaborative Board.

Staff – Kristi Klinger has been a welcome addition to the office.

Technology – Maximum sight and sound hope to have a bid for the sound system move to the main floor. Availability for sound in Von Lackum lounge will also be included.

Trustees

Parsonage – Roof expected to be done by early October.

Church – Boilers should be installed soon. Before they can be installed, the balloons and ribbons from Jazz Sunday need to be removed from the fans. Alternatives to balloons will be reviewed as the ribbons get wrapped around the fans and are not easily removable.

The stained-glass windows by the bell choir will need to be repaired in the next couple of years. Also, a bid will be received to repair the window in the chapel.

Insurance premiums and deductibles are rising significantly. Al Smith will look at alternative companies to see if there is a better option available.

Worship Team –

Communion – October 1st

Substitute Pastor – October 8th

(Continued on page 7)

Trunk or Treat – October 29th

All Saints Day – November 6th

Methodist Men – They men met throughout the summer. Next meeting will be October 21st at the Hy Vee on Ansborough.

United Women in Faith – Four round tables from Hartman Hall have been resurfaced. The other eight will be resurfaced in the next two weeks.

Safety Task Force – The group discussed the need for an usher in Von Lackum Lounge during the entire worship service to accommodate late arrivals and those that need to leave and return to get something from their car. A preferable option would be to use technology to alert an usher that someone is waiting at the door. Options will be discussed with Hawkeye Alarm when they come on Monday.

Respectfully Submitted,

Arlene Wright Recording Secretary

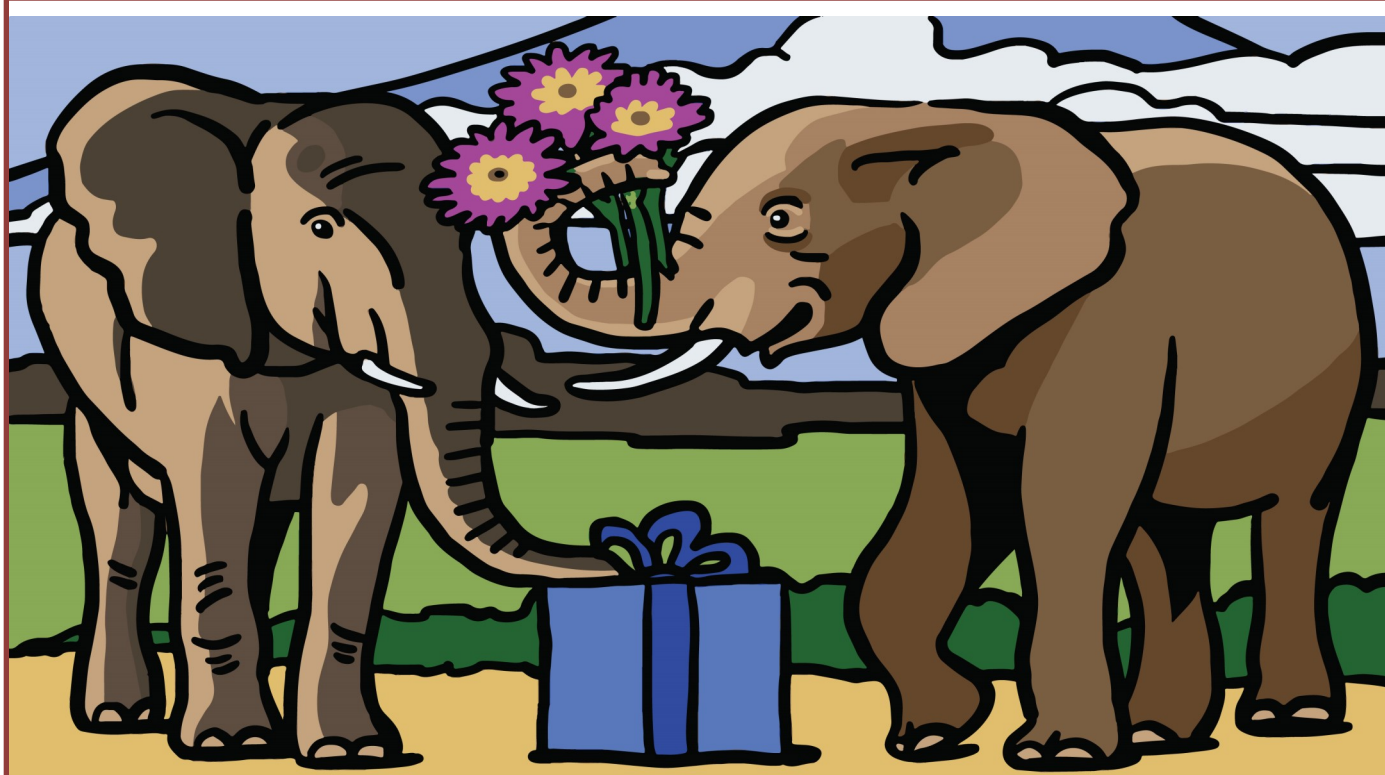


Altar Flowers

Sign up on the bulletin board in VonLackum lounge to honor an occasion or memorialize a loves on with altar flowers

Herald Deadlines 2023	
October 17	November 7
December 12	

Herald Assembly 2023	
October 26	November 16
December 21	



OCTOBER BIRTHDAYS & ANNIVERSARIES

3- Janet Barcherding

Tammi Knipp

Larry McCollum

4- Barb Fleshner

8- Lee Stonewall

10- Phil Miller

12- Sharon Miller

13- Mark Durbahn

14- Vicky Bjortomt

Jeanne Hackbarth

15- Toni Brown

Julie Johnson

Douglas Stanford

21- Connie Jo Nellis

22- Larry Dodge

25- Henry Loerzel

28- Kris Stewart

3- Kathy & Rick McFarland 25

24- Pam & Curt Tallman 25

29- Marcia & Al Smith 52

Waterloo First United Methodist Church

Sun	Mon	Tue	Wed	Thur	Fri	Sat
1  WORLD COMMUNION SUNDAY 9:30 am– Worship/ Communion 10:30 am– Fellowship 10:45– Sunday School 12:00 pm– Church Row Coalition Mtg.	2 4:00 pm– Getting Ahead	3 9:00 am– Staff Mtg 6:15 pm– Prayer Walk	4 9:00 am– Worship on Waterloo Public Access 17 5:00 pm– Youth Group 5:45 pm– Golden Bells 7:00 pm– Chancel Choir	5 8:00 am– Church Row Prayer Walk 8:30 am– LSI Staff Mtg. 9:30 am– Food Nook 10:00 am– Book Club 11:00 am– UWF Board Mtg. 4:00 pm– Getting Ahead 4:15 pm– PIE at Irving Elementary	6 7:00 pm– Worship Public Access 17	7 3:00 pm– Worship on CF Public Access Chanel
8 9:30 am– Worship 10:30 am– Fellowship 10:45 am– Sunday School 1:00 pm– Girl Scout Troop #3419	9 11:00 am– Nest 4:00 pm– Getting Ahead	10 6:15 pm– Prayer Walk	11 9:00 am– Worship on Waterloo Public Access 17 10:00 am– Church Row Structural & Safety Committee 5:00 pm– Youth Group 5:45 pm– Golden Bells 7:00 pm– Chancel Choir	12 8:00 am– Church Row Prayer Walk 9:30 am– Food Nook 4:00 pm– Getting Ahead 6:30 pm– Sarah’s Circle at Sally Thurman’s	13 7:00 pm– Worship on Waterloo Public Access 17	14 10:00 am– Food Nook 3:00 pm– Worship on CF Public Access Chanel 15
15 9:30 am– Worship 10:30 am– Fellowship 10:45 am– Sunday School 5:30 pm– Charge Conference	16 4:00 pm– Getting Ahead 5:30 pm– Trustees Mtg.	17 Herald Deadline 5:30 pm– Finance Mtg. 6:15 pm– Prayer Walk 6:30 pm– Church Row Neighborhood Assoc. Mtg.	18 9:00 am– Worship on Waterloo Public Access 17 5:00 pm– Youth Group 5:45 pm– Golden Bells 7:00 pm– Chancel Choir	19 8:00 am– Church Row Prayer Walk 9:30 am– Food Nook 2:00 pm– Volunteer at the Food Bank 4:00 pm– Getting Ahead 6:30 pm– Ad Team Mtg.	20 7:00 pm– Worship on Waterloo Public Access 17	21 8:00 am– United Methodist Men 3:00 pm– Worship on CF Public Access Chanel 15
22 9:30 am– Worship 10:30 am– Fellowship 10:45 am– Sunday School/ Packing Ingathering Kits 1:00 pm– Girl Scout Troop #3419	23 11:00 am– Nest 4:00 pm– Getting Ahead	24 6:15 pm– Prayer Walk	25 9:00 am– Worship on Access 17 10:00 am– Fellowship at Friendship Village 5:00 pm– Youth Group 5:45 pm– Golden Bells 7:00 pm– Chancel Choir	26 8:00 am– Church Row Prayer Walk 9:30 am– Food Nook 9:30 am– Herald Assembly 4:00 pm– Getting Ahead	27 Rapids Youth Experience (10/27-29) 7:00 pm– Worship on Waterloo Public Access 17	28 3:00 pm– Worship on CF Public Access Chanel 15
29 9:30 am– Worship 10:30 am– Fellowship 11:00 am– Trunk or Treat 	30 4:00 pm– Getting Ahead	31  6:15 pm– Prayer Walk				



Waterloo FIRST United Methodist Church

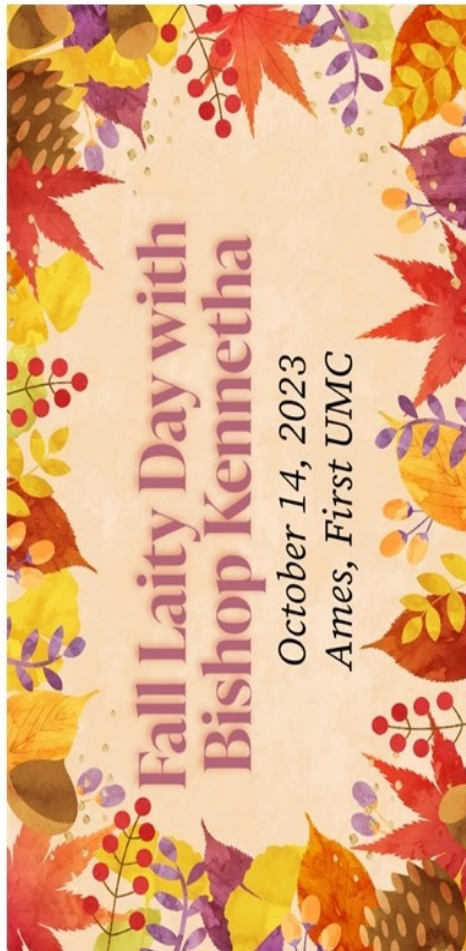
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Dated Materials



9 am to 3 pm • Program begins at 9:30 am

Treats & fellowship on arrival/Lunch & conversation at noon
Worship and Message: from Bishop Kennetha. Expect a bold, deeply spiritual message as she leads us in thinking about what it means to be a United Methodist Christian in 2023

Christian Nationalism: What is it? Why is do we need to be informed? Why is it a threat to religion and to democracy?

Fresh Expressions: A new way to find, connect, and serve new people. Learn what this might mean for your church.

What is next for the United Methodist Church? Hear from some of our General Conference delegates about the *Regionalization Plan*. Many anticipate its passage, providing for more autonomous decision making on a regional basis.

Closing Communion: to bind us together.

This is a **FREE** event sponsored by the Board of Laity.

Registration is not required but **very helpful**.

To register: <https://rb.gy/tx8c9> or scan

First UMC, 516 Kellogg, Ames





Matthew 25 is raising funds for 2 Ingathering Kits - the Birthing Kit and the Personal Dignity Kit. Please send donations to the church marked either Ingathering or Matthew 25. There is material at the church if additional people are willing to sew receiving blankets (sized from 28x28 to 36x36")



Packing the Kits

Sunday, October 22, during the Sunday School hour is planned for packing the kits. We request that the various adults and youth set that day aside in their lesson planning to help. Last year proved to be a great combined effort. If anyone currently doesn't attend a SS class and wishes to participate, please let Donna know - we have a place for everyone.

Rally Day 2023



Thank you so much for your continued gifts and offerings. Please use the envelope included in this newsletter to send in one check, using this form and your check memo line, to divide your donation, in whatever manner you chose.

_____ Pledge

_____ Capital Improvements

_____ General Budget

_____ Ingathering