



# NEW TO MASS

## **Welcome**

For those who are unfamiliar with the Mass, it is the main practice for all Catholics and the “high point” of our faith. We want you to feel comfortable and at home, so we hope the following will guide your experience as we join in worship.

## **We reflect**

Focus first on asking the Lord's forgiveness for where you fell short this week and give thanks for the greatness of His glory.

## **We listen**

While listening to the Bible readings, pay attention to what God might be saying to you at this point in your journey. In the homily, consider how you can live out the message from the Bible in your daily life.

## **We offer**

Offer intentions with the whole community, for the good of one another and all the world, trusting your prayers to the Lord.

## **We encounter the Lord**

Watch the priest pray over the bread and wine. Consider how this prayer transforms these ordinary things into the body and blood of Christ. What transformation might God be calling you to this week?

## **We receive**

Whether or not you are prepared to receive the Eucharist today, open yourself to the deep relationship God wants to have with you.

## **We are sent**

All this leads us to live out the mission in a world that longs for Christ's love. Notice how you may have been changed in your experience of worship and carry it with you.

**Thank you for joining us in worship!**