

Toiletries:

Baby wipes
Quart-sized zip bags
Gallon-sized zip bags
Saline eye drops
Feminine hygiene products
Acetamonophen or Ibuprofen
Antacids
Lip balm
Muscle rub
Athlete's foot powder
Sunscreen

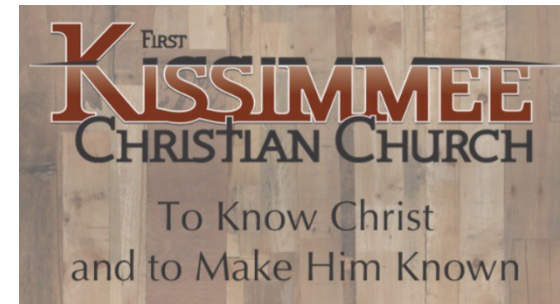
Prayer
Monetary donations
Comics from newspapers
Magazines

Foods:

Beef jerky
Tuna packets (not cans)
Energy Bars Ex: Clif Bars, Kind Bars
(not cereal or granola)
Individually wrapped crackers
Individually wrapped cookies
Candy (no chocolate, or gummies)
Individually wrapped Pretzels
Sunflower seeds
Nuts
Dried fruit
Individual apple sauce cups
Individual pudding cups
Gum
Mints

Individually wrapped beverages:

instant coffee
Flavored powdered creamer
tea bags
Single lemonade mix
water enhancement powders or
drops (Ex: MiO, Stur, Crystal light,
Dasani drops, Propel)



Questions? E-mail: staff@fckkissimmee.org
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