

Receiving the Supernatural Help of the Holy Spirit

Rom. 8:26 “Likewise the Spirit also **helps** in our **infirmities/weaknesses**. For we do not know what we should pray for as we **ought**, but the Spirit Himself makes **intercession** for us with groaning’s which cannot be uttered.”

“The Spirit helps in our **infirmities/weaknesses**...”

- **Infirmities/weaknesses** = *Asthenios* – a generic word which includes all kinds of sicknesses and weaknesses.
 - If someone has a cold, cancer, headache, allergy or some other ailment; we say they are sick. We cover all kinds of sicknesses and diseases with the word infirmities.
 - **Astheneia** = “**The lack of strength, the inability to produce results.**”

The New Testament – four Gospels, lists all sicknesses that Jesus healed in **five categories**:

1. **Nosos** – translated in Matt 4 as “**disease.**”
 - This word for “disease” describes a condition for which there is no natural cure.
 - EX: some types of cancer, or aids or other diseases for which there has not been discovered a natural/medical cure. A terminal condition.
 - We see that Jesus did and still does heal of these types of diseases.
2. **Malakian** – Matt 24 translated as “**disease**” yet different from Matt 4 in that Malakian describes a **sickness affecting the muscles or nerves.**
 - You can live with this disease, but if you have a Malakian disease, you are crippled but no longer able to function. You are debilitated and don’t have freedom of movement.
3. **Kakos** - used in all four Gospels meaning “those who were grievously vexed by demon spirits.”
 - Kakos describes people who are mentally confused or oppressed by demonic spirits.
4. **Mastigos** – translated in the N.T. as the word “plague.”
 - Mark 5 – the woman with the issue of blood suffered for 12 years and could not find relief or healing, but grew worse even after remedies were sought.
 - When she reached out and touched the hem of Jesus’ garment, in that moment she was healed of her plague – the Greek for that word is mastigos.

- This word comes from the background of Roman torture where the victim was beaten until almost dead; let heal for a while, then beaten again until almost dead. This was repeated over and over again as a torture.
- Mastigos is a reoccurring illness or disease that continues to reappear.
- Just when you think, it's over and you are ok; it reappears to plague you.

Ex: A migraine headache, high blood pressure, or something you have treatment for but keeps reoccurring.

5. **Arroustos** – translated as a person so sick their life is hanging in the balance of life / death.
 - This is a critical care person – in a coma/comatose.
 - Mark 16 – Jesus said believers would lay hands on the sick/infirm/**arroustos** and they would recover.
 - Jesus was demonstrating how great our authority was in Him to be able to lay our hands on the comatose and they would recover.

These are the five categories of sickness/infirmities that Jesus healed:

1. **Nosos** – This word for “disease” describes a condition for which there is natural cure.
2. **Malakian** – You can live with this disease, but if you have a Malakian disease, you are crippled but no longer able to function.
3. **Kakos** - Kakos describes people who are mentally confused or oppressed by demonic spirits.
4. **Mastigos** - Mastigos is a reoccurring illness or disease that continues to reappear. Just when you think, it's over and you are ok; it reappears to plague you.
5. **Arroustos** – A person so sick their life is hanging in the balance of life / death. This is a critical care person – in a coma/comatose.

What does this category of infirmities have to do with Rom 8:26 **Likewise the Spirit also helps in our infirmities/weaknesses.**?

- **Infirmities** includes all five of these categories.

This verse is describing what we are like without the help of the Holy Spirit:

1. We are a terminal case – **Nosos** -without the help of the Holy Spirit.
2. We are spiritually debilitated and crippled – **Malakian** -without the help of the Holy Spirit.
We can't get from point A to point B without the Holy Spirit.
3. Without the Holy Spirit, we are **Kakos** – confused.
4. Without the help of the Holy Spirit, we are – **Mastigos** – our problems just keep reoccurring repeatedly.
5. If we don't have the help of the Holy Spirit we are – **Arroustos** – comatose.

This establishes why we need the help of the Holy Spirit in our lives.

What is this **HELP** from the Holy Spirit ?

- It is a compound of three words making up one word to describe the help the Holy Spirit offers to a believer.
- It is the first time this word is ever used in the Bible.

Sun = “A partnership in cooperation.”

- This describes what you do in partnership **with** someone else.
- It never describes what someone does **for** you.

2Cor. 6:1 “We are **co-labors** together with God...”

- This partnership always connects you **with** someone else.

This verse is not telling us what the Holy Spirit does independently for us, but what He will do together **with** us.

Anti = “**To be against**” So opposed to others that he/she is a menace to society.

- Someone who is so dangerous, they are a risk to the welfare of other people.
- If you don’t put this person away, they endanger themselves and others.

Lambano = “**I take or I receive.**”

- In this case, it is a strong or violent word.
- It is not just to take or receive something, but is the taking of something by force.
- Grabbing, or seizing something pulling it to yourself.
- A robber taking a purse from a woman.

This word is the choice the Holy Spirit used to describe His Help for the believer:

“The position of the Holy Spirit in partnership with us who has an attitude that He is extremely upset/furious about the way we are being treated by the enemy; that He desires to take action and grab our inheritance of the Lord and bring it to us.”

Sun anti lambano and its meanings all come to us in the word “**HELP**.”

“**The Holy Spirit helps us in our weaknesses/infirmity.**”

We need to call on the One who resides and abides in us to HELP us in whatever situations we find ourselves in.

He is offering **HELP** to come along side of you as your partner – you are no longer faced

with the mountain or issue alone.
It's you and HIM together.

The attitude of the Holy Spirit towards that attack is [Anti], He is enraged, on edge and the desire of the Holy Spirit is to reach out with you to grab hold of whatever needs to be removed from your life.

He is ready to assist you to bring the inheritance of the Lord into your life.

What qualifies us to receive this HELP from the Holy Spirit?

“The Spirit also **helps** in our **infirmities/weaknesses**.

For we do not know what we should pray for as we **ought**, but the Spirit Himself makes **intercession** for us with groaning's which cannot be uttered.”

- Your infirmities/weaknesses do not disqualify you for receiving the HELP from the Holy Spirit; your weakness/infirmities actually qualify you to receive the HELP from the Holy Spirit.

Without the Spirit's help we are:

1. A terminal case
2. Spiritual cripples
3. Confused
4. Our problems reoccur again and again
5. Comatose

Our weakness qualify us for the help of the Holy Spirit.

- Religion tells us we have to achieve a measure of maturity or perfection before we are candidates for the HELP of the Holy Spirit.
- This is NOT TRUE; we need the HELP of the Holy Spirit **because** we are weak/infirm.
- THAT QUALIFIES EVERYONE LISTENING TODAY TO RECEIVE THE HELP OF THE HOLY SPIRIT.

1Cor. 1:27-29 God calls three categories of people:

“God chose the **base** things [people who were so ugly; they were not presentable] foolish things of the world to shame the wise.

He chose the weak things [**social rejects**] of the world to shame the strong.

And God chose what the world thinks is **not important** [Foolish things – *moros* = *moron*] – what the world hates and thinks is nothing/worthless/stupid hence foolish.

He chose these to destroy what the world thinks is important.

God did this so that no one can stand before Him and boast about anything.”

I’m not here to offend you, but these categories of people mean that we all qualify for the help of the Holy Spirit.

These are categories of people who are dependent on help from others to be able to accomplish the basics of life’s activities.

According to 1Cor 1 and when God called and saved you, you were either:

1. **Base** – so ugly you were not presentable. Not necessarily an ugly appearance, but your character and actions.
2. **A Social reject** – an outcast.
3. **A Moron** – unable to do anything of value in life.

Some of us were all three. But, that is what qualifies us for the Help of the Holy Spirit.

“For we do not know **what** we should pray for as we **ought**, but the Spirit Himself makes **intercession** for us with groaning’s which cannot be uttered.”

- We don’t have the know-how without the Holy Spirit
- “**What**” to pray for = **this means the minute small details**; “forget the big things; we don’t even have the know-how to pray accurately for the little things in our lives.
- We must have the HELP of the Holy Spirit.

“We don’t know what to pray for as we “**OUGHT**,”

- Translated: “We don’t know how to pray as **NECESSARY**.”
- “**We don’t know how to pray as the circumstance demands.**”
- There is no such thing as a formula pray – one pray fits every situation.
- You face a new problem and it will require a new kind of praying.
- Not every issue or disease is prayed for in the same manner.
- **It takes prayer empowered by the Holy Spirit through you to effectively deal with that particular issue.**
- **It takes obedience/sensitivity to the Holy Spirit.**

We don’t have the ability to see as we need to see into a situation; the Holy Spirit sees and knows it all and really is the only One who knows how to pray.

“...but the Spirit **Himself** makes **intercession** for us with groaning’s which cannot be uttered.”

Question: Who makes intercession?

The Holy Spirit makes intercession!

“He makes intercession for us.”

We talk about our intercession, but this is talking about the Spirit making intercession for us.

Intercession carries three primary ideas:

1. **“To fall into a ditch with someone else.”** You can’t qualify for this intercession unless you’re in a ditch.
 - **Most of us are in a ditch most of the time – we need help.**
2. **“To share emotions and frustrations.”**
3. **“To make supplications.”** Which is a word of rescue – “I’m going to get you out of this mess, “I’m going to supplicate for you.”

So, whatever type/kind of problem or issue we are in, we are encouraged to invite HELP from the Holy Spirit –

- And He will get into the ditch with us to HELP bring us out.
- You won’t be in the situation alone, but the Holy Spirit will partner with you and share emotions, or “rub off on us.”
- Remember the attitude of the Holy Spirit? HE is **anti** – enraged at what the enemy is doing to us.
- Our problem is that most of the time, we have been in the ditch for awhile before we call on the Holy Spirit for help.
 - So we are exhausted, tired, faithless, and cold.
- The Holy Spirit knows He needs to “**rub off on us**” to impart His fire and heart back into us to get out of this situation.
- He becomes so stirred within us that it is with **groaning’s** that the Holy Spirit begins to intercede through us with groaning’s which cannot be uttered/spoken in human language.

Someone may say, “I called out for the Holy Spirit to help me and nothing happened!”

“How cold the water is, determines how quickly the water responds to heat.”

- You may have become so cold in your spirit man that it takes you awhile to become receptive to the Holy Spirit rubbing off on you to re-instill His fire.
 - If you’ve wallowed around in sympathy and complaining in the pit when the Holy Spirit came; you were cold when the process began.
 - You need to keep allowing – asking for His HELP and letting His fire touch your life.
 - It’s you that moved away from the FIRE, not the Holy Spirit.

- You keep praying – pressing - and asking for His HELP and soon your tone will change, your prayers will be supplemented by His fire; He will partner **with** you and **through** you to grab a hold of whatever is hindering you and breakthrough will begin to happen.

Whatever your need is: **THE HOLY SPIRIT IS THE KEY!**

IT'S NO LONGER JUST YOU FACING YOUR SITUATIONS.

IT'S YOU AND THE HOLY SPIRIT FALLING IN TOGETHER TO ACCOMPLISH HIS WILL IN AND THROUGH YOUR LIFE.