



"Burn the Ships – Pt 5A" Luke 9:62 ESV

Sunday @ 10AM Worship Sunday, March 10th, 2024

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Today's Focal LifeText: "I want to help you **live lives of FAITHFUL DEVOTION to the Lord without any DISTRACTION.**" 1 Corinthians 7:35 Voice

According to today's LifeText, for you and I to be **FIT** for the Kingdom of God, we **MUST** "**Burn OUR Ships ...**" that would carry us **BACK** to our **PAST** because if we don't, we will be tempted to return ("sail back") to it ...

001 Burn Our Ship of **FEAR** – "i.e. the **USS FEAR**" (Introduction plus #2 parts of **FEAR**)

002 Burn Our Ship of **UNBELIEF** – "i.e. the **USS UNBELIEF**" (#3 parts on **UNBELIEF**)

003 Burn Our Ship of **SELFISHNESS/SELF-CENTEREDNESS/SELF-DEPENDENCE** (#3 parts on **SLEFISHNESS**)

004 Burn Our Ship of _____ – "i.e. the **USS** _____"

_____ defn. "to turn or draw aside or away; to divert (the attention) from one point toward another point" / anything which causes - can lead to _____ / _____ in our _____ to Christ!

At times, 21st Century **DISTRACTIONS** have made major contributions to our distraction struggles by

tugging & tearing _____ at the _____ and _____ of our hearts!

Unaddressed distraction _____ our **spiritual** _____ & _____ needed to **walk** by _____ in our **life journey North!**

Distracted Driver Accident 2024 Statistical Findings

"In an August 2022 poll by *Crucial Learning*, the effects of unfocused behavior are severe and far-reaching—starting with a decrease in mental and physical health. Respondents listed how their inability to focus affected them in the following ways:

- **73.2% feel** _____: "**I have too much to do.**"
- **73% _____ energy:** "**I feel drained.**"
- **72.6% experience** _____: "**I feel worried about all I have to do.**"
- **71.7% report** _____ **efficiency:** "**I work much slower.**"

~ Justin Hale, "Failure to Focus: Distractions Are Killing Our Ability to Focus at Work and at Home," 10.14.2022; www.td.org

"**Distractions** can be **hostile** _____ (in our lives), but too often in today's hectic lifestyle, **distractions** are viewed as _____ **annoyances**, _____ **little ankle-biters**, or even **good material for** _____ **conversation**. After all, **everyone gets distracted, (so) what's the big deal?**"
~ excerpted from "Are Distractions Hindering Your Walk with God?;" thewarriorsjourney.org

"**Distraction**, which drives _____, is now a **major cause of** _____ and _____, which leads to feelings of being _____ ... Interestingly, one of the meanings of the word **distraction comes from a French term related to a cruel form of torture (called drawing and quartering)**.
~ James Koch, "Distraction is Torture: Four Keys to True Effectiveness," 1.27.2015, LinkedIn.com

"We're becoming _____ to **distraction**, and it's **harming** our **ability to** _____ and _____ **carefully, to be** _____, to _____, and to _____. (**Distraction**) is a _____, an _____ from which we **need God's** _____ (**Matthew 6:13**)."
~ Jon Bloom, "Deliver Me from Distraction," 12.6.2016; DesiringGod.org

"Your **life follows your** _____ (**_____**). **Wherever you _____, you end up _____.**" ~ Anonymous
[a truism similar to "**our _____ tend to follow our _____ while we are driving**"]

God's Word teaches us to turn _____ from **DISTRACTIONS** and instead, _____ upon _____!

Proverbs 4:25-27 Amplified, Hebrews 12:1-2a Amplified Classic, TPT

A³ (A)ccept, (A)pply & (A)ct)