

TRANSFORMED

October 18, 2026

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IN THE "CHOSEN" SERIES:

September 27: *You Are Chosen*

October 11: *One Body*

October 25: *Roles & Submission*

October 4: *Dead to Life*

October 18: *Transformed*

November 1: *Stand Firm*

Four Truths:

1) Following Jesus means we no longer _____.

Ephesians 4:17-22 (NLT) (17) With the Lord's authority I say this: Live no longer as the Gentiles do, for they are hopelessly confused. (18) Their minds are full of darkness; they wander far from the life God gives because they have closed their minds and hardened their hearts against him. (19) They have no sense of shame. They live for lustful pleasure and eagerly practice every kind of impurity. (20) But that isn't what you learned about Christ. (21) Since you have heard about Jesus and have learned the truth that comes from him, (22) throw off your old sinful nature and your former way of life, which is corrupted by lust and deception.

GOD DOESN'T WANT US TO LIVE LIKE THOSE WHO ARE NOT FOLLOWERS OF JESUS. HE WANTS AND EXPECTS US TO BE DIFFERENT.

Romans 12:2 (NLT) (2) Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

GOD WANTS YOU TO ALLOW HIM TO TRANSFORM YOU INTO A NEW PERSON.

2) Following Jesus means _____ your old way of living and _____ the new way God wants you to live.

Ephesians 4:21-32 (NLT) (21) Since you have heard about Jesus and have learned the truth that comes from him, (22) throw off your old sinful nature and your former way of life, which is corrupted by lust and deception. (23) Instead, let the Spirit renew your thoughts and attitudes. (24) Put on your new nature, created to be like God—truly righteous and holy. (25) So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. (26) And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, (27) for anger gives a foothold to the devil. (28) If you are a thief, quit stealing. Instead, use your hands for good hard work, and then give generously to others in need. (29) Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them. (30) And do not bring sorrow to God's Holy Spirit by the way you live. Remember, he has identified you as his own, guaranteeing that you will be saved on the day of redemption. (31) Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. (32) Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

IT IS GOING TO BE VERY HARD TO CHANGE WHAT YOU ARE DOING IF YOU DO NOT CHANGE WHAT YOU ARE THINKING ABOUT.

GENERALLY, GOD DOESN'T JUST TELL US WHAT NOT TO DO. HE ALSO TELLS US WHAT TO DO INSTEAD.

3) We should strive to _____ in everything we do.

Ephesians 5:1-2 (NLT) (1) Imitate God, therefore, in everything you do, because you are his dear children. (2) Live a life filled with love, following the example of Christ. He loved us and offered himself as a sacrifice for us, a pleasing aroma to God.

Ephesians 5:3-12 (NLT) (3) Let there be no sexual immorality, impurity, or greed among you. Such sins have no place among God's people. (4) Obscene stories, foolish talk, and coarse jokes—these are not for you. Instead, let there be thankfulness to God. (5) You can be sure that no immoral, impure, or greedy person will inherit the Kingdom of Christ and of God. For a greedy person is an idolater, worshiping the things of this world. (6) Don't be fooled by those who try to excuse these sins, for the anger of God will fall on all who disobey him. (7) Don't participate in the things these people do. (8) For once you were full of darkness, but now you have light from the Lord. So live as people of light! (9) For this light within you produces only what is good and right and true. (10) Carefully determine what pleases the Lord. (11) Take no part in the worthless deeds of evil and darkness; instead, expose them. (12) It is shameful even to talk about the things that ungodly people do in secret.

4) Being _____ is the key to imitating God.

Ephesians 5:15-20 (NLT) (15) So be careful how you live. Don't live like fools, but like those who are wise. (16) Make the most of every opportunity in these evil days. (17) Don't act thoughtlessly, but understand what the Lord wants you to do. (18) Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit, (19) singing psalms and hymns and spiritual songs among yourselves, and making music to the Lord in your hearts. (20) And give thanks for everything to God the Father in the name of our Lord Jesus Christ.

Romans 8:11 (NLT) (11) The Spirit of God, who raised Jesus from the dead, lives in you. And just as God raised Christ Jesus from the dead, he will give life to your mortal bodies by this same Spirit living within you.

1 Corinthians 6:19 (NLT) (19) Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself...

HAVING THE SPIRIT IS ABOUT HIS PRESENCE IN US. BEING FILLED IS ABOUT HIS CONTROL OF US.

Galatians 5:16 (NLT) (16) So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves.

Two Questions to Think About This Week:

- What is one thing God is asking you to put off, and what will you put on in its place?
- Is there any area of your life that you have not yet fully surrendered to the Holy Spirit's control?