



Matthew 6-10 | August 11-16

Matthew 6 (ESV) | Monday, August 11

¹ “Beware of practicing your righteousness before other people in order to be seen by them, for then you will have no reward from your Father who is in heaven.

² “Thus, when you give to the needy, sound no trumpet before you, as the hypocrites do in the synagogues and in the streets, that they may be praised by others. Truly, I say to you, they have received their reward. ³ But when you give to the needy, do not let your left hand know what your right hand is doing, ⁴ so that your giving may be in secret. And your Father who sees in secret will reward you.

⁵ “And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. ⁶ But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you.

⁷ “And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. ⁸ Do not be like them, for your Father knows what you need before you ask him. ⁹ Pray then like this:

“Our Father in heaven,
hallowed be your name.

¹⁰ Your kingdom come,
your will be done,
on earth as it is in heaven.

¹¹ Give us this day our daily bread,

¹² and forgive us our debts,
as we also have forgiven our debtors.

¹³ And lead us not into temptation,
but deliver us from evil.

¹⁴ For if you forgive others their trespasses, your heavenly Father will also forgive you, ¹⁵ but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

¹⁶ “And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. ¹⁷ But when you fast, anoint your head and wash your face, ¹⁸ that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

¹⁹ “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, ²⁰ but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.

²² “The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light, ²³ but if your eye is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!

²⁴ “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money.

²⁵ “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? ²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷ And which of you by being anxious can add a single hour to his span of life? ²⁸ And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all his glory was not arrayed like one of these. ³⁰ But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? ³¹ Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. ³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you.

³⁴ “Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

Take time for reflection each day after your reading. Grab your journal!

Refer to the Resource page for more information.

- 1) OBSERVATION | What does the Bible say?
- 2) INTERPRETATION | What does the Bible mean?
- 3) APPLICATION | How should I respond?
- 4) PRAYER | Communion with God

Matthew 7 (ESV) | Tuesday, August 12

¹ “Judge not, that you be not judged. ² For with the judgment you pronounce you will be judged, and with the measure you use it will be measured to you. ³ Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? ⁴ Or how can you say to your brother, ‘Let me take the speck out of your eye,’ when there is the log in your own eye? ⁵ You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye.

⁶ “Do not give dogs what is holy, and do not throw your pearls before pigs, lest they trample them underfoot and turn to attack you.

⁷ “Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. ⁸ For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. ⁹ Or which one of you, if his son asks him for bread, will give him a stone? ¹⁰ Or if he asks for a fish, will give him a serpent? ¹¹ If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

¹² “So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets.

¹³ “Enter by the narrow gate. For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. ¹⁴ For the gate is narrow and the way is hard that leads to life, and those who find it are few.

¹⁵ “Beware of false prophets, who come to you in sheep's clothing but inwardly are ravenous wolves. ¹⁶ You will recognize them by their fruits. Are grapes gathered from thornbushes, or figs from thistles? ¹⁷ So, every healthy tree bears good fruit, but the diseased tree bears bad fruit. ¹⁸ A healthy tree cannot bear bad fruit, nor can a diseased tree bear good fruit. ¹⁹ Every tree that does not bear good fruit is cut down and thrown into the fire. ²⁰ Thus you will recognize them by their fruits.

²¹ “Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven. ²² On that day many will say to me, ‘Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many mighty works in your name?’ ²³ And then will I declare to them, ‘I never knew you; depart from me, you workers of lawlessness.’

²⁴ “Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. ²⁵ And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. ²⁶ And everyone who hears these words of mine and does not do them will be like a foolish man who built his house on the sand. ²⁷ And the rain fell, and the floods came, and the winds blew and beat against that house, and it fell, and great was the fall of it.”

²⁸ And when Jesus finished these sayings, the crowds were astonished at his teaching, ²⁹ for he was teaching them as one who had authority, and not as their scribes.

Matthew 8 (ESV) | Wednesday, August 13

¹ When he came down from the mountain, great crowds followed him. ² And behold, a leper came to him and knelt before him, saying, “Lord, if you will, you can make me clean.” ³ And Jesus stretched out his hand and touched him, saying, “I will; be clean.” And immediately his leprosy was cleansed. ⁴ And Jesus said to him, “See that you say nothing to anyone, but go, show yourself to the priest and offer the gift that Moses commanded, for a proof to them.”

⁵ When he had entered Capernaum, a centurion came forward to him, appealing to him, ⁶ “Lord, my servant is lying paralyzed at home, suffering terribly.” ⁷ And he said to him, “I will come and heal him.” ⁸ But the centurion replied, “Lord, I am not worthy to have you come under my roof, but only say the word, and my servant will be healed. ⁹ For I too am a man under authority, with soldiers under me. And I say to one, ‘Go,’ and he goes, and to another, ‘Come,’ and he comes, and to my servant, ‘Do this,’ and he does it.” ¹⁰ When Jesus heard this, he marveled and said to those who followed him, “Truly, I tell you, with no one in Israel have I found such faith. ¹¹ I tell you, many will come from east and west and recline at table with Abraham, Isaac, and Jacob in the kingdom of heaven, ¹² while the sons of the kingdom will be thrown into the outer darkness. In that place there will be weeping and gnashing of teeth.” ¹³ And to the centurion Jesus said, “Go; let it be done for you as you have believed.” And the servant was healed at that very moment.

¹⁴ And when Jesus entered Peter's house, he saw his mother-in-law lying sick with a fever. ¹⁵ He touched her hand, and the fever left her, and she rose and began to serve him. ¹⁶ That evening they brought to him many who were oppressed by demons, and he cast out the spirits with a word and healed all who were sick. ¹⁷ This was to fulfill what was spoken by the prophet Isaiah: “He took our illnesses and bore our diseases.”

¹⁸ Now when Jesus saw a crowd around him, he gave orders to go over to the other side. ¹⁹ And a scribe came up and said to him, “Teacher, I will follow you wherever you go.” ²⁰ And Jesus said to him, “Foxes have holes, and birds of the air have nests, but the Son of Man has nowhere to lay his head.” ²¹ Another of the disciples said to him, “Lord, let me first go and bury my father.” ²² And Jesus said to him, “Follow me, and leave the dead to bury their own dead.”

²³ And when he got into the boat, his disciples followed him. ²⁴ And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves; but he was asleep. ²⁵ And they went and woke him, saying, “Save us, Lord; we are perishing.” ²⁶ And he said to them, “Why are you afraid, O you of little faith?” Then he rose and rebuked the winds and the sea, and there was a great calm. ²⁷ And the men marveled, saying, “What sort of man is this, that even winds and sea obey him?”

²⁸ And when he came to the other side, to the country of the Gadarenes, two demon-possessed men met him, coming out of the tombs, so fierce that no one could pass that way. ²⁹ And behold, they cried out, “What have you to do with us, O Son of God? Have you come here to torment us before the time?” ³⁰ Now a herd of many pigs was feeding at some distance from them. ³¹ And the demons begged him, saying, “If you cast us out, send us away into the herd of pigs.” ³² And he said to them, “Go.” So they came out and went into the pigs, and behold, the whole herd rushed down the steep bank into the sea and drowned in the waters. ³³ The herdsmen fled, and going into the city they told everything, especially what had happened to the demon-possessed men. ³⁴ And behold, all the city came out to meet Jesus, and when they saw him, they begged him to leave their region.

Matthew 9 (ESV) | Thursday, August 14

¹And getting into a boat he crossed over and came to his own city. ²And behold, some people brought to him a paralytic, lying on a bed. And when Jesus saw their faith, he said to the paralytic, “Take heart, my son; your sins are forgiven.” ³And behold, some of the scribes said to themselves, “This man is blaspheming.” ⁴But Jesus, knowing their thoughts, said, “Why do you think evil in your hearts? ⁵For which is easier, to say, ‘Your sins are forgiven,’ or to say, ‘Rise and walk’? ⁶But that you may know that the Son of Man has authority on earth to forgive sins”—he then said to the paralytic—“Rise, pick up your bed and go home.” ⁷And he rose and went home. ⁸When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

⁹As Jesus passed on from there, he saw a man called Matthew sitting at the tax booth, and he said to him, “Follow me.” And he rose and followed him.

¹⁰And as Jesus reclined at table in the house, behold, many tax collectors and sinners came and were reclining with Jesus and his disciples. ¹¹And when the Pharisees saw this, they said to his disciples, “Why does your teacher eat with tax collectors and sinners?” ¹²But when he heard it, he said, “Those who are well have no need of a physician, but those who are sick. ¹³Go and learn what this means: ‘I desire mercy, and not sacrifice.’ For I came not to call the righteous, but sinners.”

¹⁴Then the disciples of John came to him, saying, “Why do we and the Pharisees fast, but your disciples do not fast?” ¹⁵And Jesus said to them, “Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast. ¹⁶No one puts a piece of unshrunk cloth on an old garment, for the patch tears away from the garment, and a worse tear is made. ¹⁷Neither is new wine put into old wineskins. If it is, the skins burst and the wine is spilled and the skins are destroyed. But new wine is put into fresh wineskins, and so both are preserved.”

¹⁸While he was saying these things to them, behold, a ruler came in and knelt before him, saying, “My daughter has just died, but come and lay your hand on her, and she will live.” ¹⁹And Jesus rose and followed him, with his disciples. ²⁰And behold, a woman who had suffered from a discharge of blood for twelve years came up behind him and touched the fringe of his garment, ²¹for she said to herself, “If I only touch his garment, I will be made well.” ²²Jesus turned, and seeing her he said, “Take heart, daughter; your faith has made you well.” And instantly the woman was made well. ²³And when Jesus came to the ruler's house and saw the flute players and the crowd making a commotion, ²⁴he said, “Go away, for the girl is not dead but sleeping.” And they laughed at him. ²⁵But when the crowd had been put outside, he went in and took her by the hand, and the girl arose. ²⁶And the report of this went through all that district.

²⁷And as Jesus passed on from there, two blind men followed him, crying aloud, “Have mercy on us, Son of David.” ²⁸When he entered the house, the blind men came to him, and Jesus said to them, “Do you believe that I am able to do this?” They said to him, “Yes, Lord.” ²⁹Then he touched their eyes, saying, “According to your faith be it done to you.” ³⁰And their eyes were opened. And Jesus sternly warned them, “See that no one knows about it.” ³¹But they went away and spread his fame through all that district.

³²As they were going away, behold, a demon-oppressed man who was mute was brought to him. ³³And when the demon had been cast out, the mute man spoke. And the crowds marveled, saying, “Never was

anything like this seen in Israel.”³⁴ But the Pharisees said, “He casts out demons by the prince of demons.”

³⁵ And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction. ³⁶ When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. ³⁷ Then he said to his disciples, “The harvest is plentiful, but the laborers are few; ³⁸ therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.”

Matthew 10 (ESV) | Friday, August 15

¹ And he called to him his twelve disciples and gave them authority over unclean spirits, to cast them out, and to heal every disease and every affliction. ² The names of the twelve apostles are these: first, Simon, who is called Peter, and Andrew his brother; James the son of Zebedee, and John his brother; ³ Philip and Bartholomew; Thomas and Matthew the tax collector; James the son of Alphaeus, and Thaddaeus; ⁴ Simon the Zealot, and Judas Iscariot, who betrayed him.

⁵ These twelve Jesus sent out, instructing them, “Go nowhere among the Gentiles and enter no town of the Samaritans, ⁶ but go rather to the lost sheep of the house of Israel. ⁷ And proclaim as you go, saying, ‘The kingdom of heaven is at hand.’ ⁸ Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without paying; give without pay. ⁹ Acquire no gold or silver or copper for your belts, ¹⁰ no bag for your journey, or two tunics or sandals or a staff, for the laborer deserves his food. ¹¹ And whatever town or village you enter, find out who is worthy in it and stay there until you depart. ¹² As you enter the house, greet it. ¹³ And if the house is worthy, let your peace come upon it, but if it is not worthy, let your peace return to you. ¹⁴ And if anyone will not receive you or listen to your words, shake off the dust from your feet when you leave that house or town. ¹⁵ Truly, I say to you, it will be more bearable on the day of judgment for the land of Sodom and Gomorrah than for that town.

¹⁶ “Behold, I am sending you out as sheep in the midst of wolves, so be wise as serpents and innocent as doves. ¹⁷ Beware of men, for they will deliver you over to courts and flog you in their synagogues, ¹⁸ and you will be dragged before governors and kings for my sake, to bear witness before them and the Gentiles. ¹⁹ When they deliver you over, do not be anxious how you are to speak or what you are to say, for what you are to say will be given to you in that hour. ²⁰ For it is not you who speak, but the Spirit of your Father speaking through you. ²¹ Brother will deliver brother over to death, and the father his child, and children will rise against parents and have them put to death, ²² and you will be hated by all for my name's sake. But the one who endures to the end will be saved. ²³ When they persecute you in one town, flee to the next, for truly, I say to you, you will not have gone through all the towns of Israel before the Son of Man comes.

²⁴ “A disciple is not above his teacher, nor a servant above his master. ²⁵ It is enough for the disciple to be like his teacher, and the servant like his master. If they have called the master of the house Beelzebul, how much more will they malign^[g] those of his household.

²⁶ “So have no fear of them, for nothing is covered that will not be revealed, or hidden that will not be known. ²⁷ What I tell you in the dark, say in the light, and what you hear whispered, proclaim on the housetops. ²⁸ And do not fear those who kill the body but cannot kill the soul. Rather fear him who can destroy both soul and body in hell. ²⁹ Are not two sparrows sold for a penny? And not one of them will fall to the ground apart from your Father. ³⁰ But even the hairs of your head are all numbered. ³¹ Fear not, therefore; you are of more value than many sparrows. ³² So everyone who acknowledges me before men, I also will acknowledge before my Father who is in heaven, ³³ but whoever denies me before men, I also will deny before my Father who is in heaven.

³⁴ “Do not think that I have come to bring peace to the earth. I have not come to bring peace, but a sword. ³⁵ For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law. ³⁶ And a person's enemies will be those of his own household. ³⁷ Whoever loves father or mother more than me is not worthy of me, and whoever loves son or daughter more than me is not worthy of me. ³⁸ And whoever does not take his cross and follow me is

not worthy of me. ³⁹ Whoever finds his life will lose it, and whoever loses his life for my sake will find it.

⁴⁰ “Whoever receives you receives me, and whoever receives me receives him who sent me. ⁴¹ The one who receives a prophet because he is a prophet will receive a prophet's reward, and the one who receives a righteous person because he is a righteous person will receive a righteous person's reward. ⁴² And whoever gives one of these little ones even a cup of cold water because he is a disciple, truly, I say to you, he will by no means lose his reward.”

SATURDAY, AUGUST 16

Catch Up & Reflection:

Well done reading the Bible this week. Today catch up on your reading and meditate on what the Spirit has revealed to you during your daily readings.



THE BIBLE JOURNEY

FOUNDATION

1. The Bible is God's written Word to us. God spoke to and guided the human authors to record His words.

(16) All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, (17) that the man of God may be complete, equipped for every good work. 2 Timothy 3:16–17

2. The Holy Spirit serves as a guide and teacher as we read and study God's Word.

(26) But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. John 14:26

STEP 1) OBSERVATION | WHAT DOES THE BIBLE SAY?

The practice of observation is simply seeking to understand what the text says. This is a good time to pepper the passage with questions.

- Who are the people involved?
- Do I understand all the words used?
- What is the setting or context?
- What is the literary form?
- What is repeated?
- Is there a figure of speech used? Etc.

STEP 2) INTERPRETATION | WHAT DOES THE BIBLE MEAN?

Interpretation is the practice of determining what the original writer meant when he wrote the words. Think in terms of paragraphs. A paragraph is one unit of thought. Context is king. Take notice of what happened before and what happens afterward. A good rule to follow is, "When the plain sense of Scripture makes sense, seek no other sense."

STEP 3) APPLICATION | HOW SHOULD I RESPOND?

This is when we ask:

- What should I do or become in response to the text?
- Is there a command to obey? A sin to forsake? A character trait to embrace? An example to follow? A promise to claim?
- How does the truth impact my relationships, work, etc.?
- How does my view of God and praise of Him increase?

STEP 4) PRAYER | COMMUNION WITH GOD

Conclude by talking with God about what you have discovered. This can guide your thoughts throughout the remainder of your day.