



## Hebrews 2-6 | May 18-23

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### Hebrews 2 (ESV) | Monday, May 18

1 Therefore we must pay much closer attention to what we have heard, lest we drift away from it. 2 For since the message declared by angels proved to be reliable, and every transgression or disobedience received a just retribution, 3 how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard, 4 while God also bore witness by signs and wonders and various miracles and by gifts of the Holy Spirit distributed according to his will.

5 For it was not to angels that God subjected the world to come, of which we are speaking. 6 It has been testified somewhere,

“What is man, that you are mindful of him,  
or the son of man, that you care for him?  
7 You made him for a little while lower than the angels;  
you have crowned him with glory and honor,  
8 putting everything in subjection under his feet.”

Now in putting everything in subjection to him, he left nothing outside his control. At present, we do not yet see everything in subjection to him. 9 But we see him who for a little while was made lower than the angels, namely Jesus, crowned with glory and honor because of the suffering of death, so that by the grace of God he might taste death for everyone.

10 For it was fitting that he, for whom and by whom all things exist, in bringing many sons to glory, should make the founder of their salvation perfect through suffering. 11 For he who sanctifies and those who are sanctified all have one source. That is why he is not ashamed to call them brothers, 12 saying,

“I will tell of your name to my brothers;  
in the midst of the congregation I will sing your praise.”

13 And again,

“I will put my trust in him.”

And again,

“Behold, I and the children God has given me.”

14 Since therefore the children share in flesh and blood, he himself likewise partook of the same things, that through death he might destroy the one who has the power of death, that is, the devil, 15 and deliver all those who through fear of death were subject to lifelong slavery. 16 For surely it is not angels that he helps, but he helps the offspring of Abraham. 17 Therefore he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people. 18 For because he himself has suffered when tempted, he is able to help those who are being tempted.

**The Bible Journey prompts for reflection are on page 2.**

## Hebrews 3 (ESV) | Tuesday, May 19

1 Therefore, holy brothers, you who share in a heavenly calling, consider Jesus, the apostle and high priest of our confession, 2 who was faithful to him who appointed him, just as Moses also was faithful in all God's house. 3 For Jesus has been counted worthy of more glory than Moses—as much more glory as the builder of a house has more honor than the house itself. 4 (For every house is built by someone, but the builder of all things is God.) 5 Now Moses was faithful in all God's house as a servant, to testify to the things that were to be spoken later, 6 but Christ is faithful over God's house as a son. And we are his house, if indeed we hold fast our confidence and our boasting in our hope.

7 Therefore, as the Holy Spirit says,

“Today, if you hear his voice,  
8 do not harden your hearts as in the rebellion,  
on the day of testing in the wilderness,  
9 where your fathers put me to the test  
and saw my works for forty years.  
10 Therefore I was provoked with that generation,  
and said, ‘They always go astray in their heart;  
they have not known my ways.’  
11 As I swore in my wrath,  
‘They shall not enter my rest.’”

12 Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. 13 But exhort one another every day, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin. 14 For we have come to share in Christ, if indeed we hold our original confidence firm to the end. 15 As it is said,

“Today, if you hear his voice,  
do not harden your hearts as in the rebellion.”

16 For who were those who heard and yet rebelled? Was it not all those who left Egypt led by Moses? 17 And with whom was he provoked for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? 18 And to whom did he swear that they would not enter his rest, but to those who were disobedient? 19 So we see that they were unable to enter because of unbelief.

**Take time for reflection each day after your reading. Grab your journal!**

**Refer to the Resource page for more information.**

- 1) OBSERVATION | What does the Bible say?
- 2) INTERPRETATION | What does the Bible mean?
- 3) APPLICATION | How should I respond?
- 4) PRAYER | Communion with God

## Hebrews 4 (ESV) | Wednesday, May 20

1 Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it. 2 For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened. 3 For we who have believed enter that rest, as he has said,

“As I swore in my wrath,  
‘They shall not enter my rest,’”

although his works were finished from the foundation of the world. 4 For he has somewhere spoken of the seventh day in this way: “And God rested on the seventh day from all his works.” 5 And again in this passage he said,

“They shall not enter my rest.”

6 Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, 7 again he appoints a certain day, “Today,” saying through David so long afterward, in the words already quoted,

“Today, if you hear his voice,  
do not harden your hearts.”

8 For if Joshua had given them rest, God would not have spoken of another day later on. 9 So then, there remains a Sabbath rest for the people of God, 10 for whoever has entered God's rest has also rested from his works as God did from his.

11 Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience. 12 For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. 13 And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.

14 Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. 15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. 16 Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.

## Hebrews 5 (ESV) | Thursday, May 21

1 For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. 2 He can deal gently with the ignorant and wayward, since he himself is beset with weakness. 3 Because of this he is obligated to offer sacrifice for his own sins just as he does for those of the people. 4 And no one takes this honor for himself, but only when called by God, just as Aaron was.

5 So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him,

“You are my Son,  
today I have begotten you”;

6 as he says also in another place,

“You are a priest forever,  
after the order of Melchizedek.”

7 In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to him who was able to save him from death, and he was heard because of his reverence. 8 Although he was a son, he learned obedience through what he suffered. 9 And being made perfect, he became the source of eternal salvation to all who obey him, 10 being designated by God a high priest after the order of Melchizedek.

11 About this we have much to say, and it is hard to explain, since you have become dull of hearing. 12 For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, 13 for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. 14 But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.

## Hebrews 6 (ESV) | Friday, May 22

1 Therefore let us leave the elementary doctrine of Christ and go on to maturity, not laying again a foundation of repentance from dead works and of faith toward God, 2 and of instruction about washings, the laying on of hands, the resurrection of the dead, and eternal judgment. 3 And this we will do if God permits. 4 For it is impossible, in the case of those who have once been enlightened, who have tasted the heavenly gift, and have shared in the Holy Spirit, 5 and have tasted the goodness of the word of God and the powers of the age to come, 6 and then have fallen away, to restore them again to repentance, since they are crucifying once again the Son of God to their own harm and holding him up to contempt. 7 For land that has drunk the rain that often falls on it, and produces a crop useful to those for whose sake it is cultivated, receives a blessing from God. 8 But if it bears thorns and thistles, it is worthless and near to being cursed, and its end is to be burned.

9 Though we speak in this way, yet in your case, beloved, we feel sure of better things—things that belong to salvation. 10 For God is not unjust so as to overlook your work and the love that you have shown for his name in serving the saints, as you still do. 11 And we desire each one of you to show the same earnestness to have the full assurance of hope until the end, 12 so that you may not be sluggish, but imitators of those who through faith and patience inherit the promises.

13 For when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, 14 saying, “Surely I will bless you and multiply you.” 15 And thus Abraham, having patiently waited, obtained the promise. 16 For people swear by something greater than themselves, and in all their disputes an oath is final for confirmation. 17 So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he guaranteed it with an oath, 18 so that by two unchangeable things, in which it is impossible for God to lie, we who have fled for refuge might have strong encouragement to hold fast to the hope set before us. 19 We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner place behind the curtain, 20 where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

## Saturday, May 23

Catch Up & Reflection:

Well done reading the Bible this week. Today catch up on your reading and meditate on what the Spirit has revealed to you during your daily readings.



# THE BIBLE JOURNEY

## FOUNDATION

**1. The Bible is God's written Word to us. God spoke to and guided the human authors to record His words.**

*(16) All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, (17) that the man of God may be complete, equipped for every good work. 2 Timothy 3:16–17*

**2. The Holy Spirit serves as a guide and teacher as we read and study God's Word.**

*(26) But the Helper, the Holy Spirit, whom the Father will send in my name, he will teach you all things and bring to your remembrance all that I have said to you. John 14:26*

## STEP 1) OBSERVATION | WHAT DOES THE BIBLE SAY?

The practice of observation is simply seeking to understand what the text says. This is a good time to pepper the passage with questions.

- Who are the people involved?
- Do I understand all the words used?
- What is the setting or context?
- What is the literary form?
- What is repeated?
- Is there a figure of speech used? Etc.

## STEP 2) INTERPRETATION | WHAT DOES THE BIBLE MEAN?

Interpretation is the practice of determining what the original writer meant when he wrote the words. Think in terms of paragraphs. A paragraph is one unit of thought. Context is king. Take notice of what happened before and what happens afterward. A good rule to follow is, "When the plain sense of Scripture makes sense, seek no other sense."

## STEP 3) APPLICATION | HOW SHOULD I RESPOND?

This is when we ask:

- What should I do or become in response to the text?
- Is there a command to obey? A sin to forsake? A character trait to embrace? An example to follow? A promise to claim?
- How does the truth impact my relationships, work, etc.?
- How does my view of God and praise of Him increase?

## STEP 4) PRAYER | COMMUNION WITH GOD

Conclude by talking with God about what you have discovered. This can guide your thoughts throughout the remainder of your day.