

# MOVING BEYOND FEAR

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1) We are to \_\_\_\_\_.

Deuteronomy 6:13 (NLT) [13] You must fear the Lord your God and serve him. When you take an oath, you must use only his name.

1 Chronicles 16:25 (NLT) [25] Great is the Lord! He is most worthy of praise! He is to be feared above all gods.

Psalms 103:8-17 (NLT) [8] The Lord is compassionate and merciful, slow to get angry and filled with unfailing love. [9] He will not constantly accuse us, nor remain angry forever. [10] He does not punish us for all our sins; he does not deal harshly with us, as we deserve. [11] For his unfailing love toward those who fear him is as great as the height of the heavens above the earth. [12] He has removed our sins as far from us as the east is from the west. [13] The Lord is like a father to his children, tender and compassionate to those who fear him. [14] For he knows how weak we are; he remembers we are only dust. [15] Our days on earth are like grass; like wild flowers, we bloom and die. [16] The wind blows, and we are gone— as though we had never been here. [17] But the love of the Lord remains forever with those who fear him. His salvation extends to the children's children.

Proverbs 1:7 (NLT) [7] Fear of the Lord is the foundation of true knowledge, but fools despise wisdom and discipline.

Proverbs 15:16 (NLT) [16] Better to have little, with fear for the Lord, than to have great treasure and in return toil.

1 Peter 2:17 (NLT) [17] Respect everyone, and love the family of believers. Fear God, and respect the king.

2) We are to fear God \_\_\_\_\_.

Matthew 10:28 (NLT) [28] Don't be afraid of those who want to kill your body; they cannot touch your soul. Fear only God, who can destroy both soul and body in hell.

3) God does not want us to be \_\_\_\_\_ by inappropriate fear and worry.

2 Timothy 1:7 (NLT) [7] For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Philippians 4:6 (NLT) [6] Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.

Matthew 6:31-34 (NLT) [31] 'So don't worry about these things, saying, 'What will we eat? What will we drink? What will we wear?' [32] These things dominate the thoughts of unbelievers, but your heavenly Father already knows all your needs. [33] Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need. [34] 'So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today.'

4) Our \_\_\_\_\_ of every aspect of our life is one of the major contributors to inappropriate fear.

5) Inappropriate fear is directly related to the \_\_\_\_\_ you have with God.

Matthew 6:33 (NLT) [33] Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

## Practical Suggestions:

1) Guard your \_\_\_\_\_ from things that contribute to unhealthy fear and worry.

Philippians 4:8 (NLT) [3] And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

2) Give your fears and worries and anxious thoughts over to \_\_\_\_\_.

Psalms 34:4–7 (NLT) [4] I prayed to the LORD, and he answered me. He freed me from all my fears. [5] Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. [6] In my desperation I prayed, and the LORD listened; he saved me from all my troubles. [7] For the angel of the LORD is a guard; he surrounds and defends all who fear him.

Philippians 4:6–7 (NLT) [6] Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. [7] Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

James 1:5 (NLT) [5] If you need wisdom, ask our generous God, and he will give it to you. He will not rebuke you for asking.

3) Do the \_\_\_\_\_ regardless of how you feel.

Matthew 6:33 (NLT) [33] Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

4) Seek \_\_\_\_\_ if you experience long-term feelings of worry, fear, and are consumed with anxious thoughts.

5) Do the things you need to do to help \_\_\_\_\_.

Joshua 1:6–9 (NLT) [6] 'Be strong and courageous, for you are the one who will lead these people to possess all the land I swore to their ancestors I would give them. [7] Be strong and very courageous. Be careful to obey all the instructions Moses gave you. Do not deviate from them, turning either to the right or to the left. Then you will be successful in everything you do. [8] Study this Book of Instruction continually. Meditate on it day and night so you will be sure to obey everything written in it. Only then will you prosper and succeed in all you do. [9] This is my command— be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go.'

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For more information about what it means to begin a relationship with Jesus or what to do after making a decision to follow Him, email us at [info@otterbeinchurch.org](mailto:info@otterbeinchurch.org), or call the church office at 717.762.7147 to set up an appointment to speak with one of our pastors. You may also learn more about what it means to follow Jesus and/or request materials and find additional information to help you on your spiritual journey by clicking "**Next Steps > Jesus**" on our website at [www.otterbeinchurch.org](http://www.otterbeinchurch.org).