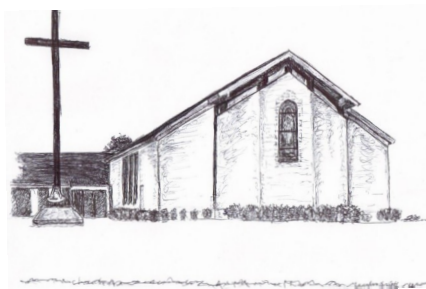


# Presby News

OCTOBER 2022



## FROM THE PASTOR . . .

### Sabbath Rest Matthew 12:1-8

*At that time Jesus went through the grainfields on the Sabbath. His disciples were hungry, and they began to pluck heads of grain and to eat. <sup>2</sup> But when the Pharisees saw it, they said to him, "Look, your disciples are doing what is not lawful to do on the Sabbath." <sup>3</sup> He said to them, "Have you not read what David did when he was hungry, and those who were with him: <sup>4</sup> how he entered the house of God and ate the bread of the Presence, which it was not lawful for him to eat nor for those who were with him, but only for the priests? <sup>5</sup> Or have you not read in the Law how on the Sabbath the priests in the temple profane the Sabbath and are guiltless? <sup>6</sup> I tell you, something greater than the temple is here. <sup>7</sup> And if you had known what this means, 'I desire mercy, and not sacrifice,' you would not have condemned the guiltless. <sup>8</sup> For the Son of Man is lord of the Sabbath."*

Imagine your favorite meal, on a day by yourself, alone by yourself, great book, favorite TV show, favorite movie, out on the lake fishing, a movie by yourself, hunting out in the woods, at the gym, playing basketball, whatever it is that is a sanctuary to you... **THAT IS A PART OF YOUR REST!!** Jesus made it clear that our needs being met to give him glory are a priority!

#### BECAUSE THE SABBATH IS MADE FOR US!!

But we cannot truly take rest when we fill our lives with busi-ness! We like even saying that we are busy. God is not calling us to be so busy that we have no time to give to him.

We as people should be taking care of our responsibilities. We need to work, we need to plan, we need to take care of busi-ness...the problem we have is when we run ourselves ragged be-cause we poorly manage our time and end up taking our time to rest on God's time!

In the text the Pharisees were so concerned with the law that they missed the point. The same goes with us, don't get so caught up on the day that you don't learn how to keep a rhythm of rest in your life so we are trying to cram unrealistic expectations of rest and blame it on others when we get burnt out.

A part of how we grow in Sabbath rest is knowing when to say no to things that are not in and of themselves bad. Good things can turn into distractions when we don't manage them well. Jesus is Lord even over our rest!

In Christ,

*Vince Smith*

Pastor Vincent Smith



## SPECIAL DATES

- Oct. 2** 9:00 am Brookdale Worship  
(Cancelled - Will resume November 6)  
11:00 am Worship/Peyton Spears  
Communion (Postponed)
- Oct. 10** Columbus Day
- Oct. 13** 7:30 pm Red River Chorale Concert



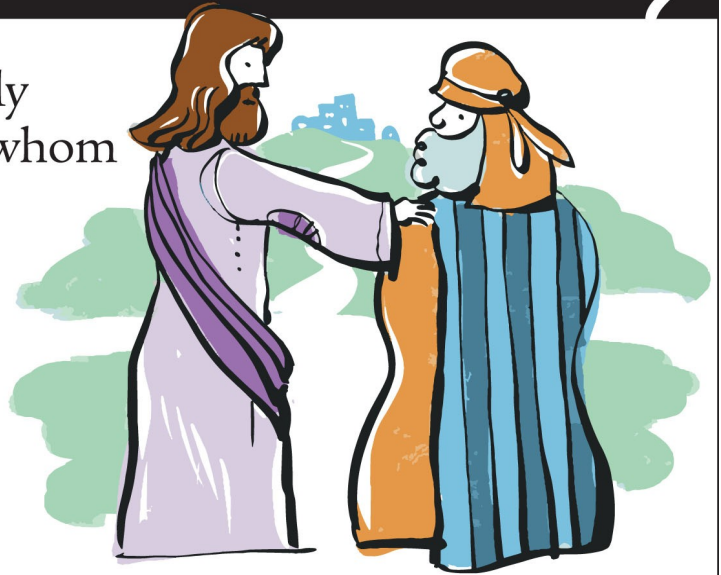


## Bible Quiz



We know the name of only one of the two disciples to whom the risen Jesus appeared on the road to Emmaus. Who was he?

- A. John
- B. Paul of Tarsus
- C. Joseph of Arimathea
- D. Cleopas



Answer: D (See Luke 24:18.)

October is

*Pastor*  
APPRECIATION MONTH

*We Appreciate You, Pastor Vince! Thank You For All You Do!*

## *October Responders Schedule*

	Usher Narthex	Monitor	Communion Servers
<b>October 2</b>	Robert Kennedy	Bill Higgins	<b>Communion Team:</b> Robert & Elizebette Kennedy
<b>October 9</b>	Robert Kennedy	Bill Higgins	
<b>October 16</b>	Robert Kennedy Elizebette Kennedy	Bill Higgins	
<b>October 23</b>	Robert Kennedy	Bill Higgins	
<b>October 30</b>	Robert Kennedy	Bill Higgins	

2022-2023 Season  
  
**BRIDGING GENERATIONS**



**Thursday, October 13, 2022**  
**7:30 PM**  
**First Presbyterian Church,**  
357 Windermere Blvd., Alexandria

**TICKETS**  
[www.redriverchorale.com](http://www.redriverchorale.com),  
Red River Chorale Members, or  
Red River Music,  
5731 Jackson St., Alexandria



**FIRST PRESBYTERIAN CHURCH  
HAS BEEN ASKED TO HOST THE  
RED RIVER CHORALE CONCERT  
OCTOBER 13 AT 7:30 PM. WE ARE  
EXCITED TO SERVE AS HOSTS FOR  
THIS COMMUNITY EVENT.**

**FOR TICKET INFORMATION:**

[www.redriverchorale.com](http://www.redriverchorale.com)

**Red River Chorale Members**

**Red River Music**

## **First Presbyterian Church**

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Alexandria, LA 71303 Fax: 318-443-5965

[office@alexandriafpc.org](mailto:office@alexandriafpc.org)

[www.alexandriafpc.org](http://www.alexandriafpc.org)

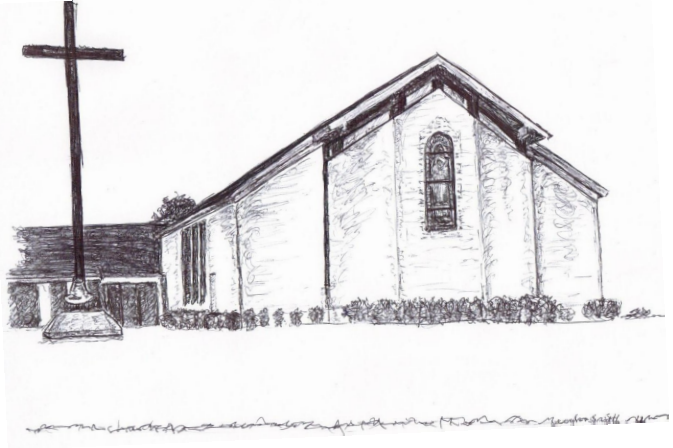
Vince Smith, *Interim Pastor*

Aaron Rogers, *Music Director*

David Berrocal, *Pianist*

Carolyn Sterne, *Administrative Assistant*

Charles Bell, *Sexton*



First Presbyterian Church

357 Windermere Blvd.

Alexandria, LA 71303

**Come experience God's love at First Presbyterian Church**

Sunday School—9:45 a.m., Worship—11:00 a.m.