



Suffering

God cares, period.

When living hurts, there is hope.

How do I find help in enduring injustice, pain, and illness in my life? In the face of suffering, how can I *really* believe that God cares about me?

Anger, frustration, shame, and feeling betrayed by a “silent heaven” are some of the experiences that we have when suffering. Suffering is a complex topic, and understanding it (better) and pursuing an encounter with the living God and God’s people can make a difference.

During Lent FUMC is offering a free, 5-session in-depth look at the mysteries of suffering and how to make better sense of them. Whether your present concerns involve emotional injuries rooted in the past, experiences of injustice or illness, or unfulfilled longings in the here-and-now, this group will help you to experience perspective and hope.

Join David and Christian on a five-week journey to understand better how to respond to suffering. Learn how the biblical writers responded in all of the

ways that humans do, and discover how we as Methodists have learned to care for ourselves in the process of pain and confusion.

The text for this course is “Where is God in all the suffering?” by Amy Orr Ewing. The course will involve purchasing the book for yourself (available at Amazon for \$8.99 /Kindle or \$13.71/ paperback).

Our study will be led by FUMC member David Bissette with the assistance of Christian White. David’s doctorate in clinical psychology includes a minor in theology, and his work experience includes 10 years in Christian work prior to his career in psychology.

Please direct questions and express interest in participation to Christian@FairlingtonUMC.org or david.bissette@gmail.com.

Tuesdays, Feb 23 - Mar 23 7:30pm All are welcome