

Beloved Church:

July 1, 2025 is the start of our fast from all non-essential technology. We are calling it a **TECH NO!** fast.

I am doing my part and will be 'powering down' during our July 1st TECH NO! kick-off prayer meeting. I will be turning off cellular data but will remain available to take incoming calls. I may use texting occasionally but only for audio messaging. In case of a ministry emergency, please call our office at 603-845-6601.

Our goal: To reclaim our devotion to God and each other; to regain focus on what really matters. God and people.

We want to experience life in much simpler terms, like we would have done

it 40 years ago. Some of you don't even know what that looked like. Basically, no phones in our hands or pockets. The phone stayed plugged in at our homes. We called people. We read the news from a newspaper. We wrote letters to friends using pen and paper and mailed them through the post office. We talked more, we played more, we laughed more, we respected more, we rested more, we prayed to God more with innocence in our souls.

Hard Facts

- Technology has become the bricks and mortar material of a modern-day tower of Babel. We are building a world without room for God.
- Technology has replaced the voice of God and our dependance on Him. Why

seek the Lord with our voice when we can ask almighty google using with our fingers?

– Revelation 17 speaks of the great prostitute—the mother of all harlots and obscenities in the world—who intoxicates the entire world with her depraved immorality. Technology has become her golden goblet by which she pours out lewd perversion over an entire generation.

Power Down!

Take this TECH NO! fast consciously and seriously. Commit to 'power down' your devices from all *vain, useless, mindless, compromising, lewd exalting, time sucking, creativity killing, focus splitting, intimacy breaking, respect*

*decaying, relationship diving
technology!!*

You make the call! You determine what part of your technology usage has become an intruder that corrodes your innocence, focus, and love for the Lord and the people around you.

As you limit your media usage and tech social life, you will realize the pull technology has had on your life and your level of addiction to this new god.

Don't be fooled. The enemy wants to dethrone God from your heart and separate you from intimacy with Him by inviting you to eat from this tech-tree of knowledge. Be bold and say, '*TECH NO! I will reclaim the paradise of fellowship with God and my loved ones this month!*'

TECH NO! Options

- Turn cellular data off.
- Wake up to an alarm clock.
- Write down memory verse on paper.
- Read a real Bible (paper pages).
- Have a paper journal.
- Don't use your phone during services.
- Call people, don't text them.
- Decide screen Sabbath days & hours.
- Collect all phones before meal time.
- Read news from a news paper.
- Use a paper planner and calendar.
- Use a real dictionary.
- Decide a time block to check e-mails
- Delete all apps that steal your time.
- Use a real camera.
- Suspend all mindless video browsing.

Lord, speak to us again. We hunger for your prophetic word!

See you tonight,

Pastor Juan