



SESSION 9

Honor Your Body

PROVERBS 23:17-21,29-35

Explore the Bible | Summer .20

CENTRAL TRUTH

Our God cares about our bodies and calls us to take care of them.

Talk it Out

.01 WHAT IS THE LONGEST YOU HAVE EVER GONE WITHOUT WATCHING TELEVISION, PLAYING A VIDEO GAME, OR CHECKING SOCIAL MEDIA?

.02 WHILE WE GET ENJOYMENT OUT OF THESE THINGS, WHY MIGHT IT BE HELPFUL TO TAKE A BREAK SOMETIMES?

Proverbs 23:17-18

.03 WHAT DOES IT MEAN TO ENVY SOMEONE? WHY MIGHT WE BE TEMPTED AT TIMES TO ENVY SINNERS?

.04 HOW DOES FEARING GOD HELP US FIGHT THE TEMPTATION TO ENVY OTHERS? WHAT IS PROMISED TO THOSE WHO FEAR THE LORD?

Proverbs 23:19-21

.05 WHO DID SOLOMON SAY WE SHOULD NOT ASSOCIATE WITH AND WHY?

.06 WHAT VALUE IS THERE IN BUILDING CLOSE RELATIONSHIPS WITH PEOPLE WHO FEAR THE LORD?

Proverbs 23:29-32

.07 WHOSE LIFE IS MARKED BY SORROW AND CONFLICTS ACCORDING TO THESE VERSES?

.08 HOW DOES SOLOMON SAY WE SHOULD BE CAREFUL TO NOT LOOK AT WINE? HOW MIGHT THIS APPLY TO OTHER FORMS OF TEMPTATION?

Proverbs 23:33-35.

.09 WHAT DOES DRUNKENNESS LEAD TO ACCORDING TO THESE VERSES? HOW DOES THIS DIFFER FROM THE WAY DRUNKENNESS IS DEPICTED IN OUR CULTURE?

.10 WHAT DOES SOLOMON SAY WILL HAPPEN IF WE DON'T FIGHT THE TEMPTATION TO GET DRUNK? HOW MIGHT THIS APPLY TO OTHER SINS WE MIGHT FACE?



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PROVERBS 23:17-21,29-3

Now What?

.11 WHY IS IT IMPORTANT THAT WE TAKE CARE OF OUR BODIES? WHY IS IT IMPORTANT THAT WE RESPECT THE BODIES OF OTHERS?

.12 WHAT IS SOMETHING YOU ARE TEMPTED TO THINK YOU CAN'T LIVE WITHOUT? HOW CAN YOU FIGHT THE TEMPTATION TO SEEK ULTIMATE JOY IN THAT THING?

.13 HOW MIGHT WE HELP ONE ANOTHER FIGHT TEMPTATION? HOW CAN WE SUPPORT AND ENCOURAGE ONE ANOTHER?

.14 HOW WILL YOU SEEK TO SUBMIT TO GOD'S STANDARDS AND DESIRES FOR YOUR LIFE? HOW DOES THIS LEAD TO JOY?

Daily Devotions

For the complete Daily Devotions, we encourage you to make use of the Daily Discipleship Guide. Here are the passages covered in this week's devotions in the Daily Discipleship Guide.

- Day 1: Proverbs 23:17-18
- Day 2: Proverbs 23:19-21
- Day 3: Proverbs 23:29-32
- Day 4: Proverbs 23:33-35
- Day 5: Proverbs 24:13-14

Memorize. Proverbs 23:19

