

# Newton's Eat-In Adventure

# MARCH 2019



ST. JOHN LUTHERAN SCHOOL LUNCH MENU  
DAILY OFFERING 3 ENTREES – THE ROTATING CLASSIC MEAL,  
NEWTON MEAL (MUFFIN OR BAGEL W/ YOGURT & STRING CHEESE) OR  
M-W-F: DELI SANDWICH AND T&TH: CHICKEN CAESAR SALAD

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



|  |   |   |   |  |
|--|---|---|---|--|
|  |   |   |   | <p>1<br/><b>Gr 7 &amp; 8 Only<br/>Pizza Dippers<br/>w/Marinara</b></p> <p>Fresh Garden Salad<br/>Crisp Potato Wedges<br/>Choice of Fruit</p> |
| <p>4<br/><b>BBQ Pulled Pork<br/>Sandwich</b></p> <p>Sweet Potato Waffle<br/>Fries <b>FP</b><br/>Sweet Corn Cobette<br/>Choice of Fruit</p> | <p>5<br/><b>Crispy Chicken<br/>Parmesan</b></p> <p>Pasta<br/>Fresh Popeye Salad<br/>Steamed Italian<br/>Veggies<br/>Choice of Fruit</p> | <p>6<br/><b>Fish Sticks</b></p> <p>Tangy Coleslaw<br/>Crispy Baked Fries<br/>Crunchy Baby Carrots<br/>Choice for Fruit</p>                      | <p>7<br/><b>Cheesy Beef<br/>Nachos</b></p> <p>Pinto Beans<br/>Salsa<br/>Choice of Fruit</p>   | <p>8<br/><b>Pancakes<br/>w/Syrup</b></p> <p>Scrambled Eggs<br/>Tater Tots<br/>Crunchy Baby Carrots<br/>Choice for Fruit</p>                  |
| <p>11<br/><b>Homemade Mac &amp;<br/>Cheese</b></p> <p>Golden Breadstick<br/>Steamed Peas<br/>Cherry Tomatoes<br/>Choice of Fruit</p>       | <p>12<br/><b>Mini Corn<br/>Dogs</b></p> <p>Mashed Potatoes<br/>Fresh Baby Carrots<br/>Choice of Fruit</p>                               | <p>13<br/><b>Pasta w/Meat<br/>Sauce</b></p> <p>Garlic Breadstick<br/>Fresh Popeye Salad<br/>Steamed Italian<br/>Veggies<br/>Choice of Fruit</p> | <p>14<br/><b>Walking Taco</b></p> <p>Cilantro-Lime Rice<br/>Mexi-corn<br/>Crisp Romaine Lettuce<br/>Black Beans<br/>Choice of Fruit</p> | <p>15<br/><b>Pizza Dippers<br/>w/Marinara</b></p> <p>Fresh Garden Salad<br/>Crisp Potato Wedges<br/>Choice of Fruit</p>                      |
| <p>18<br/><b>Chicken Fajitas</b></p> <p>Pinto Beans<br/>Crisp Romaine Lettuce<br/>Fresh Diced Tomatoes<br/>Salsa<br/>Choice of Fruit</p>   | <p>19<br/><b>Cheeseburger</b></p> <p>Crispy Baked Fries<br/>Celery Sticks<br/>Baked Beans<br/>Choice of Fruit</p>                       | <p>20<br/><b>Golden Chicken<br/>Nuggets</b></p> <p>Steamed Broccoli<br/>Fresh Baby Carrots<br/>Dinner Roll<br/>Choice of Fruit</p>              | <p>21<br/><b>Chili<br/>Dog</b></p> <p>Baked Potato Wedges<br/>Steamed Veggie Mix<br/>Choice of Fruit</p>                                | <p>22<br/><b>Cheese<br/>Pizza</b></p> <p>Garden Fresh Salad<br/>Crunchy Baby Carrots<br/>Choice of Fruit</p>                                 |
| <p>25<br/><b><u>Spring<br/>Break</u></b></p>   | <p>26<br/><b><u>Spring<br/>Break</u></b></p>  | <p>27<br/><b><u>Spring<br/>Break</u></b></p>  | <p>28<br/><b><u>Spring<br/>Break</u></b></p>  | <p>29<br/><b><u>Spring<br/>Break</u></b></p>   |

Student Meals \$3.30  
Milk ala carte \$0.30  
Adult Meals \$3.95

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For questions and comments, please email the Food Service Director at [whitnallschools@aviands.com](mailto:whitnallschools@aviands.com) or call 414-525-8430

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