

# Newton's Eat-In Adventure

# JANUARY 2019

ST. JOHN LUTHERAN SCHOOL LUNCH MENU  
DAILY OFFERING 3 ENTREES – THE ROTATING CLASSIC MEAL,  
NEWTON MEAL (MUFFIN OR BAGEL W/ YOGURT & STRING CHEESE) OR  
M-W-F: DELI SANDWICH AND T&TH: CHICKEN CAESAR SALAD



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <u>Winter Break</u>	2 <u>Winter Break</u>	3 <b>Cheesy Chicken Quesadilla</b>  Spanish Rice Crisp Shredded Lettuce Fresh Diced Tomatoes Choice of Fruit	4 <b>Hot Dog on a Bun</b>  Fresh Garden Salad Baked Waffle Fries Choice of Fruit
	7 <b>Toasty Grilled Cheese</b>  Steamed Mixed Veggies Fresh Popeye Salad Baked Crinkle Fries Choice of Fruit	8 <b>Golden Chicken Nuggets</b>  Steamed Green Beans Fresh Baby Carrots <b>FP</b> Dinner Roll Choice of Fruit	9 <b>Beef Tacos</b>  Cilantro-Lime Rice Crisp Romaine Lettuce Fresh Diced Tomatoes Pinto Beans Choice of Fruit	10 <b>Tater Tot Hot Dish</b>  Dinner Roll Fresh Baby Carrots <b>FP</b> Choice of Fruit
14 <b>Crisp Chicken Patty on a Bun</b>  Sweet Corn Fresh Broccoli Trees Choice of Fruit	15 <b>Chicken Fajitas</b>  Pinto Beans Crisp Lettuce Fresh Diced Tomatoes Choice of Fruit <b>Jell-O</b>	16 <b>BBQ Pulled Pork Sandwich</b>  Sweet Potato Waffle Fries Crunchy Baby Carrots Choice of Fruit	17 <b>Sweet &amp; Sour Chicken Nuggets</b>  Steamed Brown Rice Orange Glazed Carrots <b>FP</b> Fresh Broccoli Trees Choice of Fruit	18 <b>Cheeseburger</b>  Crispy Baked Fries Fresh Garden Salad Choice of Fruit
21 <u>No School</u>	22 <b>Toasty Meatball Hoagie</b>  Baked Potato Wedges Fresh Popeye Salad Steamed Italian Veggies Choice of Fruit	23 <b>Hot Ham &amp; Cheese</b>  Baked Potato Chips Sweet Corn Cobette Choice of Fruit	24 <b>Cheesy Beef Nachos</b>  Pinto Beans Salsa Crisp Lettuce Choice of Fruit	25 <b>Cheese Pizza</b>  Fresh Garden Salad Seasoned Green Beans Choice of Fruit
28 <b>Homemade Mac &amp; Cheese</b>  Warm Breadstick Steamed Peas Cherry Tomatoes Choice of Fruit	29 <b>Mini Corn Dogs</b>  Crispy Baked Fries Fresh Baby Carrots <b>FP</b> Choice of Fruit	30 <b>Creamy Chicken Alfredo</b>  Garlic Breadstick Fresh Garden Salad Steamed Italian Veggies Choice of Fruit	31 <b>Walking Taco</b>  Cilantro-Lime Rice Mexi-corn Crisp Lettuce Black Beans Choice of Fruit	

**Student Meals** \$3.30  
**Milk ala carte** \$0.30  
**Adult Meals** \$3.95

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For questions and comments, please email the Food Service Director at [whitnallschools@aviands.com](mailto:whitnallschools@aviands.com) or call 414-525-8430

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