

Adventures at AIMS...coming together as a community

The Gift of Failure

- Diane M. Dodde

It's okay to make a mistake! - It is part of the natural learning process of life. Failure is a gift given to everyone in any season, even to those that strive for perfection. As educators and parents, it is crucial for us to positively model to our children that misfortune should encourage us to see an opportunity to grow. Every mistake provides value:

- We can learn from our mistakes – practice and experience is part of learning any new skill.
- We can try again – we have an opportunity to move on and do better the next time (or maybe the 10th time!). They help fuel and inspire you with more chances.
- Mistakes are inevitable but enable growth in learning to make better choices. They help you realize what works and what doesn't and should not dictate who we are.
- Mistakes create understanding and compassion – you can understand others' experiences.

Let's take a deep breath and allow our children to receive the gift of failure so that they may recognize that making mistakes is natural. Rebounding from a mistake can be one of the most rewarding growth experiences.