

2017-2018 Illness Policy

We know that you want your child protected from illness as much as possible and so we ask your cooperation in helping us protect all children and staff from undue exposure. Parents must err on the side of caution when sending their child to school. All children who have an illness should be kept home. Determination of your child's health will be based on the following:

- **Temperature above 100.4 degrees (normal is 96.6 – 98) by the axillary (armpit) method**
- **Conjunctivitis (pink eye)**
- **Skin rash other than a localized diaper rash**
- **Vomiting**
- **Diarrhea**
- **Any evidence of lice infestation or nits**
- **Continuous nasal discharge that is unclear in color**
- **Sore throat**
- **Persistent cough**
- **Earache**
- **Anytime that the child is not feeling well enough to tolerate a normal school day, whether it be due to illness, lack of sleep, or a disruption in the usual family routine.**

Please follow the below stated guidelines:

1. Students who have a contagious disease/condition should be kept at home. A student who has/had a fever, has/ had diarrhea or has/ had vomited within the previous 24 hours, or has a cold or cough which causes discomfort or fatigue should also be kept out of school for at least 24 hours after the last episode or the fever has broken. If your child has/had strep throat, he/she may return to school after antibiotic treatment has rendered the condition no longer contagious, but no less than 24 hours. If your child has/had conjunctivitis (pink eye) he/she may return to school 24 hours after medical treatment has begun. Parents should notify the school to report a health related absence.
2. Please know that certain viral conditions (such as contagious viral pneumonia) are very serious in the classroom environment. Coughing, especially at night, difficulty breathing, difficulty sleeping, nasal congestion (with or without discharge), diarrhea, and fatigue and/or tiredness are some of the symptoms. Bacterial pneumonia, while not as contagious can also be very serious and does not necessarily carry a fever. Sensible concern should be given to attendance of a child with any of the above. The child is extremely uncomfortable and the conditions are easily spread to other children and staff. The same guidelines as stated in number one should be followed.
3. When a student becomes ill during school hours, parents or the emergency contact person will be called to take the child home as soon as possible. Prior to that time, the child will be isolated and kept under adult supervision.
4. If it is necessary for medication to be given during school hours, parents must fill out HRS FORM 5013 and send the form and medication, in the original pharmacy-labeled container, to the Head of School. Staff members are trained through Nassau County Health Department to dispense medication to students. Forms are available in the business office.
5. To be excused from participating in Physical Education activities, parents must provide a written request. However, any time a child has to be excused from Physical Education for frequent or prolonged periods of time, the parent must provide a written note from a physician.
6. All students should be properly trained in personal hygiene habits which include; urinating in the commode, flushing, washing hands, and disposing of hand towels in the trash can. This does not apply to the Toddlers. The Toddler Directresses will be happy to assist in this- development of your child, as needed.

*"Our aim is not only to make the child understand, and still less to force him to memorize,
but so to touch his imagination as to enthuse him to his innermost core."*