



LOVE LAB
experiments in grace

We are an experiment in grace, empowering people to creatively express the compelling love of God in Chapel Hill. Through what we call *Love Missions*, we encourage small, yet significant acts that break the normal pattern of life, illuminating the surprising nature of grace, undeserved and unexpected.

This is the disruptive genius of Love—not random acts of kindness, but intentional seeds of the Kingdom.

A few small ideas for you and your co-conspirators...

- Free Franklin: Pay for someone's parking
- Love Buckets: Place buckets full of free flowers around town -
- Do volunteer labor for an elderly person or a single mom -
- Volunteer as a tutor
- Give grocery gift cards to a family that you know is in need -
- Give a couple of hours to a person that is lonely
- Made With Love: Bake something for your co-workers, neighbors, roommates, or those who serve our community
- Paint a picture or write a poem for someone
- Share a meal with a person in need. Don't just give them money, give your presence and attention. Sit down with them and ask about their stories
- Leave a ridiculously gracious tip
- Take an umbrella out on a rainy day to share with others
- Give away your birthday for clean water at charitywater.org -
- Valentine Saints: Throw a V-Day dance party for a nursing home
- Go Orange: Join the fight against modern day slavery
- PB&J Banquet: Set up a banquet spread of free PB&J sandwiches on the street. Bonus: Include ice cold chocolate milk
- Think Inside the Box: Set out a canned goods collection box in your office, apartment area or campus. Mobilize strangers to help feed the hungry. Give the boxes to our friends at TABLE
- Create and give away hygiene kits for friends on the street
- Prayer walk your neighborhood, campus or downtown
- Pop Up Party: Bring a party to an unsuspecting neighborhood, office or dorm. Celebrate the miracle of everyday people
- Hit the Pit: Give away sweet tea or hot chocolate to students -

Piano Drop: Encourage spontaneous joy and creativity by sneaking a piano into a surprising spot downtown or on campus -Start something that inspires you.
-Imagine and execute the next great Love Mission