

 Mary Magdalene Apostle
Catholic Community

•Making Catholicism relevant •Restoring women’s ordination •Living the change we envision



*"Pentecost" by Jen Norton, www.jennortonartstudio.com
The fire of the Holy Spirit on the disciples and Mary.*

I will pour out my spirit on all people... And they will prophesy."
from Acts 2:17b, 18c quoting Joel 2:28

Body & Blood
June 7, 2026

Welcome and Announcements

GONG

Good Evening. Welcome to Mary Magdalene Apostle Catholic Community based in San Diego, California, on the unceded territories of the many tribes and bands of the Kumeyaay nation, our neighbors on whose land we have made our home.

My name is..., one of your lectors this evening. Many thanks to Kori Pacyniak, our homilist and in person presider, who was able to substitute for Suzie, with little notice, so that Suzie could be with Dave as they navigate his health challenges. Nancy Corran is our online presider. We gather in person and online to celebrate the Feast of the Body and Blood of Christ as we continue in the season of Pentecost. Know that wherever you are and whoever you are, you are welcome here, just as you are. We are glad you are joining us.

We greet those of you on YouTube. Those of you joining us on Zoom online can find the worship aid online or in the chat. After our liturgy concludes, we invite you to stay online for some social time.

We'd also like to welcome any visitors with us today. For those visitors in person, if you feel comfortable, we invite you to stand and introduce yourselves and tell us where you are from. For those on Zoom, please feel free to introduce yourselves on chat.

[Pause for introductions] If in-person visitors are present, please read the following paragraph: *Our communal spoken responses are in the Assembly Worship Aid. The songs are on the white song sheet inserted in the Worship Aid.*

COMMUNITY ANNOUNCEMENTS

- A warm thank you to all who prepared for our half day retreat yesterday, and to all who came both in-person and online. It was a meaningful and good time together of prayer and reflection on social justice and our part in making a difference in our world.
- Oliva Espin will offer us an Educational presentation on "Catholic Social Teaching through Papal Encyclicals". Given Pope Leo's recently published encyclical, this is a timely topic. It will be held on two consecutive Wednesday evenings, June 17 & June 24 at 7pm on Zoom.
- Donations to MMACC may be placed in the basket outside the chapel doors. Online donations may be made through our website under the "donate" tab.
- Please see our bulletin for other community news and events.

We now take a prayerful breath before we begin our opening song.

GONG

[moment of silence]

INTRODUCTORY RITES

Opening Song – "Gather Your People"

Hurd

***Gather your people, O God. Gather your people, O God.
One bread, one body, one spirit of love. Gather your people, O God.***

Draw us forth to the table of life;
Grateful companions, each of us called to walk in your light. **(R)**

We are parts of the body of Christ,
Needing each other, each of the gifts the Spirit provides. **(R)**

Wash us, God, in the waters of life;
Waters of mercy, waters of hope that flow from your side. **(R)**

Opening Rite

We begin our liturgy with the sign of our faith:
+ In the name of God who breathed life into us, Jesus who breathed peace into us;
And the Holy Spirit who sets us on fire. **Amen.**

May the grace of Jesus the Christ, the love of God,
and the peace of the Holy Spirit be with you.
And also with you.

Knowing God's "Hesed", Loving-Kindness. ¹

Come Sophia spirit, breathe your gifts into us as we struggle for justice.
Come Spirit of courage, enlighten our resistance, our insistence, our persistence.

Come Spirit of peace, unite races and nations to stop wars and violence.
When we are fearful, challenge us to act bravely,

When we are lonely, bless us with communities of love and compassion,
When we are weary, replenish us with bold dreams.

¹ From the Women's Ordination Worldwide Pentecost Liturgy, prepared and hosted by WATAC (Women in the Australian Church), May 16, 2021.

Spirit of understanding, open our hearts to those who are pushed to the Margins.
Spirit of wonder, open our beings to the magnificence of creation.

Spirit of wisdom, spark in us a new fire.
Amen.

Opening Prayer

Presider: *Holy One, you call us all to the table to remember your body – taken, blessed, broken, and given for us all. We remember the ways in which Your body continues to be broken and oppressed throughout the world. Help us to recognize the sacred in the faces and bodies of one another and make us one with you, and with each other. Make us one in your one body. ... Amen.*

LITURGY OF THE WORD

First Reading

1 Samuel 25:2-27, 32-33

A Reading from the First Book of Samuel

David went down to the Desert of Maon. A wealthy property owner lived there, in Carmel. He had a flock of 300 sheep and 1,000 goats. It was shearing time. The owner's name was Nabal, and his wife was Abigail. Abigail was an intelligent and attractive woman, while Nabal, a Calebite, was surly, mean, and difficult.

Learning that Nabal was shearing, David sent ten younger attendants with friendly greetings, telling them to say, "Long life to you, and good health! When your shepherds were in our land, we were hospitable to them. They wanted for nothing. Ask any of your herders and attendants and they will confirm what we say. And so, please be kind to our workers when they pass through your territory as we were to yours. Please extend to them whatever hospitality you can manage."

David's attendants delivered the message to Nabal. They awaited a response. Nabal answered, "Who is this David? Many servants are breaking away from their masters these days! Am I to take my bread, my water, and the meat I slaughter for my shearers and give it to people coming from God-knows-where?"

David's messengers reported back to him what the wealthy herder said. David immediately strapped on his sword, and commanded, "Everyone, strap on your swords!" About 400 went up with David, while 200 stayed back to guard their supplies.

One of Nabal's shearers informed Abigail of the imminent calamity: "David sent messengers with greetings, but Nabal hurled insults in return. Yet David's attendants were very good to us when we had our herds in their land. They even formed a protective wall around us night and day. Please consider the situation. What can we do? It's certain that disaster beckons. Nabal is so stubborn no one can reason with him, even at a time such as this."

Abigail acted quickly. She collected 200 loaves, 2 skins of wine, 5 dressed sheep, 5 measures of roasted grain, 100 raisin cakes, and 200 cakes of dried figs. She loaded them on donkeys. Saying nothing to Nabal, she instructed her attendants, "Go on ahead. I will be right behind you." She did not tell her husband, Nabal.

As she traveled on her donkey, hidden by the hills, David and his company met her on the road. David had just sworn a solemn oath for the evil repaid him for good, "May God do the same to me and more if I leave even one of Nabal's household alive by morning."

But as soon as Abigail spotted David approaching she dismounted and fell at his feet: "Please, sir, blame me, and please allow me, your humble servant, to speak my piece. How can you even take notice of this wretched person? He is the embodiment of the meaning of his name, 'Fool'; and fool he is. I, your handmaid, did not see your young messengers when they arrived... Since God has kept you from bloodshed, avenging yourself with your own hands, may your enemies all be fools. And let this gift, this table I have laid before you, be for you and all your company."

David accepted the feast she had prepared and heeded to her request. He said to Abigail, "Blessed be our God, the God of Israel, who today sent you to meet with me. Blessed are you for your good judgement. Blessed are you for saving me today from the guilt of bloodshed and from avenging myself with my own hands."

Hear what the Spirit is saying to God's people.

Thanks be to God.

Psalm

Ps 147:2-5, 7-9, 10-11

The Psalm Response will be sung:

***Envia tu Espiritu, envia tu Espiritu, envia tu Espiritu,
Sea renovada la faz de la tierra. Sea renovada la faz de la tierra.***

God restores what is broken and rebuilds ruins.

God gathers in dispersed children,
healing the broken-hearted, and binding up wounds.

This God numbers the stars and names them.

How great is our God! What wisdom beyond measure!

***R: Envia tu Espiritu, envia tu Espiritu, envia tu Espiritu,
Sea renovada la faz de la tierra. Sea renovada la faz de la tierra.***

Sing praise with the harp to the God

Who covers the sky with clouds;

Who supplies Earth with rain;

Who makes grass grow on hills;

Who provides food for animals; and young ravens what they cry for.

***R: Envia tu Espiritu, envia tu Espiritu, envia tu Espiritu,
Sea renovada la faz de la tierra. Sea renovada la faz de la tierra.***

God does not delight in the strength of the steed,
 or the fleetness of humans.
 The Holy One delights in those of humble service
 and reverence, those who put their hope in compassion.

***R: Envia tu Espiritu, envia tu Espiritu, envia tu Espiritu,
 Sea renovada la faz de la tierra. Sea renovada la faz de la tierra.***

Second Reading

1 Corinthians 10:16-17

A Reading from Paul's First Letter to the Corinthians

The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ? Because the loaf of bread is one, we, though many, *are* one body, for we all partake of the one loaf.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Gospel Acclamation

Mass of St Ann

Alleluia, Alleluia, Alleluia! Alleluia, Alleluia, Alleluia! (2x)

Gospel

Jn 6:48, 51 + Mt 10:5a, 16, 26-31

God is with you. ***And also with you.***

A Reading from the Gospels attributed to John and Matthew. ***Glory to you, O God.***

Jesus said, "I am the bread of life...I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give is my flesh for the life of the world."

...

When Jesus sent out the disciples, he warned them....

"Listen. I am sending you out like sheep amongst wolves; so be wise as serpents and innocent as doves...

"But do not be afraid. Nothing is concealed that will not be revealed, nothing hidden that will not be made known. What I tell you in the dark, speak in the daylight. What you hear whispered, proclaim from housetops. Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in Gehenna. Are not two

sparrows sold for a penny? Yet not one falls to the ground outside God's loving care. Even the very hairs on your head are counted. So do not be afraid. You are worth more than many sparrows.

The Gospel of God.

Praise to You, Jesus the Christ.

Homily

Kori Pacyniak

Creed for Pentecost

from "A Statement of Faith" from All Desires Known by Janet Morley

June 7 - Body and Blood of Christ

O God, embodied in human life, we believe and trust in you.

Through Jesus our brother, born of the woman Mary,

You confronted the proud and the powerful.

You welcomed as Your friends those of no account.

You labored with us upon the cross

and have brought us forth to the hope of resurrection.

We commit ourselves to struggle against evil and to choose life.

Prayers of the Faithful 06-07-2026

Body & Blood (Corpus Christi) Sunday

“Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf.” Trusting in the Divine Word, let us ask for everything that we and all creation need.

Our response: *The bread, the wine, the Body, the Blood.*

All: The bread, the wine, the Body, the Blood.

That like Abigail we use our influence and our resources to deflect from violence those who do not, on their own, see an alternative ... we pray ...

All: The bread, the wine, the Body, the Blood.

That with David we avoid the guilt of bloodshed, and work as creatively as we know how, to ensure that no more blood is spilled in violence and war ... we pray ...

All: The bread, the wine, the Body, the Blood.

Scripture commands us to treat foreigners the same as citizens, and to love them equally, remembering that we, too, were once foreigners. Let us work to make our country welcoming to migrants, immigrants, asylum seekers, and refugees ... we pray ...

All: The bread, the wine, the Body, the Blood.

That in the breaking of the bread and the sharing of the cup, gifts of God's creation, blessed in the name of Jesus, sanctified by the Spirit, we become unified in the one Body ... we pray ...

All: The bread, the wine, the Body, the Blood.

The Earth contains the dust of countless generations of our ancestors, as well as the blood of Jesus, and of our contemporaries killed in war. May this God-beloved Earth become for them and for us the garden of resurrection and new life ... we pray ...

All: The bread, the wine, the Body, the Blood.

For those who do not share their bread or their hearts with us, and for the times we have failed to share them with others ... we pray as Jesus said we should ...

All: The bread, the wine, the Body, the Blood.

Now it is time to bring to God the personal prayers and intentions of our hearts. All who wish to share a prayer here in person, please come forward to the microphone. All who wish to share a prayer online, please raise your physical or digital hand and you will be called on in turn, or type your prayer in the chat and these will be read aloud. We ask that your prayers be brief petitions, and in consideration of our diversity of perspectives, remember the universal needs of all people.

[After each petition:]

All: The bread, the wine, the Body, the Blood.

[After all petitions have been spoken:]

We lift up all those living with illness, injury, loss, and suffering, those who have gone home in Holy Mystery, and all the prayers here today that have remained unspoken, deep in the silence of our hearts...

(Short pause)

For these intentions and for all the prayers remaining in the chat and in our community prayer book ... we pray ...

All: The bread, the wine, the Body, the Blood.

Presider: *Loving God, you have made us in your image and we yearn for the healing and flourishing of all your people. Embolden us to speak out against oppression, empower us to work for the coming of your reign of peace and justice, and encourage us to feed the world as you feed us.*

LITURGY OF THE EUCHARIST

Offertory Song ~ "Ancient Words"

Deshazo

Holy words, long preserved, for our walk in this world, they resound with God's own heart. O, let the ancient words impart. Words of life, words of hope, give us strength, help us cope. In this world wher-e'er we roam, ancient words will guide us home.

Ancient words, ev-er new, changing me and changing you; We have come with open hearts, O, let the ancient words impart.

Holy words, of our faith, handed down, to this age, came to us through love and life. O, heed the faithful words of Christ. Holy words, long preserved, for our walk in this world, they resound with God's own heart. O, let the ancient words impart.

***Ancient words, ev-er new, changing me and changing you;
We have come with open hearts, O, let the ancient words impart. x2***

Our Eucharist

Blessed are you, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God forever.

Blessed are you, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

Blessed be God forever.

Pray that we become one in the Spirit of God.

[R] We are gathered as community. Empower us by Your Spirit.

Prayer with Our Gifts

Presider: *Holy One, we bless the bread given for us in infinite love and grace. We bless the cup poured out for us with a love that drenches and makes us anew. We gather around these gifts simply given and deeply blessed. May they strengthen us so we can bear the bread, carry the cup, and lay the table for a hungry world, we pray, Amen.*

Eucharistic Prayer

from Diarmuid O'Murchu, edited and modified

God dwells in you. ***[R] And also in You.***

Let us give thanks to the life-giving Spirit of God.

***[R] Hearts burning with love,
we give God thanks and praise.***

Presider

In the blessed abundance of creation, we celebrate wind, fire, water, and all that renews us. We gather in the power of the Spirit whose breath stirred primal waters, calling into being the variety of life.

Voice 1 (online)

That same Spirit sustains and animates our every endeavor, inviting us to act in wisdom and in truth. In gratitude and joy, we lift our voices to proclaim, as one, the ancient song of praise:

Sanctus [Sung]

Mass of St Ann, Bolduc

***Holy, holy, holy, O God of hosts,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed are all who come in Your Name, Holy God.
Hosanna, Hosanna in the highest.
Hosanna, hosanna in the highest.***

Voice 2 (online)

We seek to live as Jesus lived, as wise, holy, and Spirit-filled people, as courageous prophets, attuned to the Spirit's call.

[Please extend your hand, palm up, toward the bread and wine.]

Presider

We invoke Your life-giving Spirit upon all gathered around this table of solidarity. Liberate in these gifts of bread and wine, the nourishing power of holy wisdom, that they and we may be the Body and Blood of Jesus the Christ. We remember that...

All:

***... gathering the beloved community around the table, Jesus took bread, and in grateful remembrance offered the bread to each and to all, saying:
This is my body which is for you.***

[Pause]

After the meal, Jesus took the cup, gave thanks and shared the cup with his friends, saying: Take this, all of you and drink; This is the cup of my life-blood, the cup of love, poured out for you and for all. Do this in memory of me.

Let us proclaim the mystery of faith: *[Sung]*

Mass of St. Ann

***We proclaim your death, O Christ, and profess your Resurrection,
until you come again, until you come again.***

Voice 3: We celebrate the divine energy inherent in creation. Amid chaos and confusion, we believe the Spirit persists in creating fresh possibilities and enduring hope.

Voice 4: Remember those who work to kindle the fire of Your Spirit in others. Ignite in us a burning for justice and generosity so that the whole earth family can thrive.

Voice 5: Sear Your Spirit into the hearts and souls of our leaders, religious and secular. Keep them in communion with all whom they serve.

Voice 6: We unite our prayers with all who yearn for new life; with all who enrich our lives with companionship and love; with all who have died and continue to sustain us in the cosmic communion of life.

Presider: With grateful hearts we acclaim our faith and hope in the Holy:

**ALL: *Creator, Liberator and Sacred Spirit,
You nourish, sustain and enliven us,
this day and always!***

The Great Amen

Mass of St Ann, Bolduc

A-men, a-men, a-men. A-men, a-men, a-men.

The Prayer of Jesus [Recited]

John Philip Newell, Celtic version

Throughout the centuries, the prayer of Jesus, often called the "Our Father," has been translated and rendered in many different ways. Please pray in the language and words most comfortable to you. We offer this contemporary recited version:

***Holy One beyond all names
Eternal Wellspring
May Love rise again in us today
With food for every table
Shelter for every family
And reverence for every life.
Forgive us our failings in love
And free us from all falseness
That the light of our souls may shine
And the strength of our spirits endure
For Earth and all its people
This day, tonight, and forever. Amen.***

Sign of Peace

The Risen Christ said to his disciples, "Peace be with you. Receive the Holy Spirit."
May Sacred Spirit be with you.

And also with you.

Let us offer one another – and the whole world – a sign of Christ's peace.

Lamb of God [Sung]*Mass of St. Ann, Bolduc*

***Jesus Christ, you call us to the gospel of hope, O Jesus the Christ.
 Jesus Christ, you call us to the gospel of love, O Jesus the Christ.
 Jesus Christ, you call us to the gospel of peace, Grant us peace.***

We are the body of Christ, one in the Spirit.
We are blessed to share in Spirit-filled community.

This is the table of Jesus, who made no restrictions. Neither do we. All are truly welcome to receive the gluten-free Eucharistic bread and the consecrated red wine or white grape juice. May **all** who share in this communion be united in the Body of Christ that knows no bounds. Come! God's table is ready!

Communion Song - "Bread for the World"*Farrell*

***Bread for the world: a world of hunger. Wine for all peoples: people who thirst.
 May we who eat be bread for others. May we who drink pour out our love.***

O Jesus Christ, you are the bread of life,
 broken to reach and heal the wounds of human pain.
 Where we divide your people, you are waiting there on bended knee
 to wash our feet with endless care. **R**

O Jesus Christ, you are the wine of peace,
 poured into hearts once broken and where dryness sleeps.
 Where we are tired and weary, you are waiting there
 to be the way which beckons us beyond despair. **R**

O Jesus Christ, you call us to your feast,
 at which the rich and pow'rful have become the least.
 Where we survive on others in our human greed,
 you walk among us begging for your ev'ry need. **R**

Communion Meditation: "It would not have been God's Table"*by Cheryl Lawrie*

On their own, the bread and wine are nothing.
 To become a foretaste and a promise
 of love made real and a world made whole,
 they need a story and a blessing
 and a people who believe...

It would not have been God's table
 if they hadn't all been gathered around it:
 the betrayer and the friend
 the power-hungry and the justice seeker
 the faithful and the fickle.

When Jesus poured the wine, and the bread was broken;
 when everyone could eat -
 the outcast and the beloved
 the arrogant and the gracious
 the wrong-doer and the wrongly done by -
 the table became a foretaste
 of love made real
 and of a world made whole.

Your company at the table
 will include the betrayer and the beloved
 the wrong-doer and the wrongly done by.
 It would not be God's table without them.

And the promise is
 that when you are together,
 when you tell the story and give the blessing
 when you break the bread and pour the wine
 you will discover a foretaste
 of love made real
 and of a world made whole.

Prayer after Communion

Presider: *Holy love, Send us from here to reveal your love in the world. Inspire in us the resolve and the courage, the compassion and the passion, to do justice, to love kindness, and to walk humbly with you. We pray...Amen.*

Closing Blessing

*May we have the eyes of Christ, to see a world in need.
 May we have the heart of Christ, loving all we meet.
 May we have the hands of Christ, to bless the entire world.
 May we have the feet of Christ, to bring good news to the World.
 And may we always remember, Christ has no body but ours, and we are the body of Christ.
 Let the church say...Amen*

Sending Forth

This Mass is ended.

We go forth into the world rejoicing in the Spirit, which is Love.

Thanks be to God!

Closing Song ~ "Go in Peace"

Bringle

Go in peace, go in love. Go to seek. Go to serve.

Go in hope to work and pray. And God goes with you all the way.

Go in peace, go in love. Go to seek. Go to serve.

Go in hope to work and pray. And God goes with you all the way.

And God goes with you all the way. And God goes with you all the way.

We are grateful that you have joined us for worship today.

At Mary Magdalene Apostle Catholic Community, we have embraced the dream of a transformed Roman Catholic Church. Financial support is essential to breathe life into this dream and to keep it alive for future generations. To underscore our commitment, we seek to support a full-time paid woman priest and a variety of social justice activities, giving a percentage of our Sunday offering back to the community. To support our community, please visit <http://www.mmacc.org/donate>.

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