



•*Making Catholicism relevant* •*Restoring women's ordination* •*Living the change we envision*



Sunrise in the Arctic

"Melt the Frozen, Warm the Chill"*

**"Melt the Frozen, Warm the Chill" is a line from the "Veni Sancte Spiritus", an ancient Latin Hymn known as the "Golden Sequence." ascribed to Stephen Langton, Archbishop of Canterbury (1228). The petition is aimed to soften hardened hearts and to bring spiritual warmth to the soul, fitting for both Spring and the Lenten season.*

HOSANNA!

**Palm Sunday
Worship Aid ~ March 29, 2026**

Welcome & Announcements

GONG Good evening. Welcome to Mary Magdalene the Apostle Catholic Community based in San Diego, CA, on the unceded territories of the many tribes and bands of the Kumeyaay nation, our neighbors on whose land we have made our home.

My name is... one of your lectors this evening. Nancy Corran is our homilist and online presider. Suzie Knapp and Jane Via are our in-person presidors. We gather in person and online as we journey together through Lent. Know that wherever you are and whoever you are, you are welcome here, just as you are.

We'd also like to welcome any visitors with us today. For those on YouTube, we greet you. For those on Zoom, please feel free to introduce yourselves on chat. For those visitors in person, if you feel comfortable, we invite you to stand and introduce yourselves and tell us where you are from.

For those of you joining us online, we invite you to join in our songs and communal responses in the worship aid located on our website and pasted in the chat. For today's Palm Sunday service, you may wish to have branches, flowers, or a ribbon, colored paper or fabric, to wave in front of your camera during the singing of the Hosanna. You may also wish to have bread and wine or something similar with you to share in our communion. After our liturgy concludes, we invite our online participants to join in breakout rooms for some social time.

The Lenten season nears its end. As we enter Holy Week, we invite you to offer a sign of peace to one another in silence. We also ask that, at the close of Liturgy, we refrain from applause to help us carry a reflective tone with us as we enter into holy week. The intention of these practices is to embrace sacred silence. In so doing, our ears are opened to other voices, perhaps those long-silenced.

COMMUNITY ANNOUNCEMENTS

- Every Monday at 1pm on Zoom, for several weeks, we are invited to participate in a discussion group as we read through the book, *Calling In: How to Start Making Change with Those You'd Rather Cancel*. The Zoom link is in the bulletin and will be sent out weekly by email.
- Triduum services will begin with our Holy Thursday service, April 2, at 7pm. Our Good Friday service is Friday, April 3 at 12 Noon. Our Easter Vigil will be held on Saturday evening, April 4, at 7pm. There will be no liturgy on Easter Sunday.
- The **First Friday of April, April 3, 2026**, is also Good Friday. Although we will have a Good Friday service at noon that day, we will still gather to pray the contemporary rosary for the world at **9:30am**. All are welcome. We value an opportunity to pray together on this important day of our liturgical cycle. Jane will send out the link for the rosary on Holy Thursday, the day before.
- Please see our bulletin for other community news and events.
- Donations may be placed in the basket outside the chapel doors. Online donations can be made through our website.
- We now invite you to take your palms and make your way outside for the blessing of the palms and the Hosanna processional. Please stand on the concrete path along the windowed doors of the Church, from the sacristy the narthex.

[Musicians, Assembly and Presidors move outside]

~ OPENING RITES ~

Once all have gathered outside, the Presider begins.

Blessing of the Palms

Jane:

Dear friends in Christ, for five weeks of Lent we have been preparing for the celebration of the Paschal Mystery. We now gather to ritually remember Jesus' arrival in ancient Jerusalem.

Suzie:

We remember these events with hindsight as to their meaning and with knowledge of the events to come. In all of it, we seek blessing.

Jane:

We ask the Spirit of Life, which is Life, to bless these branches and make them holy as we joyfully acclaim Jesus as our Messiah.

Suzie:

Bless us who receive these branches. Bless the homes to which we carry these palms. Bless us as we remember Jesus' journey from triumph, to the cross, through death, to new life.

Opening Scripture

Mt 21:4, 9bcd citing Zech 9:9

After the blessing and sprinkling...

You, O Daughter of God, tell this to the people:

*"Look, your servant-leader is coming to you,
Humble, and mounted on a donkey,
on a colt, the foal of a donkey."*

*"Hosanna to the Chosen One,
Blessed is the one who comes
In the name of Our God,
Hosanna in the highest heaven!"*

Hosanna in the Highest.

Assembly Responds:

Hosanna in the Highest! X3

Opening Song – Let Heaven Rejoice

Dufford

Wave your branches, ribbons, cloths or whatever you have for the procession!

***Let Heaven rejoice and earth be glad; Let all creation ring.
Let children proclaim to every land; “Hosanna, let us sing”***

Sound the trumpet into the night; The day of our God is near.
Wake the people, lift your voice, proclaim it to the world. **R**

Rise in splendor, shake off your sleep; put on your robes of joy.
And in the morning you shall see the glory of our God. **R**

*After all have processed inside and the music concludes,
the Presider offers the opening prayer.*

Opening Prayer

Presider:

At the start of Holy Week, we focus on Jesus, human like us.

One who was dedicated to servant leadership.

One of extraordinary courage. One willing to die to show the way of peace.

One who had to trust that those who came after would keep the good news alive.

May we be true disciples of Jesus,

turning our hearts and actions toward the Good News that is good news for all.

We join hearts, with Jesus, in our ardent desire for a better world,

*striving to bring about God’s kin-dom of justice, love, and peace... **Amen***

~ Liturgy of the Word ~

First Reading

Isaiah 54:11-15, 17ab; 55:12

A Reading from the prophet Isaiah

God speaks: “O Beloved of My heart,
you have been storm-tossed, and few peoples comfort you;
but now, I will pave your streets with crystal,
and cover your foundations with sapphires.
I will make parapets of rubies atop your walls,
all your walls of precious stones;
and your gates will sparkle with jewels.

All the children who follow you will be taught by God,
 and great will be their peace.
 In justice shall you be established.
 Far from oppression, you shall not fear.
 Destruction cannot come near.
 If anyone causes you trouble, it is not from Me.
 Whoever causes you trouble will fall.

Every weapon fashioned against you shall fail.
 Every tongue that brings you to trial will prove false.

And so, in joy you shall go forth.
 In peace, you shall be brought home.
 Mountains and hills will break out in song before you.
 All the trees of the field will clap their hands.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Psalm

Ps 83, Merrill, edited

Our recited psalm response is:

R: Let all with faith-filled hearts rise up with Love!

O Great Creator, do not keep silence.
 Do not withhold your peace or be still, O Giver of Life!
 Fear is rampant in the world.
 Those who rule by oppression rise up with power.
 They lay deceptive plans against the people.
 They consult together against freedom and justice.
 Crafty words belie intent as thousands reap dire consequence.
 Nations go to war and the innocent suffer!
 Yes, they conspire with one accord.
 Against Love they make a covenant.
 No institution is free from the insidious arm of corruption,
 at home and in fields afar.

R: Let all with faith-filled hearts rise up with Love!

Who will succor those without shelter, children orphaned,
 all who starve, those cast aside by decisions based on greed?
 Who will speak up on their behalf?
 Let all with faith-filled hearts rise up with Love!
 Clothe us in the dress of your peace,
 in the stronghold of your mercy,
 that we might bear the power of Love.

Let us walk in shoes of integrity and don the mantle of truth.
 Let us shed the tatters of envy and fear,
 the rags of anger and greed,
 and say, "We shall seek only the truth,
 the truth which will set us free!"

R: Let all with faith-filled hearts rise up with Love!

O Beloved, let all that is unholy within us be cleansed,
 erased as chalk from a slate.
 As fire consumes the forest,
 as the flame reaches up to the heavens,
 let the refining fire of your Love
 reach into the hidden places within open hearts!

Forgive us.
 Let the deep regret of our souls rise up as contrite offerings.
 Let the people seek your Word.
 Let the nations turn from violence and destruction.
 Let them know that You alone,
 You who reign with Love
 are the Most-High over all the earth!

R: Let all with faith-filled hearts rise up with Love!

Second Reading

Philippians 2:6-11

A Reading from Paul's letter to the Philippians

Jesus the Christ, although divine in essence,
 did not regard equality with God as something to be grasped;
 he did not hold to the image of a lofty God.
 Instead, Jesus poured himself out,
 taking on the mantle of a servant.
 Born as we are all born, human in essence,
 human in every way,
 Jesus humbled himself,
 even accepting death on a cross.

Yet even in this, God brought forth new life.
 God gave Jesus a name exalted above all other names
 so that all will honor the name of Jesus,
 those in the heavens and on Earth and under the earth...
 so that every tongue will proclaim
 that Jesus the Christ lives and reigns
 in peace and with love,
 to the glory of God.

Hear what the Spirit is saying to God's people.
Thanks be to God.

Gospel Acclamation*Heritage Mass, O. Alstott*

***Glory! Praise to the Word of God.
 ...for by your endless wisdom, Jesus,
 You show us the way.***

Gospel*Matthew 21:1-11*

God is with you. ***And also with you.***
 A Reading from the Gospel attributed to Matthew
Glory to you, O God.

When Jesus, along with his disciples and followers, had come near Jerusalem and had reached Bethphage at the Mount of Olives, Jesus said to two of the disciples, "Go into the village ahead. As soon as you enter it, you will find a donkey tied, and a colt with her. Untie them and bring them to me. If anyone says anything to you, just respond with this: 'The Teacher needs them.' And they will let them go at once." This took place to fulfill what had been spoken through the prophet, saying:

*"Daughter of God,
 Look, your leader is coming to you,
 humble, and mounted on a donkey,
 and on a colt, the foal of a donkey."*

The disciples went and did as Jesus had instructed. They brought the donkey and the colt and put their cloaks on them; and Jesus sat on them.

Great crowds of people spread their cloaks on the road, while others cut branches from the trees and spread them on the road. The crowds - those who went in front of Jesus and those who followed - were shouting:

*"Hosanna to the Heir of David and Bathsheba!
 Blessed is the one who comes in the Name of God!
 Hosanna in the highest heaven!"*

When Jesus entered Jerusalem, the whole city was pulsating with excitement, asking, "Who is this?" And the crowds with Jesus kept answering, "This is Jesus, the prophet from Nazareth in Galilee."

The Gospel of the Triumphal Entry.
Praise to You, Jesus the Christ

Homily - Nancy

“O Beloved of my heart, you have been storm-tossed, and few peoples comfort you, but now ... in joy you shall go forth. You shall be brought home in peace.” Despite all the suffering of humanity in our troubled times, in resurrection hope let us ask for all that we and all creation need.

Our response: Hosanna in the highest heaven!

All: Hosanna in the highest heaven!

That with the crowds around Jesus we refuse to keep silent, crying out for justice and compassion in these chaotic and violent times ... we pray ...

All: Hosanna in the highest heaven!

That the Eternal Holy One will move human hearts to make wars cease, and break through the barriers of fear ... we pray ...

All: Hosanna in the highest heaven!

Scripture commands us to treat foreigners the same as citizens, and to love them equally, remembering that we, too, were once foreigners. Let us work to make our country welcoming to migrants, immigrants, asylum seekers, and refugees ... we pray ...

All: Hosanna in the highest heaven!

In solidarity with Archbishop Sarah Mulally, who was installed this week as the Archbishop of Canterbury, and for all who live and witness to the inclusiveness of the discipleship of equals ... we pray ...

All: Hosanna in the highest heaven!

The Earth contains the dust of countless generations of our ancestors, as well as the blood of Jesus, and of our contemporaries killed in war. May this God-beloved Earth become for them and for us the garden of resurrection and new life ... we pray ...

All: Hosanna in the highest heaven!

For those who, like Jesus, have taken on the mantle of service, and for the times we have remained indifferent to this call ... we pray as Jesus said we should ...

All: Hosanna in the highest heaven!

Now it is time to bring to God the personal prayers and intentions of our Paschal community longing for hope despite everything.

All who wish to share a prayer here in person, please come forward to the microphone. All who wish to share a prayer online, please raise your physical or digital hand and you will be called on in turn, or type your prayer in the chat and these will be read aloud.

We ask that your prayers be brief petitions, and in consideration of our diversity of perspectives, remember the universal needs of all people.

[After each petition:]

All: Hosanna in the highest heaven!

[After all petitions have been spoken:]

We lift up all those living with illness, injury, loss, and suffering, those who have gone home in Holy Mystery, and all the prayers here today that have remained unspoken, deep in the silence of our hearts...

(Short pause)

For these intentions and for all the prayers remaining in the chat and in our community prayer book ... we pray ...

All: Hosanna in the highest heaven!

Presider: Concluding Prayer

Cosmic God, hear the desires of our hearts for the world, even as we journey to the cross. May we have the humility and resolve to serve others in whatever way we can, following the example of Jesus, and of Simon the Cyrene, who will help Jesus bear the heavy cross, we pray... Amen

Offertory Song – "Hold on to Love"

Manibusan/Canedo

There is a place for the sadness, Hold on to Love.
 There is a season of gladness, Hold on to Love.
 When pain and confusion seem endless, Hold on to Love.
 We cultivate healing through kindness, Hold on to Love.

***Hold on to love where hope is found,
 hold on to love where joy abounds.
 Hold on to love where grace and mercy are overflowing.
 Hold on to love. (Hold on.)***

When terror and fear overwhelm us, Hold on to Love.
 Courage and faith will sustain us, Hold on to Love.
 When violence seeks to destroy us, Hold on to Love.
 Acts of compassion restore us, Hold on to Love. **R**

When hatred is used to divide us, Hold on to Love.
 Wisdom and truth reunite us, Hold on to Love.
 When prejudice poses as freedom, Hold on to Love.
 Dignity means all are welcome. Hold on to Love. **R**

~ LITURGY OF THE EUCHARIST ~

Our Eucharist

Blessed are you, God of all creation. Through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God forever.

Blessed are you, God of all creation. Through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become our spiritual drink.

Blessed be God forever.

Pray that our offering is one that God desires.

We are gathered in Your name. Be with us in our midst.

Prayer with Our Gifts

Sacred Mystery, May our eating and drinking, at the table laid before us, embody our commitment to follow where Jesus dared to journey. A journey of love, humility, and courage, celebrating your kingdom, at all costs. We pray...Amen.

Presider: God dwells in you. ***And also in you.***

Let us give thanks to the life-giving Spirit of God. ***We give God thanks and praise.***

We thank You, Holy One, for all that has come into being; for cosmic unfolding; and for walking with us along the road of life. In gratitude we sing to You our great hymn of praise:

Sanctus	<i>Heritage Mass, Owen Alstott</i>
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Holy, Holy, Holy, O God of Hosts.

Heaven and Earth are full of your glory.

Hosanna, hosanna in the highest!

Blessed are all who come in Your Name, O God.

Hosanna, hosanna in the highest!

Voice 1 (online): In the fullness of Your time, You took on our humanity in Jesus the Christ, so that we might know our divinity.

Voice 2 (online):

In Jesus, you shared in every aspect of our life so that we might know you are God-with-us.

[Please extend your hand, palm up, toward the bread and wine]

Presider: Pour out your Spirit on these gifts, O God. May this bread and wine become in us the body and blood of Jesus. We remember that...

...on the night before Jesus died, while at supper with his friends, he took bread, said the blessing, broke the bread and gave it to them saying: "Take this, all of you, and eat. This is my body. Do this in memory of me."

[Pause]

In the same way, Jesus took the cup filled with wine. He gave You thanks, and gave the cup to his friends, saying: "Take this all of you and drink. This is my blood, the new covenant of God-with-you, the cup of Love. Do this in memory of me."

Mystery of Faith [Sung]

Let us proclaim the mystery of our faith:

We pro - claim your Death Christ I, and pro - fess your
Res - ur - rec - tion un - til you come, un - til you come a - gain.

Presider: We remember all that has been done for us:

Voice 3: The journey of prayer and preaching

Voice 4: The path of healing and forgiveness

Voice 5: The road to the cross

Voice 6: The tomb

Voice 7: The resurrection

Voice 8: The ascension to You, O God,

Voice 9: And so, we offer to You these gifts

from the gifts you have given to us and for us all.

Presider: We remember the communion of saints, here, now, and always.

*Through Christ, With Christ, In Christ,
In the unity of Sophia Spirit,
may all glory and honor be Yours, now and always.*

The Great Amen [Sung]

Heritage Mass, Owen Alstott

A-men. A-men. A-men!

~ COMMUNION RITE ~

Prayer of Jesus	<i>Loreen Wilhelmy</i>
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Throughout the millenia, the prayer of Jesus, often known as the "Our Father," has been translated and rendered in many different ways. At this time, we invite you to join us in praying in the language and words most comfortable to you. We offer this contemporary sung version.

Loving God, in whom is heaven.

May Your Name be honored everywhere.

May Your kin-dom come,

***The desire of Your heart for the world be done,
in us, by us and through us.***

Give us the bread we need for each day.

Forgive us. Enable us to forgive others.

Keep us from all anxiety and fear.

***For You reign in the power that comes from love, which is Your glory,
forever and ever. Amen.***

Sign of Peace

May the peace of Christ, which surpasses all understanding, be with you.

And also with you.

Let us offer one another – and the whole world – a quiet sign of Christ's peace.

Lamb of God *[Sung]*

Heritage Mass, Owen Alstott

Jesus the Christ, you call us to the Gospel of Love. Look kindly on us.

Jesus the Christ, you call us to the Gospel of Hope. Look kindly on us.

Jesus the Christ, you call us to the Gospel of Peace. Grant us peace.

This is God's holy bread and wine for the transformation of God's holy people.

All: We are blessed to share in this sacred meal.

All are invited and welcome to receive the gluten free eucharistic bread and the consecrated red wine or white grape juice. Whenever and wherever we gather, we are the church and God is with us. May all who share in this communion be united in the Body of Christ that knows no bounds. Amen.

Communion Song – "Companions on the Journey"

Landry

We are companions on the journey, Breaking bread and sharing life;

And in the love we bear is the hope we share,

For we believe in the Love of our God, We believe in the Love of our God.

No longer strangers to each other; No longer strangers in God's House:

We are fed and we are nourished, By the strength of those who care;

By the strength of those who care. ***(R)***

We have been gifted with each other, And we are called by the Word of our God:

To act with justice, to love tenderly, And to walk humbly with our God,

To walk humbly with our God. ***(R)***

We will seek and we shall find: We will knock and the door will be opened:

We will ask and it shall be given, For we believe in the Love of our God,

We believe in the Love of our God. ***(R)***

We are made for the glory of our God, For service in the name of Jesus;

To walk side by side with hope in our hearts, For we believe in the Love of our God,

We believe in the Love of our God. ***(R)***

Prayer After Communion

Presider: *God Who is Love, You journeyed with Jesus and his followers to the cross. In the week ahead, help us to hear Your Word in Jesus' life, death and resurrection. Help us to trust the Wisdom of Christ within us. Help us to experience ritual action as real action. Help us to grasp the personal, political, and cosmic dimensions of the gospel. May the sorrow of the coming days, prepare us for joy, We pray... Amen.*

Closing Blessing

Presider:

May we go out with joy and be led forth in peace.

May all the trees of the fields clap their hands.

May this day give us the conviction and courage to face the road ahead.

In the unfolding events of this week and of our lives, may we always hold on to love, let the Church say...

Sending Forth

This Mass has ended. Holy Week is begun.

Thanks be to God.

Closing Song - "Jerusalem, My Destiny"

Cooney, Daigle, and Donohoo

***I have fixed my eyes on your hills, Jerusalem, my Destiny!
Though I cannot see the end for me, I cannot turn away.
We have set our hearts for the way; this journey is our destiny.
Let no one walk alone. The journey makes us one.***

Other spirits, lesser gods, have courted me with lies.
Here among you I have found a truth that bids me rise. **(Refrain)**

See, I leave the past behind; a new land calls to me.
Here among you now I find, a glimpse of what might be. **(Refrain)**

All the worlds I have not seen, you open to my view.
Here among you I have found, a vision bright and new. **(Refrain)**

We are grateful to have worshiped together today.

At Mary Magdalene Apostle Catholic Community, we have embraced the dream of a transformed Roman Catholic Church. To underscore our commitment, we support a paid full-time womanpriest (currently shared between the pastoral team) and a variety of social justice activities, giving a percentage of our Sunday offering back to the community.

To support our community, please visit <http://www.mmacc.org/donate>.

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