

Delight in the Lord

6/24/18

On Sunday, Gus reminded us that everything in our walk with God emulates from our delighting in Him. The greatest gift that God can give us is Himself. Delighting in God is what we were called to. It is what we are invited into. It is what we were made for. **Psalm 37:4** tells us to delight in the Lord and He will give us the desires of our heart. God is not saying that we can use Him to get what we want. He is saying that as we delight in Him, He fulfills our hearts' desires. He actually increasingly becomes our desire.

What we delight in is what we set our affections on. It is more than an emotional response. It is the thing that captures our imaginations and becomes a focus of our desires. Our affections determine our actions because we have set our desires on whatever it is or whoever it is. We do so because we think that it will satisfy our souls.

I've been thinking much this week about what captures my attention and my affections. Quite often it is not the Lord. There are all kinds of things that vie for my affections, and those things I desire determine my actions and they determine my attitudes. Often, I find myself "upset" because I don't get what I think I deserve or what I think will make me happy. My disappointments are inevitable because nothing but the Lord will satisfy my soul. If that is the case, then we will live in a constant state of turmoil and disappointment and discontent, in a continual pursuit of "something else" all of which really are lesser things.

Practically, how can we learn to focus our affections and delight in the Lord?

Questions to consider:

1. How can our disappointments or frustrations be an indication of our affections?
2. What things compete for our affections?
3. What does it mean to delight in the Lord?
4. How can we learn to delight in the Lord?